


END RACISM DAY - MARCH 21




MAKE A DIFFERENCE

"Prejudice is a barrier that confuses the past, breaks the future and renders the present inaccessible."
—Maya Angelou

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MAKE A DIFFERENCE

"One of million for justice movements in Dr. King have revealed that they can transcend racial, religious, linguistic and ethnic barriers to create a common state of shared principles and coordinated programs to build a new society as collectively envisioned by them."
—Dr. King

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MAKE A DIFFERENCE

"It demands great spiritual resistance not to hate the father whose food is on your plate, and an even greater act of perception and charity not to blame your child to hate."
—James Baldwin

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MAKE A DIFFERENCE

"I wish the most of great love being made of it, there is one great goal to pursue the Millennium Development Goals with fresh vision - redefining values, equity and shared with the same determination that we shall be means for which the spirit of...
—Coretta Scott King

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MAKE A DIFFERENCE

"It is enough that everyone in the face of discrimination, we accept the responsibility ourselves. We should, therefore, proceed equally every day...
—Mary McLeod Bethune

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END RACISM DAY

March 21

...make a difference...


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for a Better World.

Together
We Make a World of Difference!

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MAKE A DIFFERENCE

"Racial, sexual, gender violence and other forms of discrimination and violence in culture cannot be eliminated without changing culture."
—Oprah Winfrey

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MAKE A DIFFERENCE

"If parents instill of racial and gender jokes, another generation will grow up with the ability still have not had the courage to speak out."
—Coretta Scott King

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MAKE A DIFFERENCE

"I refuse to accept the view that mankind is so tragically bound to the sinners of racism and war that the bright daybreak of peace and brotherhood can only be achieved by a cold, cruel and unchristian love will have the last word."
—Martin Luther King Jr.

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MAKE A DIFFERENCE

"In addition to love, we need violence and hate and prejudice and anger and all of our citizens embrace the idea of a truly inclusive and democratic, what I like to call the Beloved Community, a nation at peace with itself."
—John B. Lewis

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MAKE A DIFFERENCE

"We've come a long way, but we still have a distance to go before all of our citizens embrace the idea of a truly inclusive and democratic, what I like to call the Beloved Community, a nation at peace with itself."
—Russell Simmons

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MAKE A DIFFERENCE

"I recognize that the respect for diversity is a fundamental pillar in the eradication of racism, xenophobia and intolerance."
—Rigoberta Menchú

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MAKE A DIFFERENCE

"I think we have to own the fears that we have of each other, and then, in some practical way, own daily way, figure out how to see people differently than the way we were brought up to."
—Alice Walker

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MAKE A DIFFERENCE

"We must take action. Nonviolence helps the oppressor, never the victim. Nonviolence encourages the barbarians, and the tyrants. Whenever anyone is persecuted for their race or political views, that person must become the enemy of the oppressor."
—Malcolm X

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MAKE A DIFFERENCE

"Love is what we are born with. Fear is what we learn. The spiritual journey is the unlearning of fear and prejudice and the acceptance of love back in our hearts."
—Malcom Wilson

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MAKE A DIFFERENCE

"Embrace is the best defense to racism or sexism."
—Oprah Winfrey

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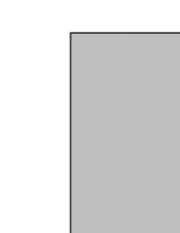


MAKE A DIFFERENCE

"If you judge people you have no time to love them."
—Malcom Wilson

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"...we all sometimes have some...harbor some prejudices...but we have to know in our heart it's wrong. And we all want to remember that we are connected. And that any kind of racism is wrong."
-- Russell Simmons

Throughout history, many of the horrible things that people have done to each other have occurred because one group of people felt superior to another. They learned to see differences in others -- such as race, color, gender, age, disability, religious belief or sexual orientation -- as a reason for thinking that people with that characteristic were not worthy of the same rights as they were. This "prejudice" justified their decision to discriminate against the other group - the other group was humiliated, excluded, restricted or marginalized because of these perceived differences.

When the United Nations was formed to help countries work together to create a more peaceful, just and sustainable world, a cornerstone of its Charter declared that all people are entitled to the same human rights and freedoms, regardless of their color, sex, language or religion. Our global community has come a long way in helping to eliminate discrimination, but we still have far to go.

End Racism Day on March 21, officially known as The International Day for the Elimination of Racial Discrimination, is a perfect opportunity to help our communities celebrate human unity and the diversity of the human race, rather than allow our differences to become an excuse for racial separation. It's a chance to recognize prejudice, stereotypes and discrimination in our society, and how each of us may have our own prejudices and may be making people feel excluded without our even realizing it.

End Racism Day is a chance to reaffirm our commitment to eliminate all forms of discrimination and help create communities and societies where all citizens can live in dignity, equality and peace.

Do One Thing for a Better World

1. Find out more about hidden prejudices, discrimination and racism
2. Think about ways you might be acting with prejudice and find ways to change
3. Support organizations working to protect against discrimination

End Racism Links

- Anti-Racism Information Service (antiracism-info.org)
- AntiRacismNet (antiracismnet.org)
- Artists Against Racism (artistsagainstracism.org)
- Intl. Movement Against All Forms of Discrimination and Racism (imadr.org)
- Minority Rights Group (minorityrights.org)
- World Against Racism (endracism.org)

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**"Prejudice is a burden that confuses the past,
threatens the future and renders the present inaccessible."**

-- Maya Angelou

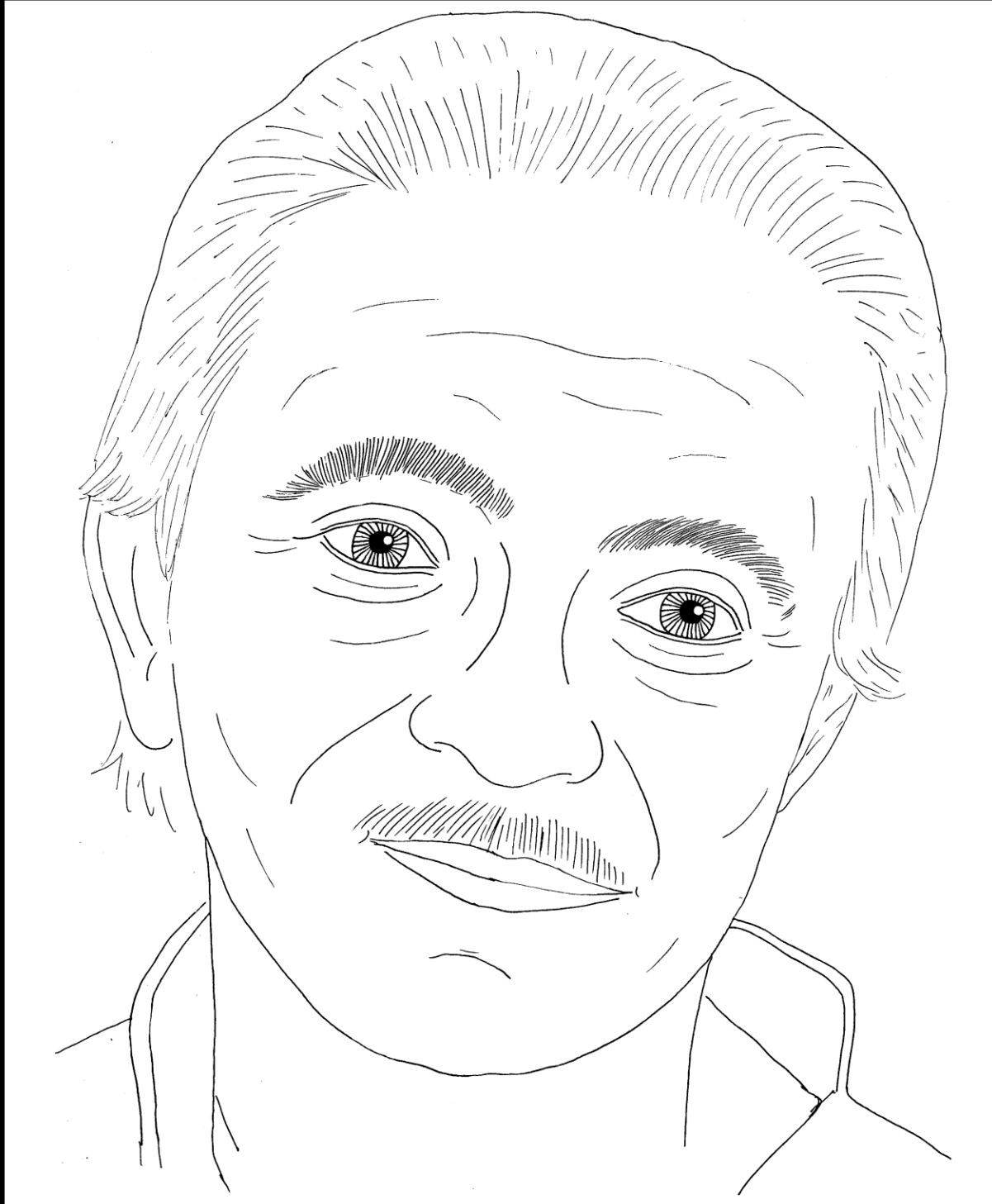
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"...Several million Sarvodaya adherents in Sri Lanka have proved that they can transcend racial, religious, linguistic and ethnic barriers to accept a common state of ideals, principles, and constructive programs to build a new society as collectively envisioned by them."

-- Dr. Ari Ariyaratne

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"It demands great spiritual resilience not to hate the hater whose foot is on your neck, and an even greater miracle of perception and charity not to teach your child to hate."

-- James Baldwin

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**"Anti-Semitism has no historical, political and certainly no philosophical origins. Anti-Semitism is a disease."
-- Daniel Barenboim**

