

BE A HERO FOR A BETTER WORLD



Do One Thing for a Better World

BE A HERO FOR A BETTER WORLD



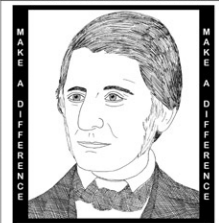
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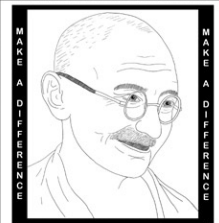
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Do One Thing for a Better World

FRIENDSHIP DAY

First Sunday in August

...make a difference...

Do One Thing
for a Better World.

Together
We Make a World of Difference!

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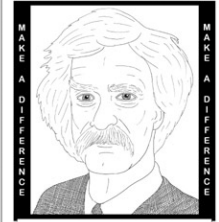
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FRIENDSHIP DAY

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"We need each other, deeper than anyone ever dares to admit even to themselves. I think it is a genetic imperative that we huddle together and hold on to each other. There is no question in my mind that there is nothing else in life, really, than friendship." -- Dr. Patch Adams

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