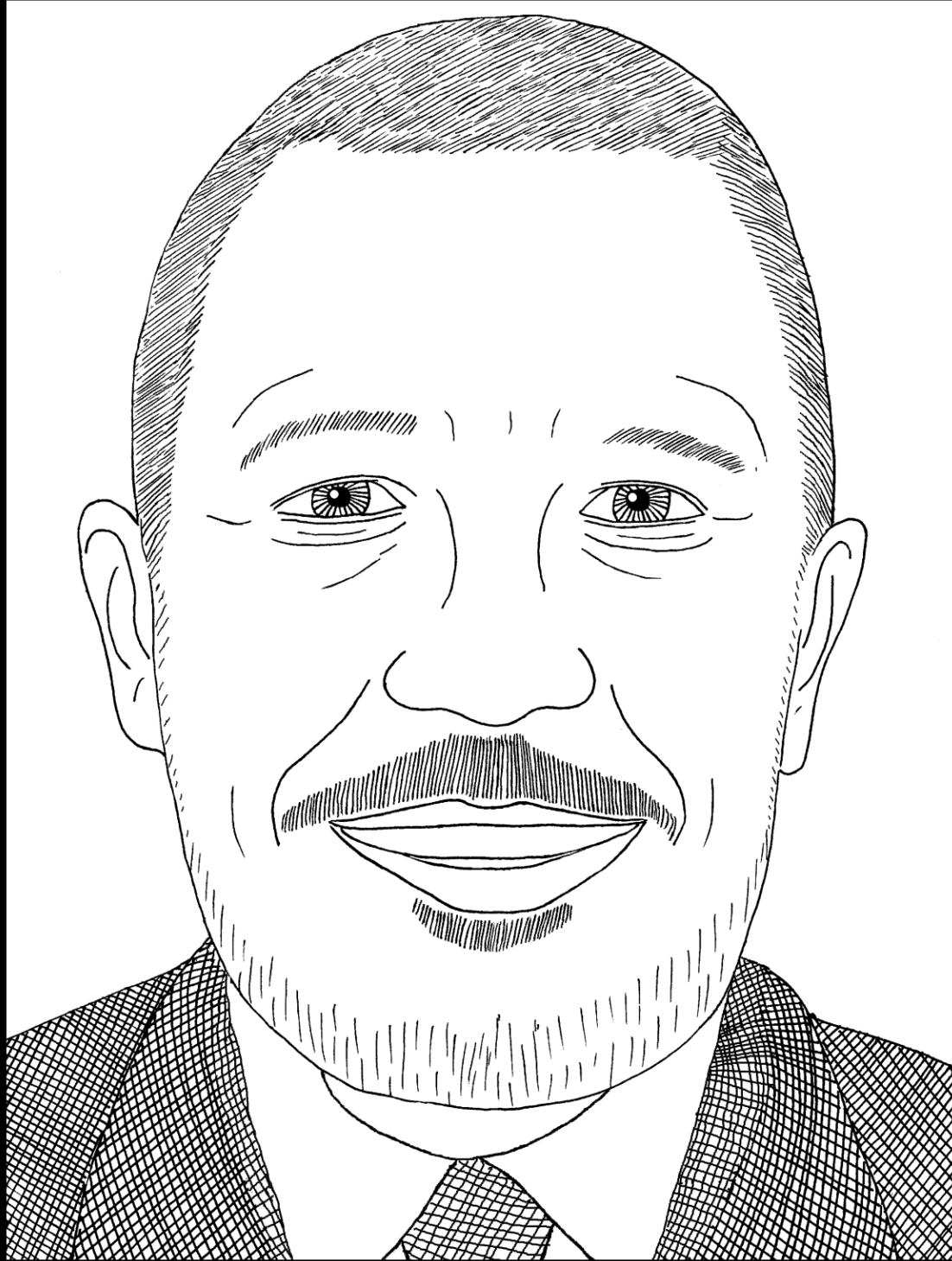
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"If you want to address racial disparity in the juvenile justice system, everybody has to have a role in it. Everybody has some responsibility."

-- James Bell

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"Despite the threat of global terror hanging over all of us, there is only one path: to pursue the Millennium Development Goals with fresh resolve –confronting violence, bigotry and hatred with the same determination that we attack the causes from which they spring – conflict, ignorance, poverty and disease."

-- Carol Bellamy

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“Racism is an ism to which everyone in the world today is exposed; for or against, we must take sides. And the history of the future will differ according to the decision which we make.”

-- Ruth Fulton Benedict

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**"If we accept and acquiesce in the face of discrimination, we accept the responsibility ourselves. We should, therefore, protest openly everything ... that smacks of discrimination or slander."
-- Mary McLeod Bethune**

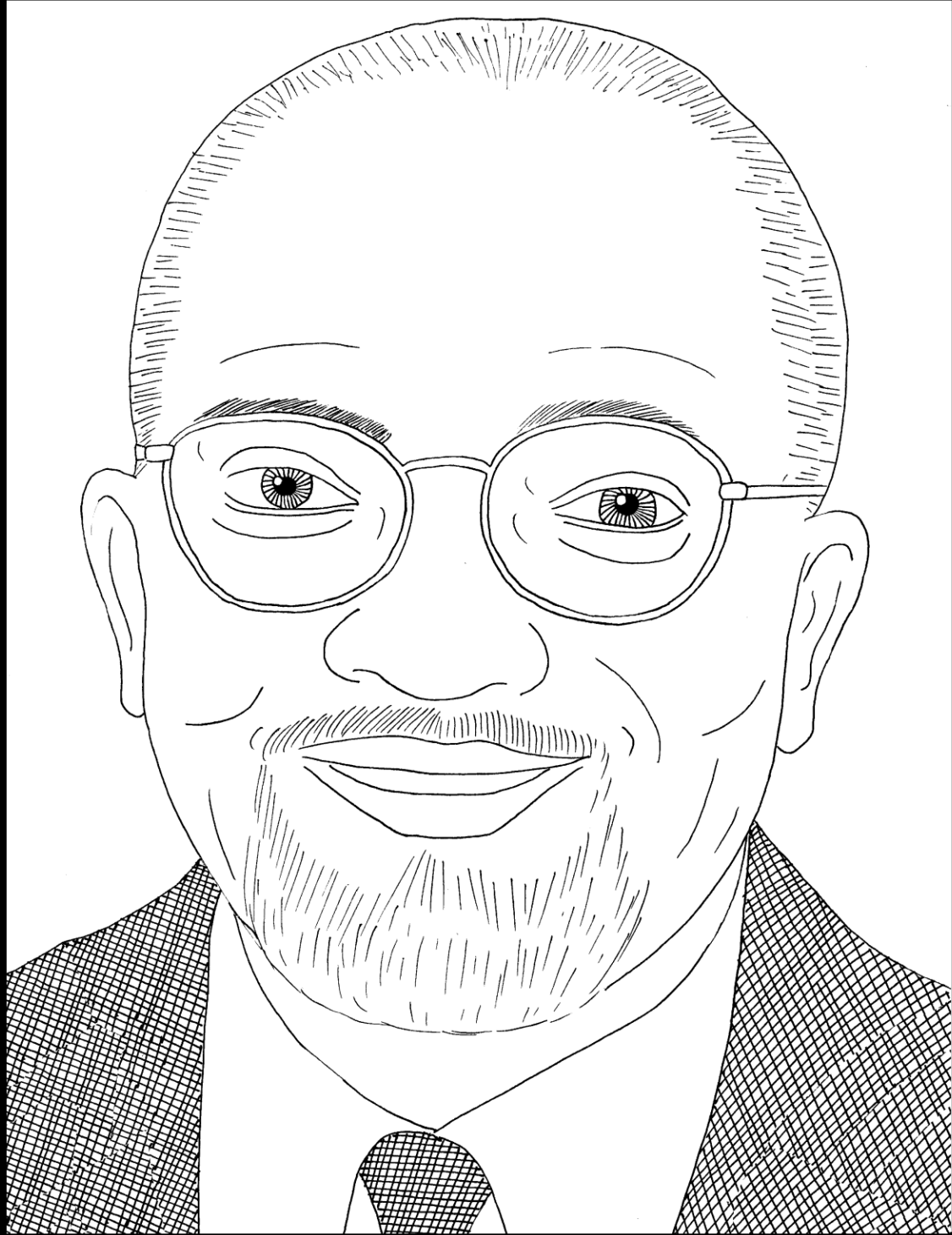
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"At the heart of the problem is the fact that the United States is a racially divided nation where extreme racial inequalities continue to persist."

-- Robert Bullard

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"Sexual, racial, gender violence and other forms of discrimination and violence in a culture cannot be eliminated without changing culture."

-- Charlotte Bunch

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"Man has but little heeded the advice of the wise men. He has been - fatefully, if not willingly - less virtuous, less constant, less rational, less peaceful than he knows how to be, than he is fully capable of being. He has been led astray from the ways of peace and brotherhood by his addiction to concepts and attitudes of narrow nationalism, racial and religious bigotry, greed and lust for power."

-- Ralph Bunche

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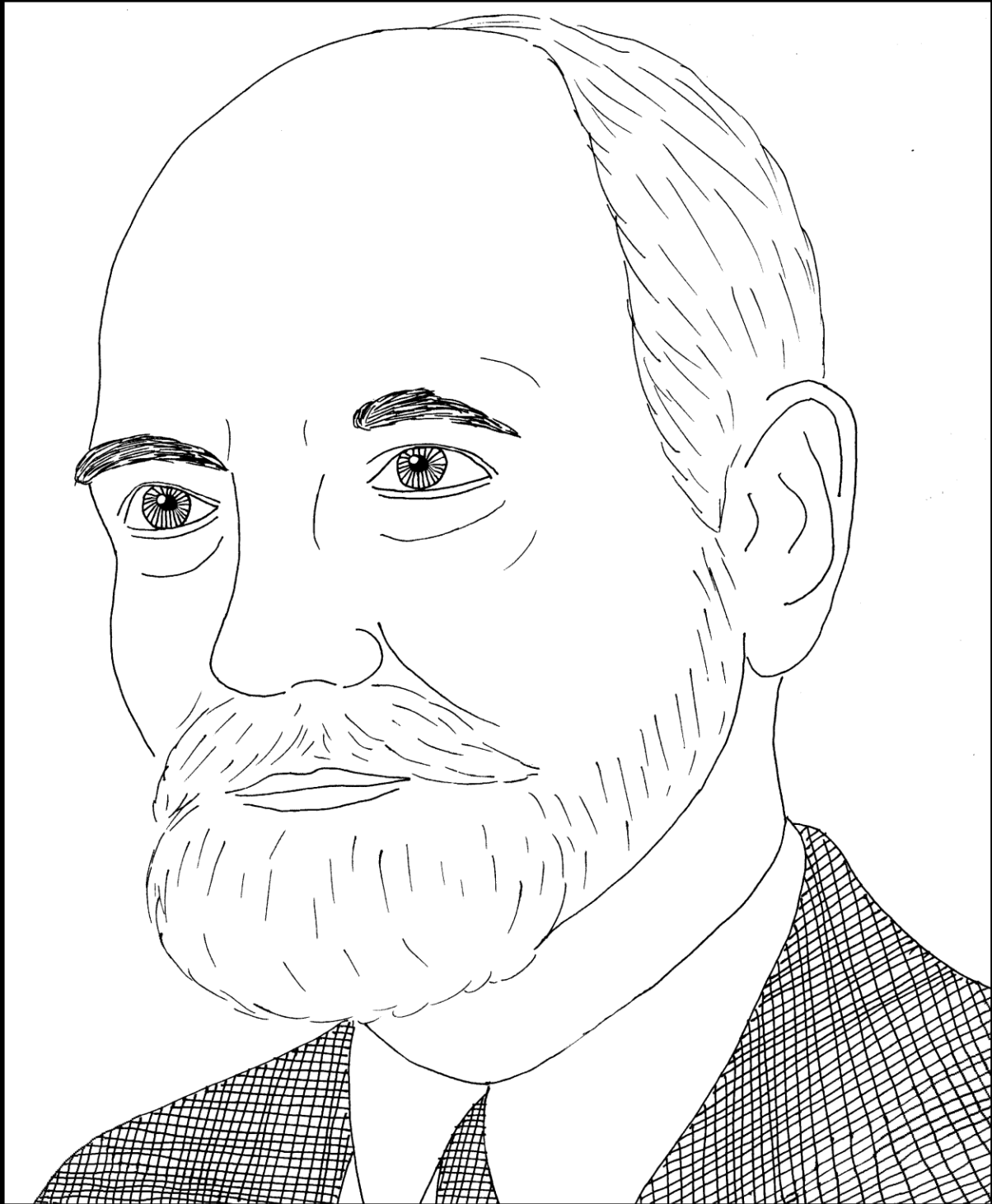
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"The exploitation of women, mass hunger, disregard for freedom of conscience and for freedom of speech, widespread and racial discrimination -- all these evils are far too prevalent to be overlooked."
-- René Samuel Cassin

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MAKE A DIFFERENCE

"Non-violence can truly flourish when the world is free of poverty, hunger, discrimination, exclusion, intolerance and hatred - when women and men can realize their highest potential and live a secure and fulfilling life.

Until then, each and every one of us would have to contribute - collectively and individually - to build peace through non-violence."

-- Anwarul Chowdhury

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"A white person listens to my act and he laughs and he thinks, 'Yeah, that's the way I see it too.' Okay. He's white. I'm Negro. And we both see things the same way. That must mean that we are alike..... So I figure I'm doing as much for good race relations as the next guy."

-- Bill Cosby

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"Racism is a much more clandestine, much more hidden kind of phenomenon, but at the same time it's perhaps far more terrible than it's ever been."

-- Angela Davis

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**"If parents snicker at racial and gender jokes,
another generation will pass on the poison
adults still have not had the courage to snuff out."**

-- Marian Wright Edelman

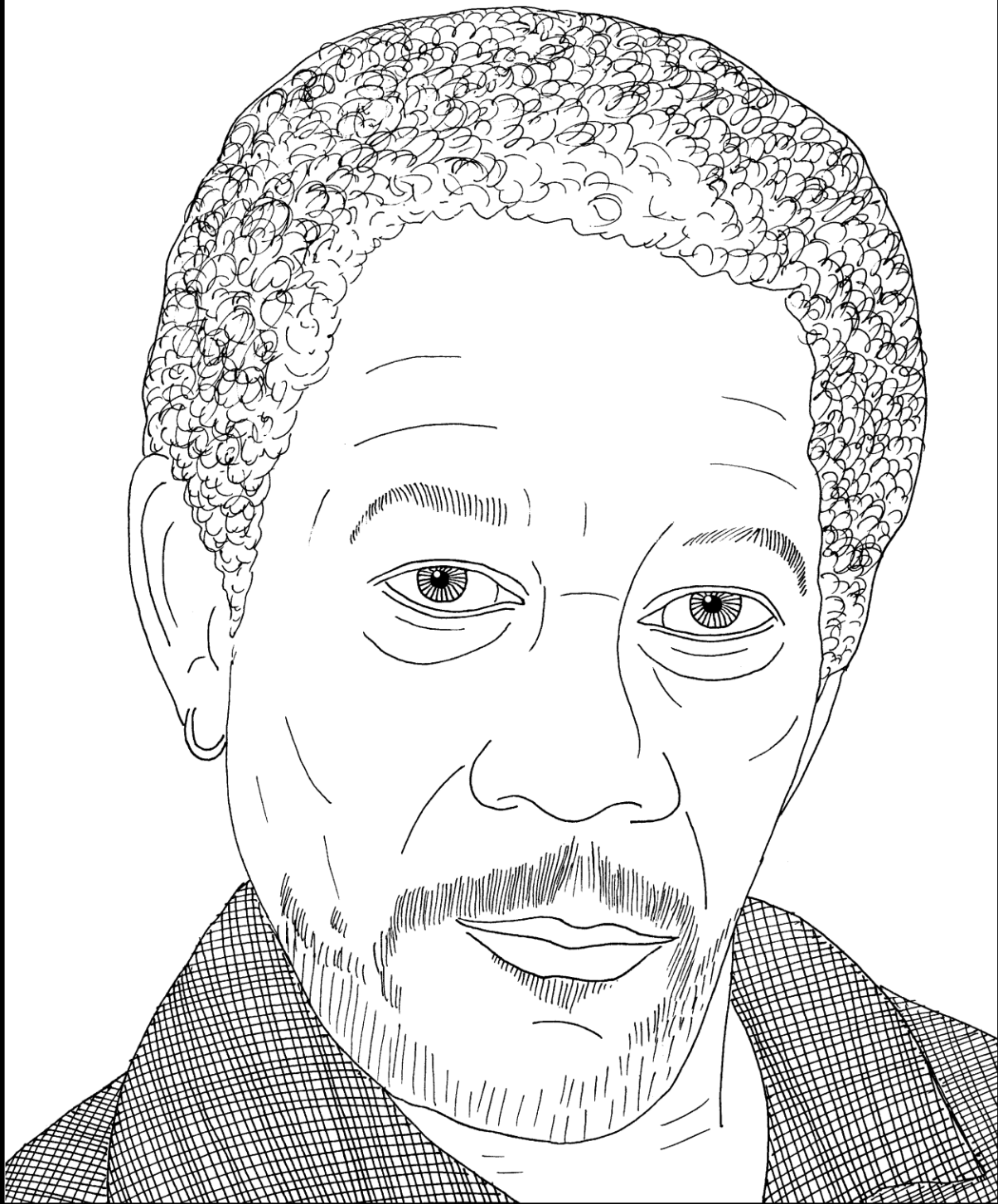
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**“I am going to stop calling you a white man
and I'm going to ask you to stop calling me a black man.”
-- Morgan Freeman**

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"Everywhere we turn, we see violence and hate and prejudice and anger and all of these negative emotions that are destroying humanity. And we have to wake up and take note of this and try to change our course, so that we can create a world of peace and harmony where future generations can live happily together."

-- Arun Gandhi

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“Whatever community organization, whether it's a women's organization, or fighting for racial justice ... you will get satisfaction out of doing something to give back to the community that you never get in any other way.”

-- Ruth Bader Ginsburg

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"If we talk about the environment, for example, we have to talk about environmental racism - about the fact that kids in South Central Los Angeles have a third of the lung capacity of kids in Santa Monica."

-- Danny Glover

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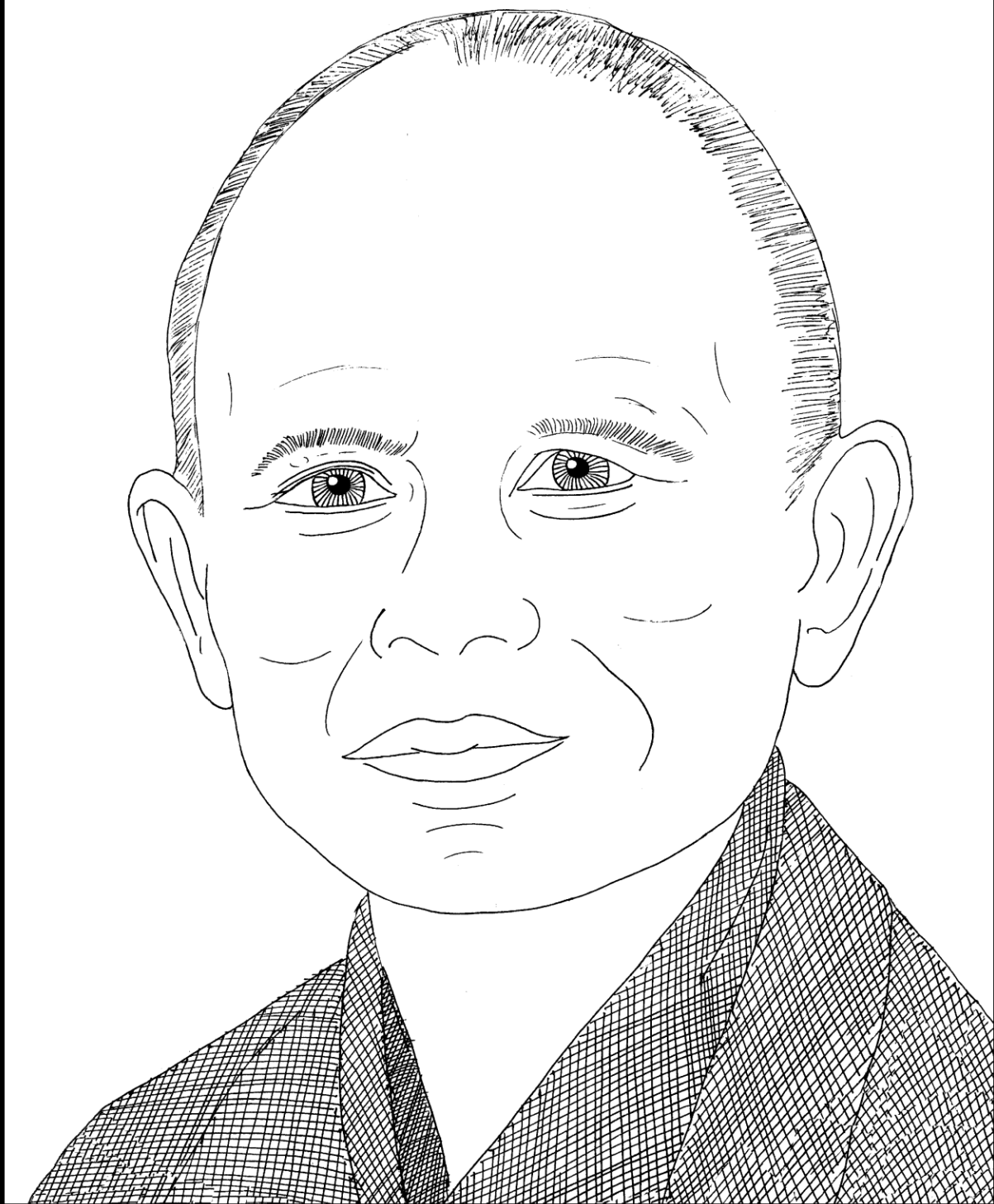
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"We often think of peace as the absence of war; that if the powerful countries would reduce their arsenals, we could have peace. But if we look deeply into the weapons, we see our own minds - our prejudices, fears, and ignorance...Seek to become more aware of what causes anger and separation, and what overcomes them. Root out the violence in your life, and learn to live compassionately and mindfully."

-- Thich Nhat Hanh

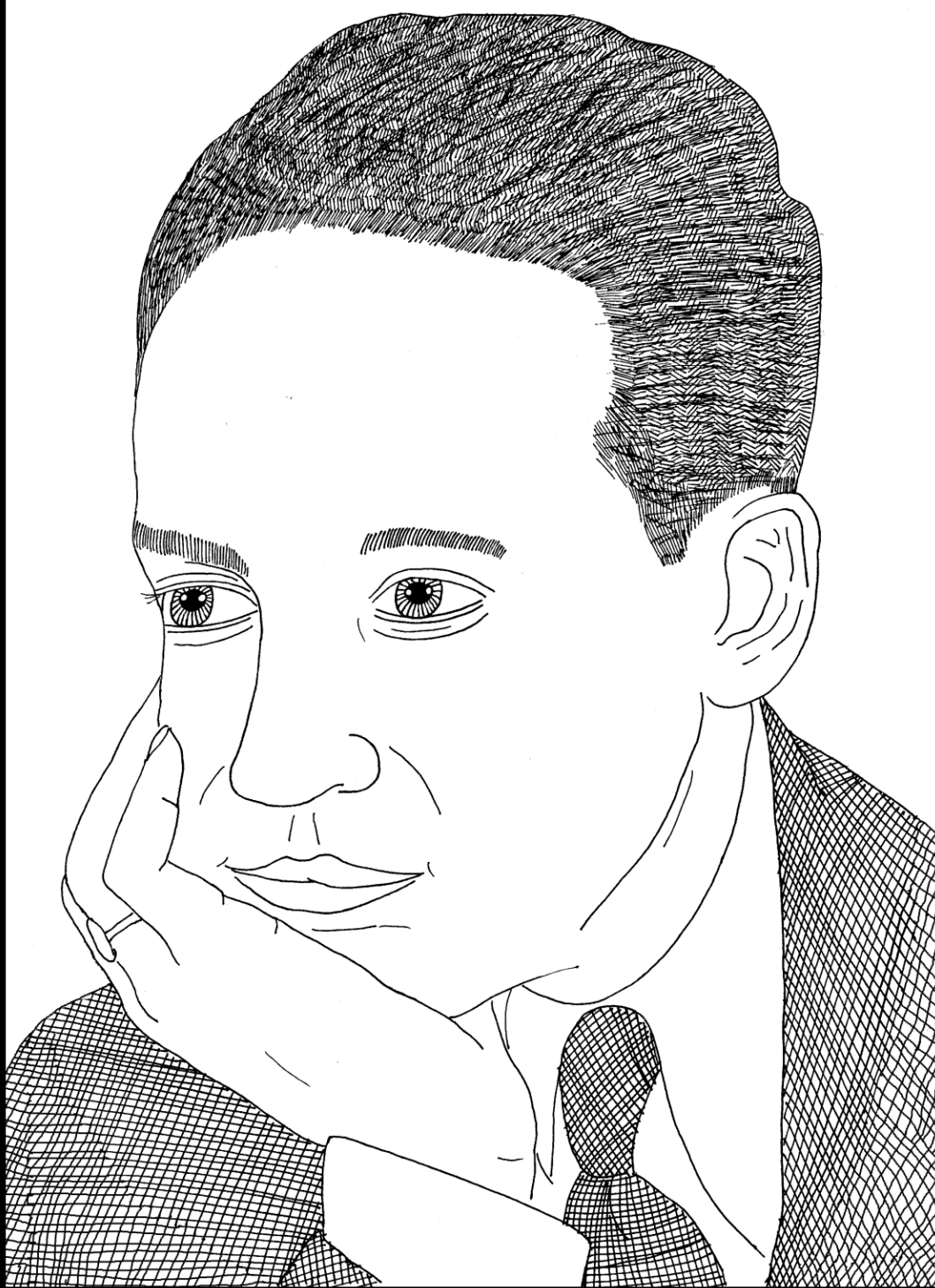
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"Let America be America, where equality is in the air we breathe."
-- Langston Hughes

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**"The ugliness of bigotry stands in direct contradiction to the very meaning of America."
-- Hubert Humphrey**

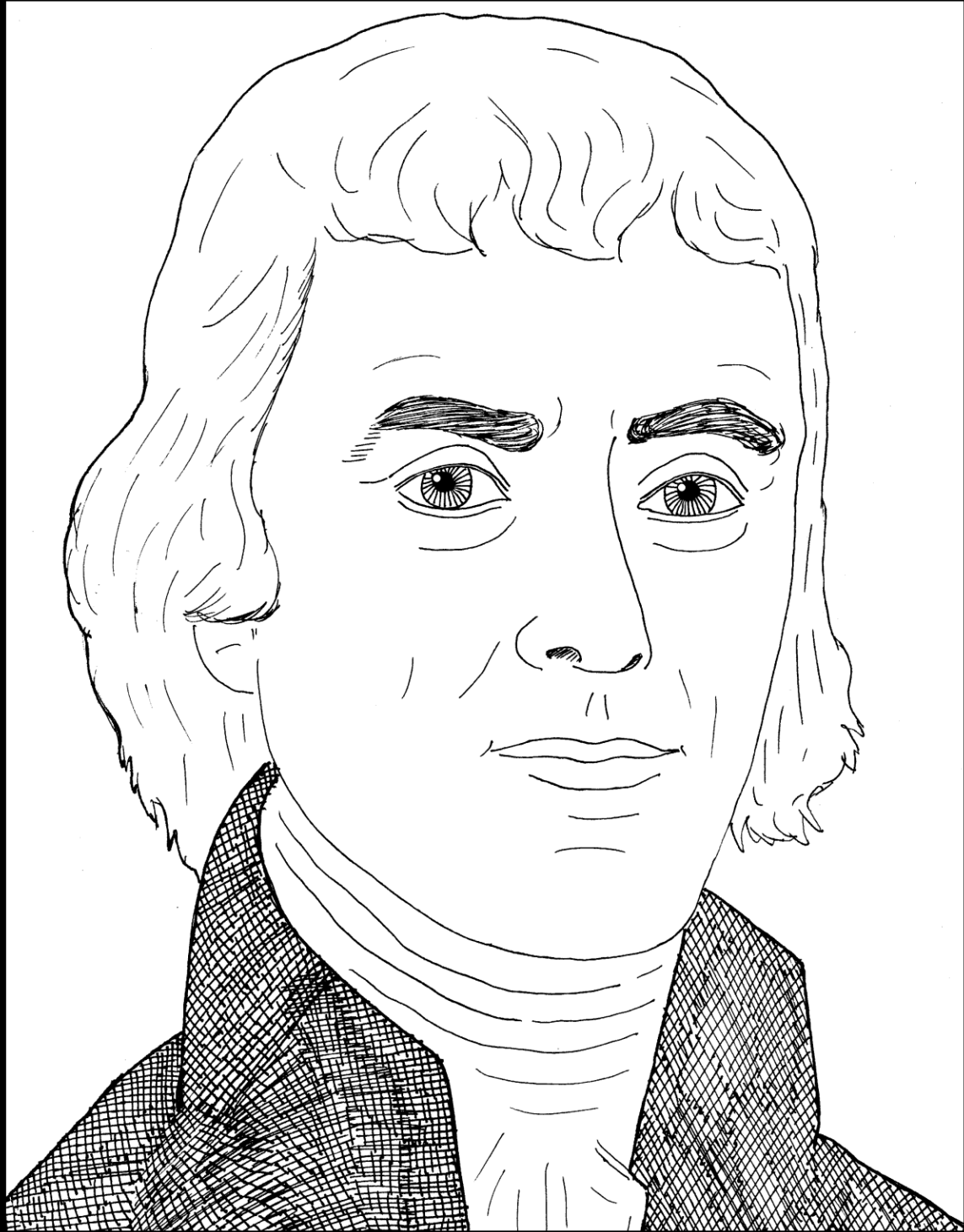
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**"Bigotry is the disease of ignorance, of morbid minds...
Education and free discussion are the antidotes of both."
-- Thomas Jefferson**

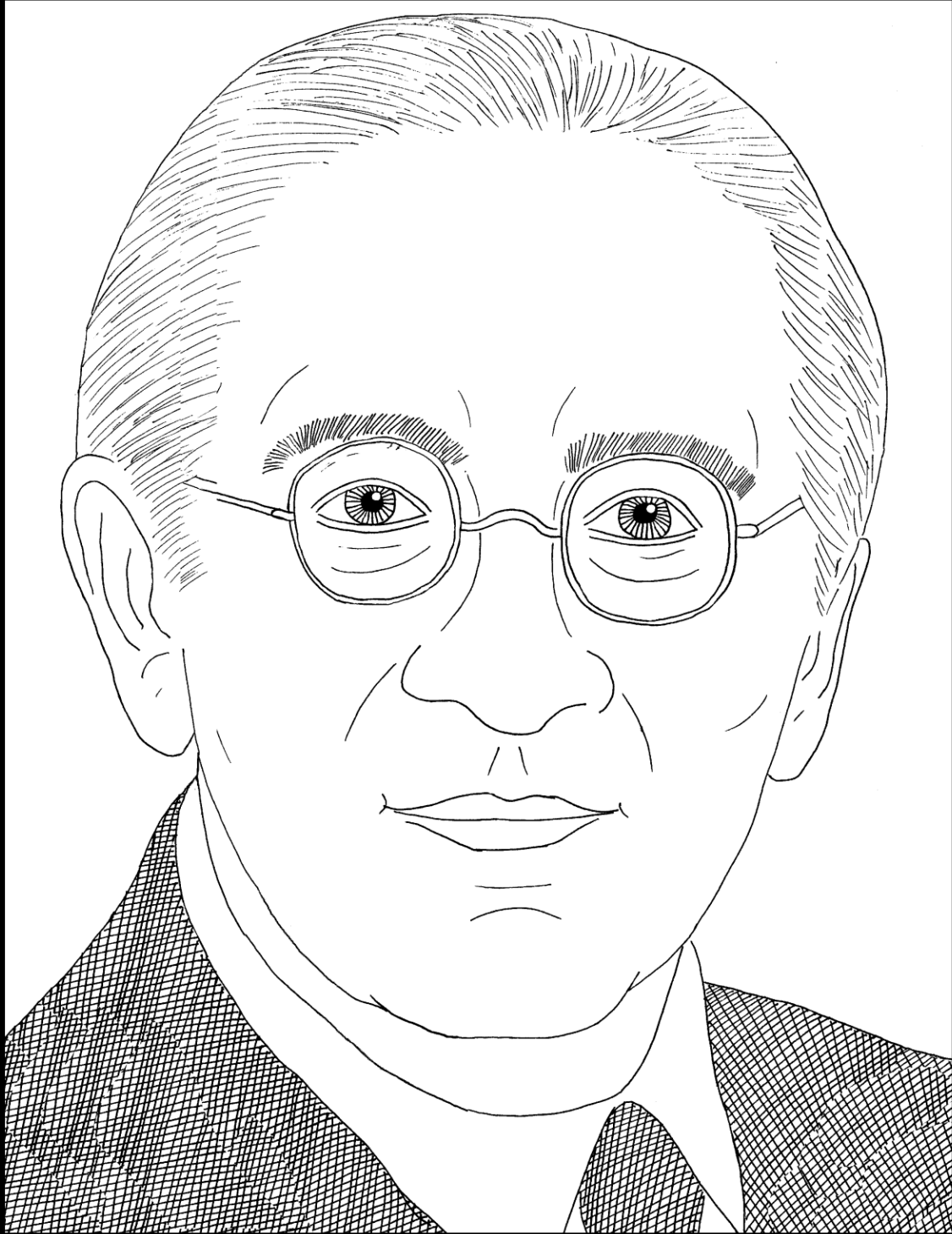
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"In order to create a new history for mankind, human beings will first have to create a new history within themselves. They will have to liberate themselves from national, religious, racial, and class prejudices..."

-- Frederick Kettner

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"I believe all Americans who believe in freedom, tolerance and human rights have a responsibility to oppose bigotry and prejudice..."
-- Coretta Scott King

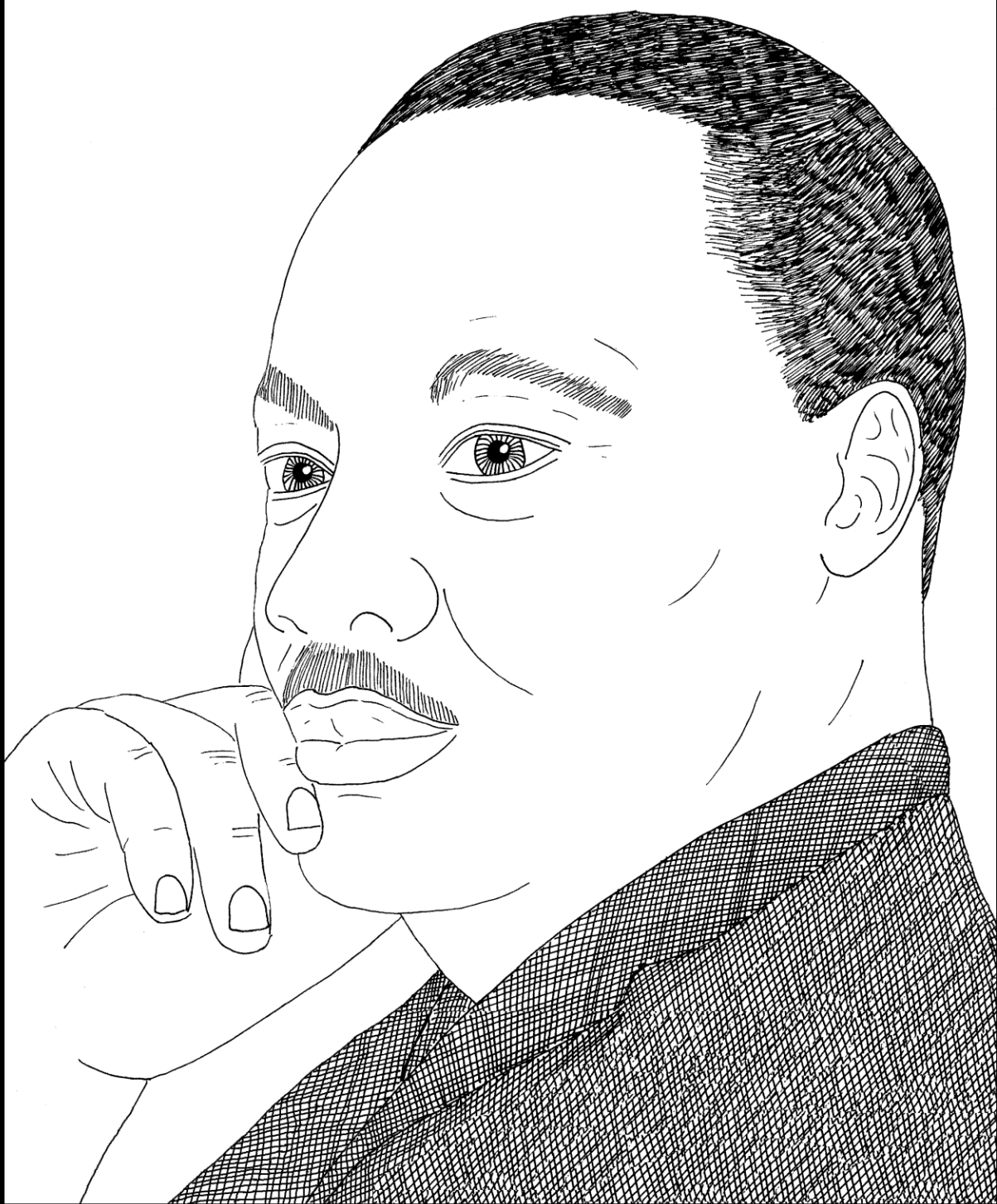
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"I refuse to accept the view that mankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become a reality.... I believe that unarmed truth and unconditional love will have the final word."

-- Martin Luther King, Jr.

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"What we need to do is learn to respect and embrace our differences until our differences don't make a difference in how we are treated."
-- Yolanda King

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"The United States of America is a nation where people are not united because of those three glaring frailties: racism, injustices and inequities."

-- Yuri Kochiyama

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"Poverty is a weapon of mass destruction. Joblessness is a weapon of mass destruction, homelessness, a weapon of mass destruction...racism, a weapon of mass destruction...We must disarm these weapons and renew our commitment to quality public schools and dedicated teachers and good housing and quality health care and decent jobs and stronger neighborhoods."

-- Dennis Kucinich

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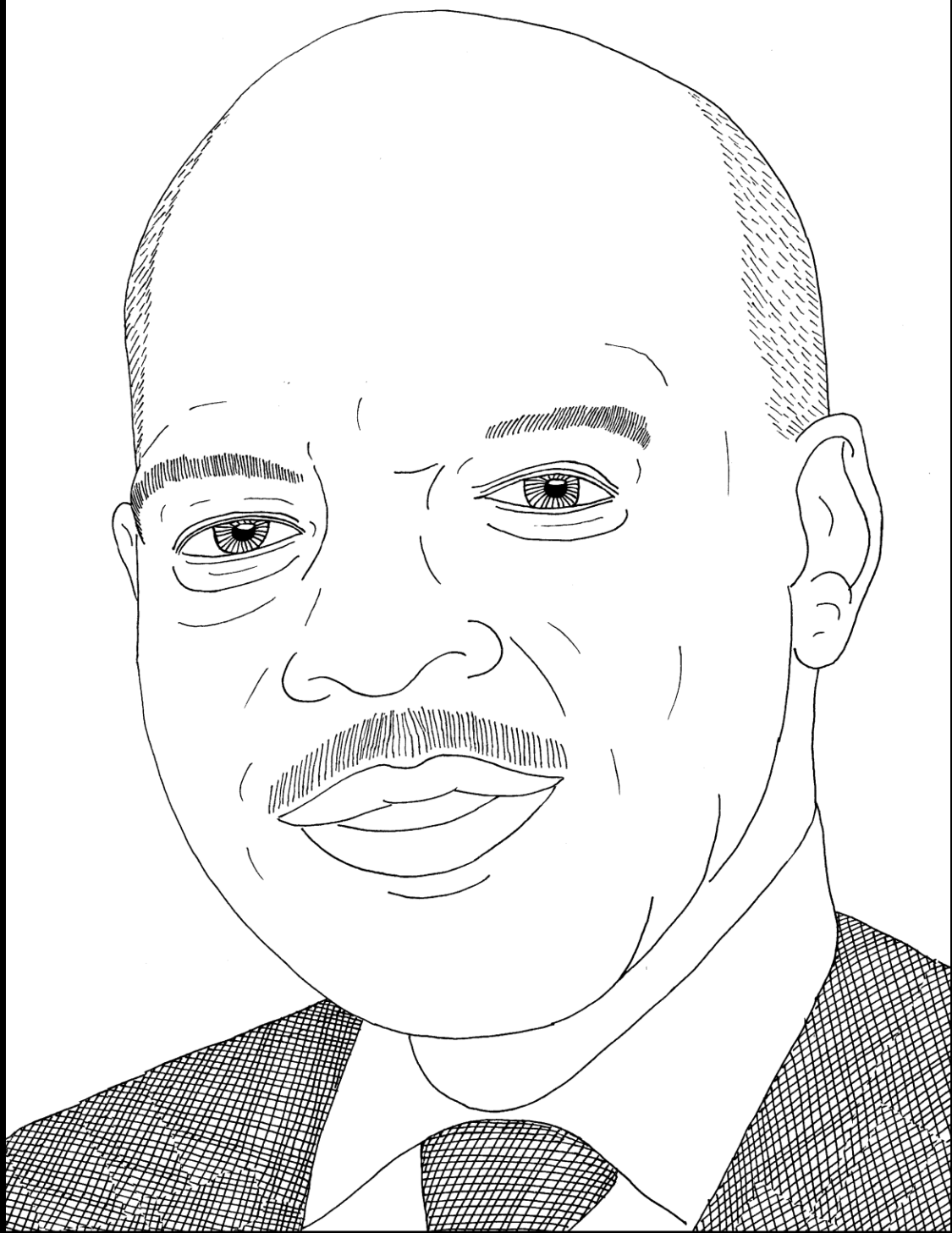
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END RACISM DAY - MARCH 21

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"We've come a long way, but we still have a distance to go before all of our citizens embrace the idea of a truly interracial democracy, what I like to call the Beloved Community, a nation at peace with itself."
-- John R. Lewis

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END RACISM DAY - MARCH 21

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"No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite."

-- Nelson Mandela

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**"An intensive human rights education for all communities
needs to be provided to overcome the old prejudices."**

-- Ruth Manorama

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"...war is never won... Only peace can be won and winning peace means not only avoiding armed conflict but finding ways of eradicating the causes of individual and collective violence: injustice and oppression, ignorance and poverty, intolerance and discrimination."

-- Federico Mayor

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END RACISM DAY - MARCH 21

MAKE A DIFFERENCE



MAKE A DIFFERENCE

**"I resolutely believe that respect for diversity is a fundamental pillar in the eradication of racism, xenophobia and intolerance."
-- Rigoberta Menchú**

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"We have to build things that we want to see accomplished, in life and in our country, based on our own personal experiences ... to make sure that others ... do not have to suffer the same discrimination."
-- Patsy Mink

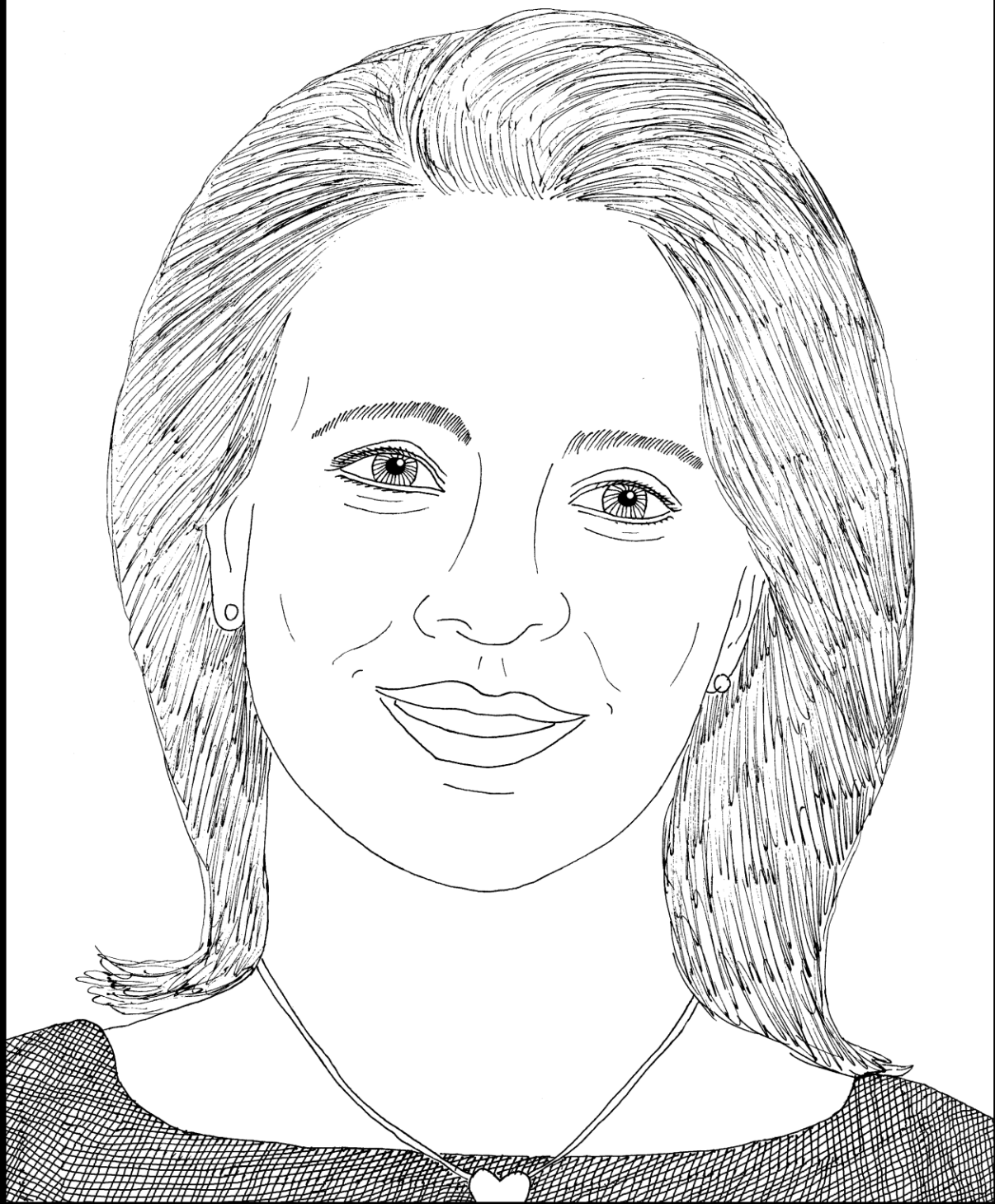
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"As believers we all have an opportunity and moral obligation to recognize our spiritual common ground; to rise above our differences; to combat prejudice and intolerance."

-- Queen Noor of Jordan

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**"Affirmative action is the most important modern anti-discrimination technique ever instituted in the United States. It is the one tool that has had a demonstrable effect on discrimination."
-- Eleanor Holmes Norton**

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"Our goal is to have a country that's not divided by race."
-- Barack Obama

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"Race is the great taboo in our society. We are afraid to talk about it. White folks fear their unspoken views will be deemed racist. People of color are filled with sorrow and rage at unrighted wrongs... Once we decide to transform ourselves from fearful caterpillars into courageous butterflies, we will be able to bridge the racial gulf and move forward together towards a bright and colorful future."

-- Eva Paterson

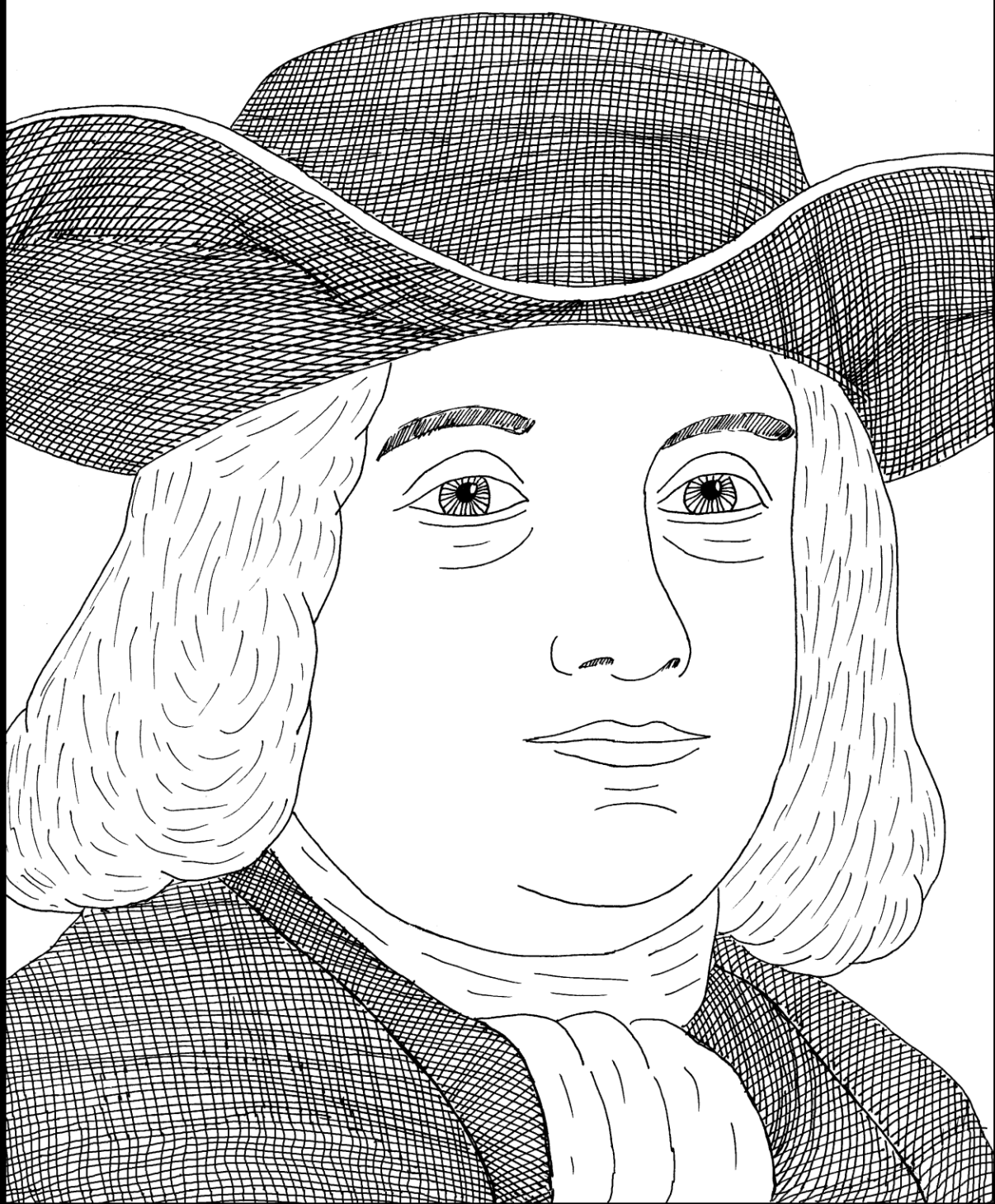
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"O Lord, help me not to despise or oppose
what I do not understand."

-- William Penn

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"...we need to realize that we have a role to play in overcoming our own discrimination which is sometimes very subtly held..."

-- Bishop Samuel Ruiz Garcia

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END RACISM DAY - MARCH 21

MAKE A DIFFERENCE



MAKE A DIFFERENCE

"...we all sometimes ... harbor some prejudices and all, but we have to know in our heart it's wrong. And we all want to remember that we are connected. And that any kind of racism is wrong."

-- Russell Simmons

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"All human beings bear God's image and must be respected for what each person is. Therefore, no external description of one's being, whether based on race, ethnicity, gender or sexual orientation, can properly be used as the basis for either rejection or discrimination."

-- Bishop John Shelby Spong

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"This is no simple reform. It really is a revolution. Sex and race because they are easy and visible differences have been the primary ways of organizing human beings into superior and inferior groups and into the cheap labor in which this system still depends. We are talking about a society in which there will be no roles other than those chosen or those earned."

-- Gloria Steinem

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"How I wish we lived in a time when laws were
not necessary to safeguard us from discrimination."
-- Barbra Streisand

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**"If you judge people you have no time to love them."
-- Mother Teresa**

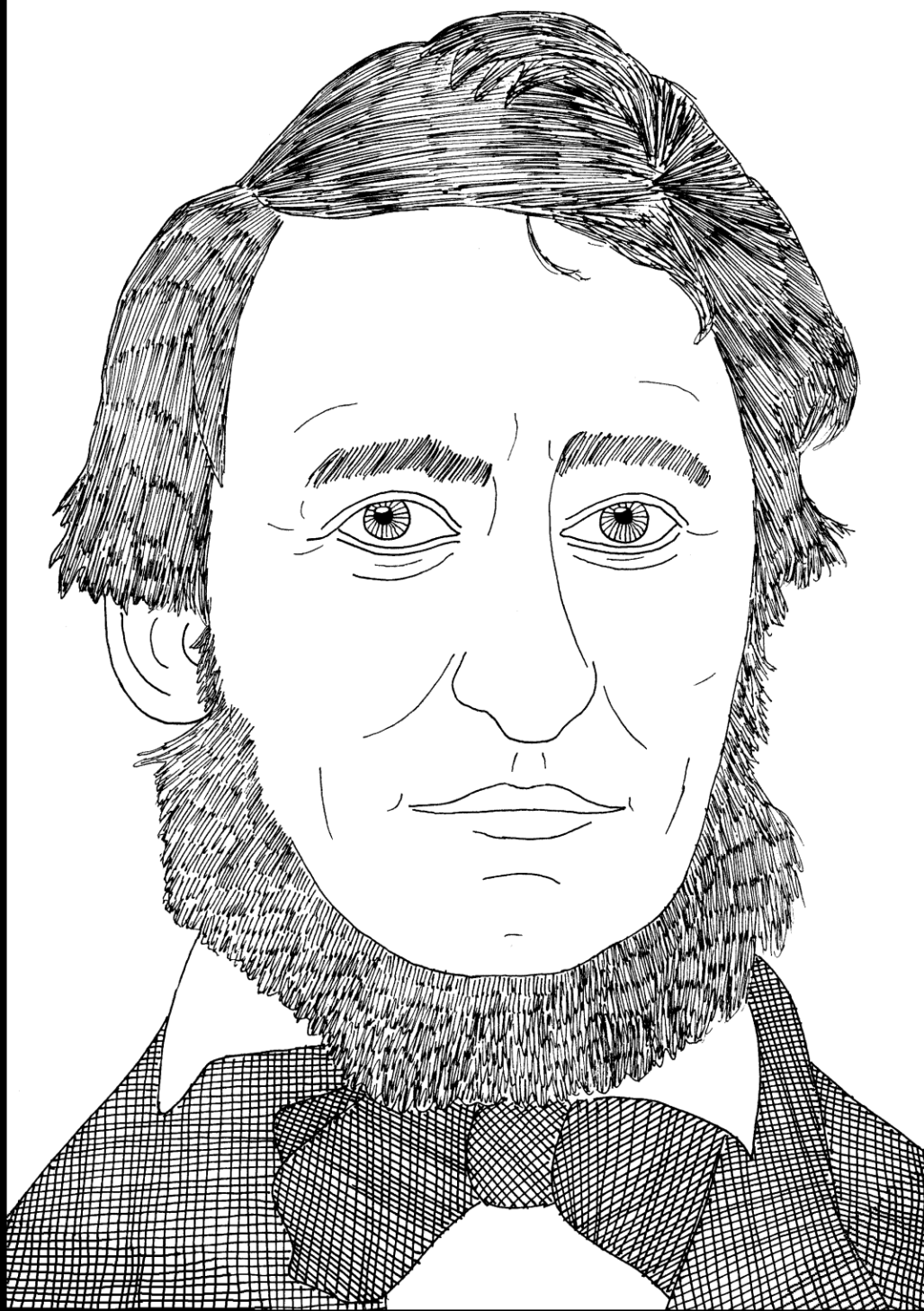
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"It is never too late to give up our prejudices."
-- Henry David Thoreau

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"We have not yet tamed our own demons of racism, nationalism, sexism, and materialism. We have not yet made peace with a land we took by force and have only partly paid for. We are a teeming conglomeration of people from different tribes who have yet to embrace fully the humanness in one another. And none of us can be really free until all of us are."

-- Robert Thurman

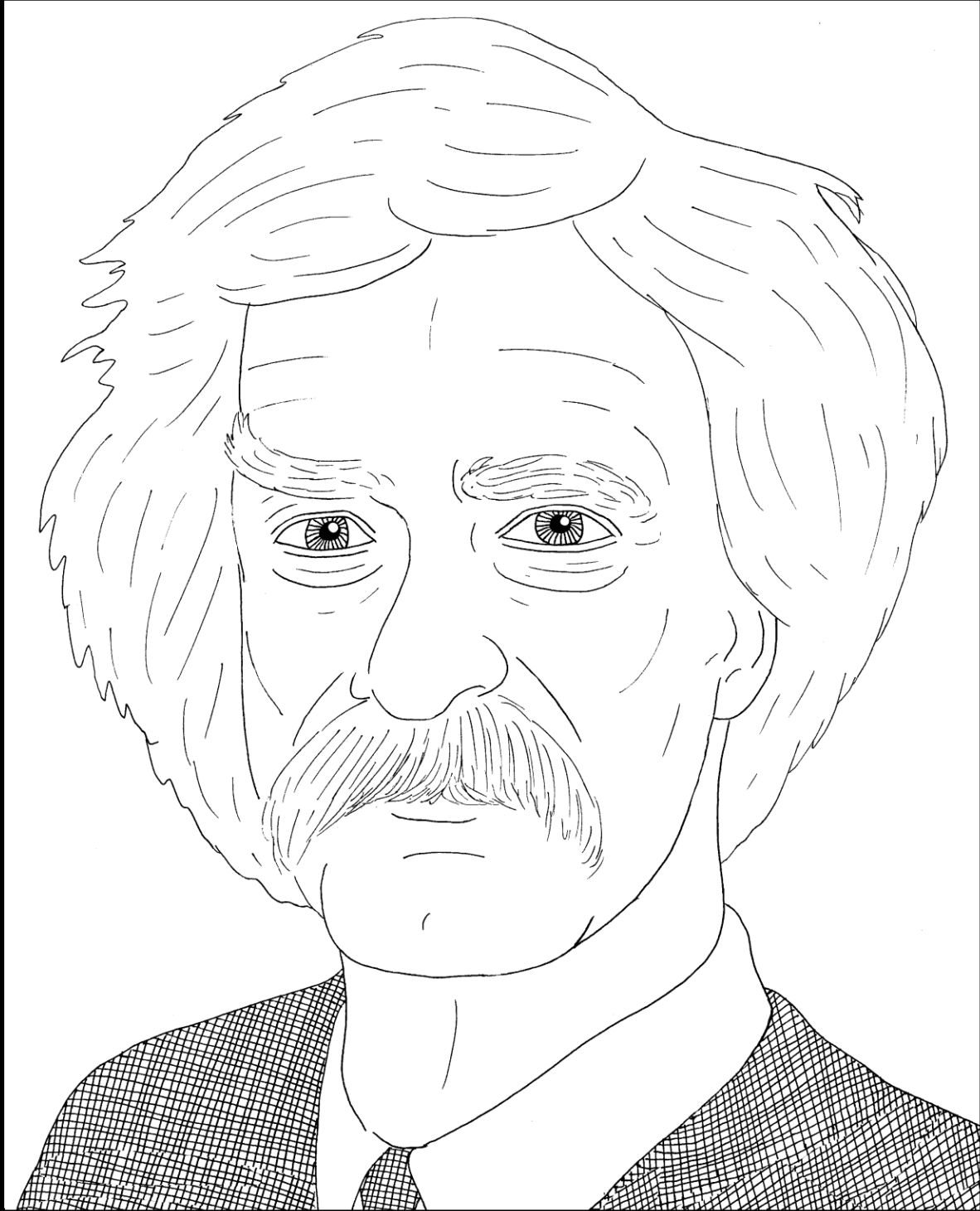
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"I have no color prejudices nor caste prejudices nor creed prejudices. All I care to know is that a man is a human being, and that is enough for me; he can't be any worse."

-- Mark Twain

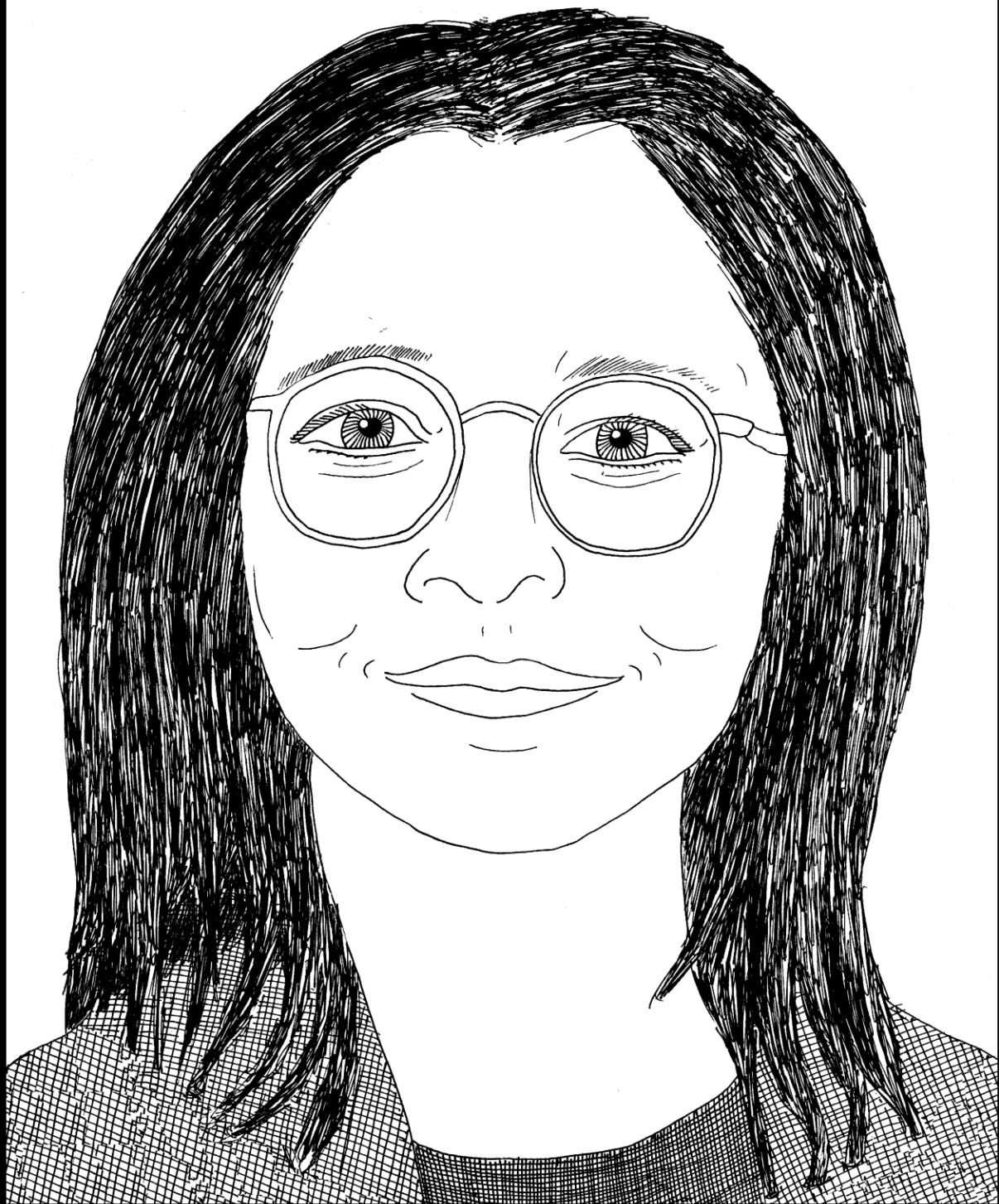
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"I think we have to own the fears that we have of each other, and then, in some practical way, some daily way, figure out how to see people differently than the way we were brought up to."
-- Alice Walker

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**"I refuse to allow prejudice to defeat me."
-- Dionne Warwick**

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"I've been in this struggle for many years now. I understand racism. I understand that there are a lot of people in this country who don't care about the problems of the inner city. We have to fight every day that we get up for every little thing that we get. And so I keep struggling."
-- Maxine Waters

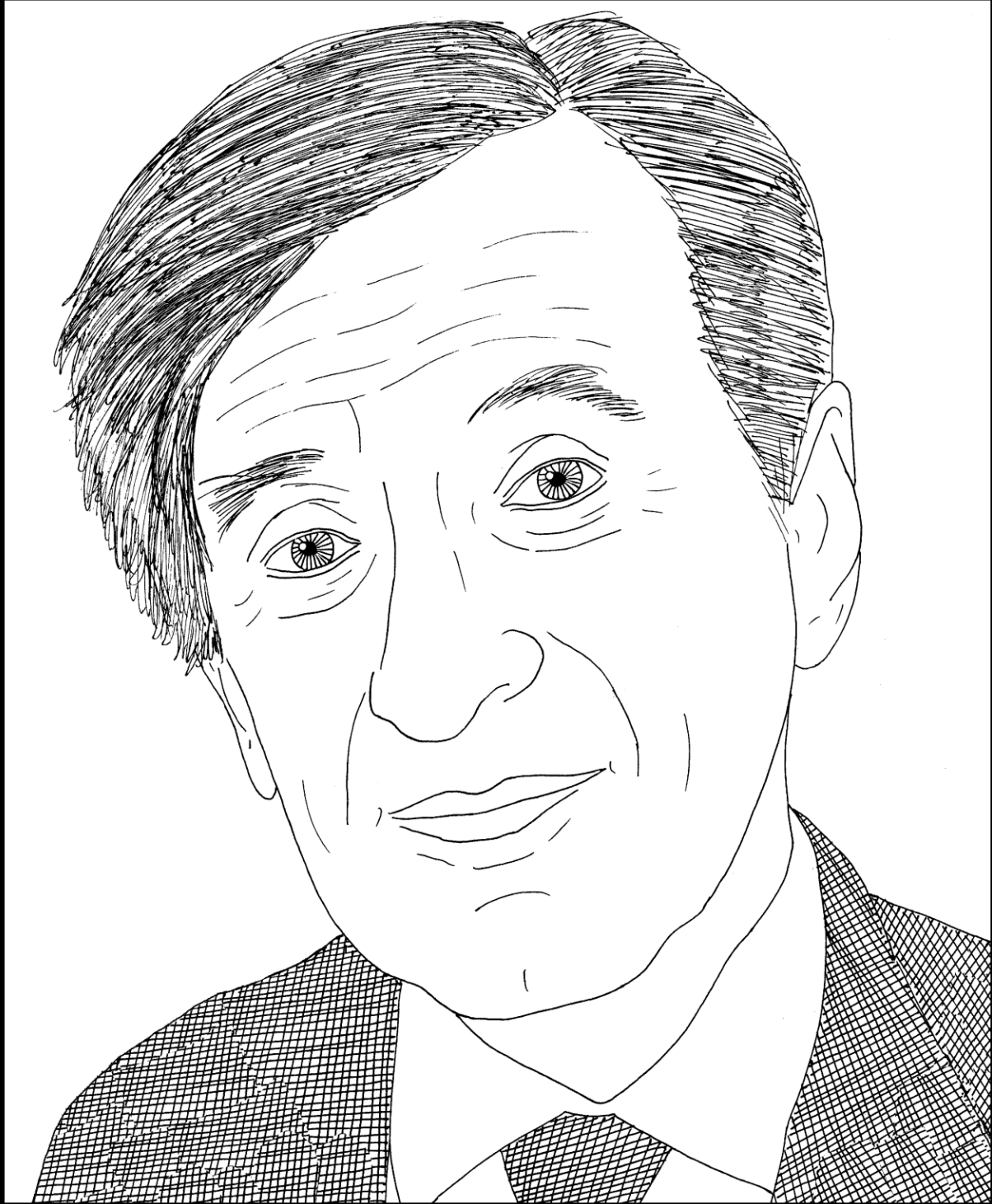
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“We must take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentors, not the tormented. Wherever anyone is persecuted for their race or political views, that place must become the center of the universe.”

-- Elie Wiesel

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"Freedom is an indivisible word. If we want to enjoy it, and fight for it, we must be prepared to extend it to everyone, whether they are rich or poor, whether they agree with us or not, no matter what their race or the color of their skin."

-- Wendell Wilkie

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**"Love is what we are born with. Fear is what we learn.
The spiritual journey is the unlearning of fear and prejudices
and the acceptance of love back in our hearts."**

-- Marianne Williamson

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"Excellence is the best deterrent to racism or sexism."
-- Oprah Winfrey

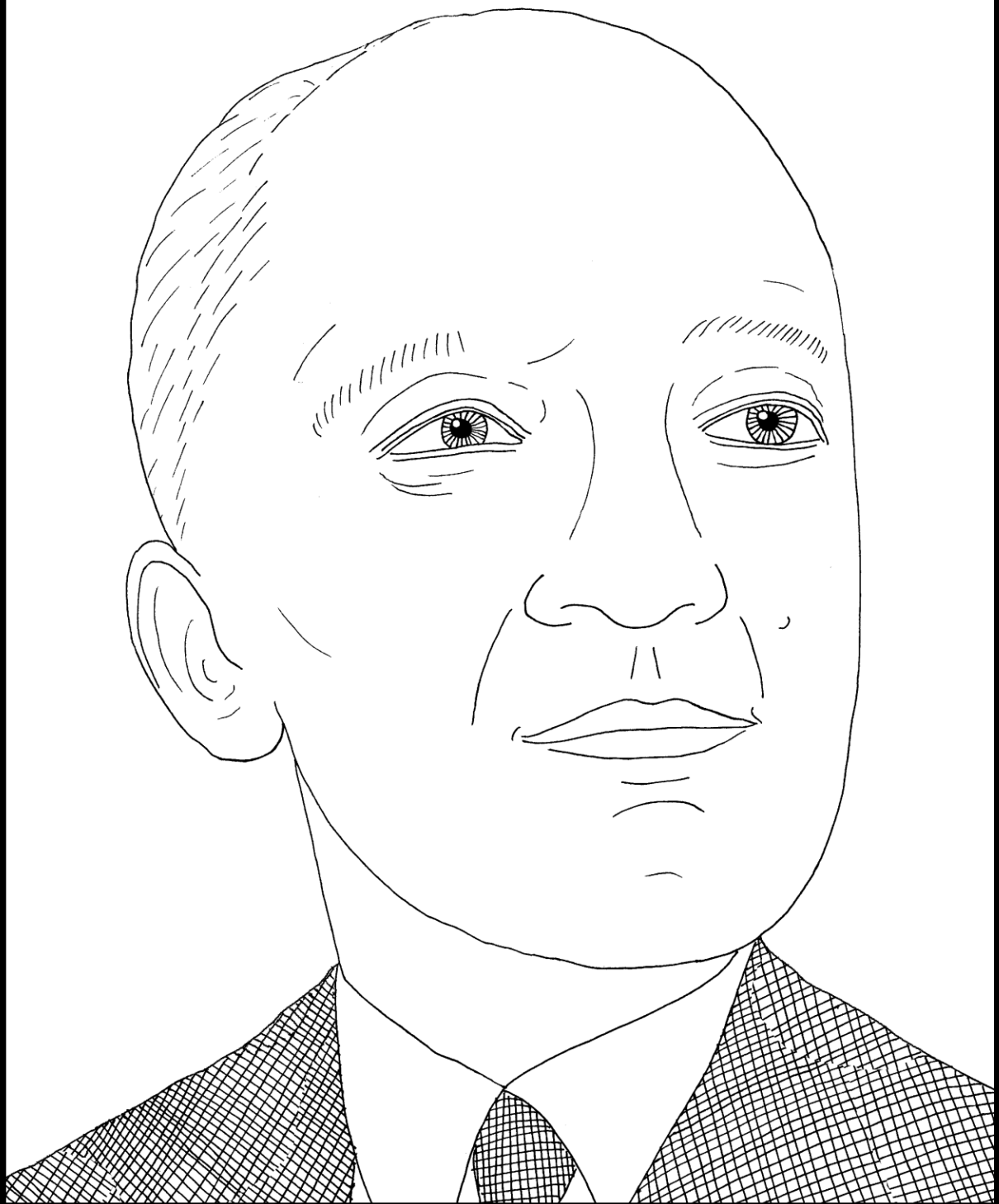
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MAKE A DIFFERENCE



MAKE A DIFFERENCE

"What we need is not a history of selected races or nations, but the history of the world void of national bias, race hate, and religious prejudice."

-- Carter Woodson

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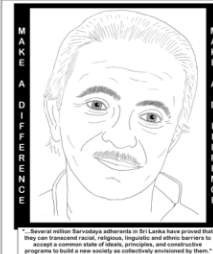
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"Prejudice is a barbed wire fence that confines the past, breaches the future and renders the present inaccessible."
-Wesley Autrey

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"One of the greatest joys in life is to be able to transcend racial, religious, linguistic and ethnic barriers to extend a common bond of friendship, and contribute to the building of a new society as a collectively enriched by them."
-Dr. Anurag Das

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"It demands great spiritual fortitude not to hold the father whose blood is on your neck, and an even greater abstinence of persimmony and charity not to fully pour your blood to him."
-James Beckett

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"One of the most of great honor facing all of us, there is one more: to pursue the Millennium Development Goals with fresh resolve -- including respect, dignity and trust with some caution -- that we will be able to achieve for all of our people, children, agriculture, energy and justice."
-Carol Bellon

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"It is crucial that progress in the field of discrimination, as well as the responsibility ourselves. We should, therefore, proceed equally everywhere. The corner of discrimination or abhorrence."
-Mary McLeod Bethune

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"At the heart of the problem is the fact that the United States is a racially divided nation where serious racial inequalities continue to persist."
-Robert Bullard

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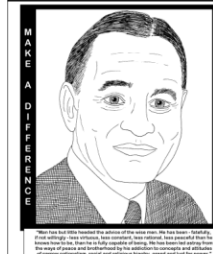
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"Racial, ethnic, gender violence and other forms of discrimination and violence is a culture that is abhorred and changing culture."
-Christine Burck

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"Not that I don't stand for justice, but that I do not believe in the color of skin. I believe that the only way to end racism is to end the way of racism and to end the way of racism. The way of racism is not the way of racism, but the way of racism. The way of racism is not the way of racism, but the way of racism."
-Angela Davis

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"We must have a long-term plan to end racism. We must have a long-term plan to end racism. We must have a long-term plan to end racism. We must have a long-term plan to end racism. We must have a long-term plan to end racism."
-Angela Davis

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"Racism is a social force that creates, multiplies and hides behind the prejudices, but of the latter the only path for more terrible than it ever has."
-Angela Davis

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"If genetic studies of racial and gender roles, scientific observations will show us that the coverage for people of color will not be the same as for white people."
-Margaret Ferebee

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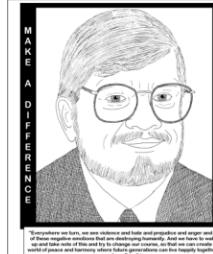
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"I'm going to stop calling you a white man and I'm going to ask you to stop calling me a black man."
-Margaret Ferebee

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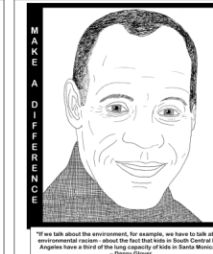
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"Discrimination is not a fair and equitable and equal and equal of all of our people. It is not a fair and equitable and equal and equal of all of our people. It is not a fair and equitable and equal and equal of all of our people. It is not a fair and equitable and equal and equal of all of our people."
-Margaret Ferebee

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"If we talk about the environment, for example, we have to talk about the environment. We have to talk about the environment. We have to talk about the environment. We have to talk about the environment. We have to talk about the environment."
-Margaret Ferebee

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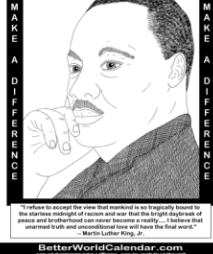
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"We often hear of racism as the source of all of the world's problems and that's not true. It's not the source of all of the world's problems. It's not the source of all of the world's problems. It's not the source of all of the world's problems. It's not the source of all of the world's problems."
-Margaret Ferebee

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"I refuse to accept the view that minorities should be treated as a separate class of citizens and that the rights of freedom and justice are not for them. I believe that all men are created equal and that all men are created equal and that all men are created equal and that all men are created equal."
-Martin Luther King Jr.

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"What we need to do is learn to respect and embrace our differences and our differences don't make a difference in how we are treated."
-Yolanda King

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"The United States of America is a nation where people are not united because of their three glaring realities: race, language and religion."
-Tom Koehnman

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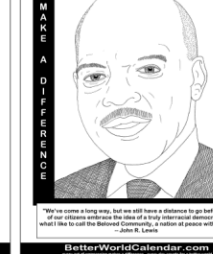
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"We must have a long-term plan to end racism. We must have a long-term plan to end racism. We must have a long-term plan to end racism. We must have a long-term plan to end racism. We must have a long-term plan to end racism."
-Margaret Ferebee

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"We've come a long way, but we still have a distance to go before all of our citizens embrace the idea of a truly integrated democracy, what I like to call the New Community, a nation of peace with itself."
-John Lewis

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"I'm grateful to you for your role in the foundation and pillar of the eradication of racism, xenophobia and intolerance."
-Rigoberta Menchú

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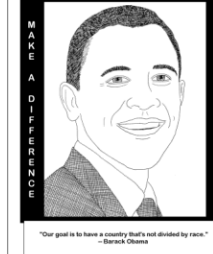
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"We have to build things that we need to be acknowledged, in the end of our country, based on our own personal experiences. It's not we as a group, it's not we as a group, it's not we as a group, it's not we as a group."
-Felix Wain

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"Our goal is to have a country that is not divided by race."
-Tom Koehnman

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"We need to realize that we have a role to play in the end of racism. We need to realize that we have a role to play in the end of racism. We need to realize that we have a role to play in the end of racism. We need to realize that we have a role to play in the end of racism."
-Billings Samuel Ward Garcia

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"...we all sometimes... neither some problems and us, but we have to know in our heart it's wrong. And we all want to remember that we are connected. And that we are of the same race with each other."
-Fussell Simmons

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"If you judge people you have no time to love them."
-Bibi Tereza

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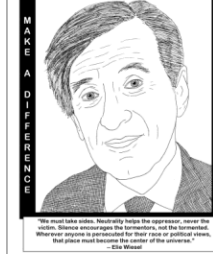
END RACISM DAY - MARCH 21



"I think we have to see the faces that we have of each other, and there, in every part of our face, every part of our face, every part of our face, every part of our face. There are people differently than the way we were brought up to."
-Alice Walker

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"We must take action. Necessity helps the oppressor, never the victim. Silence encourages the tormentor, and the tormentor. Whenever anyone is persecuted by their race or political views, that place must become the seat of the movement."
-Malcolm X

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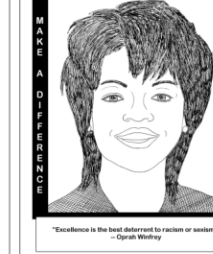
END RACISM DAY - MARCH 21



"Love is what we are born with. Fear is what we learn. The spiritual journey is the understanding of how our pain and the acceptance of love back in our hearts."
-Margaret Williams

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"Embrace is the best defense to racism or sexism."
-Oprah Winfrey

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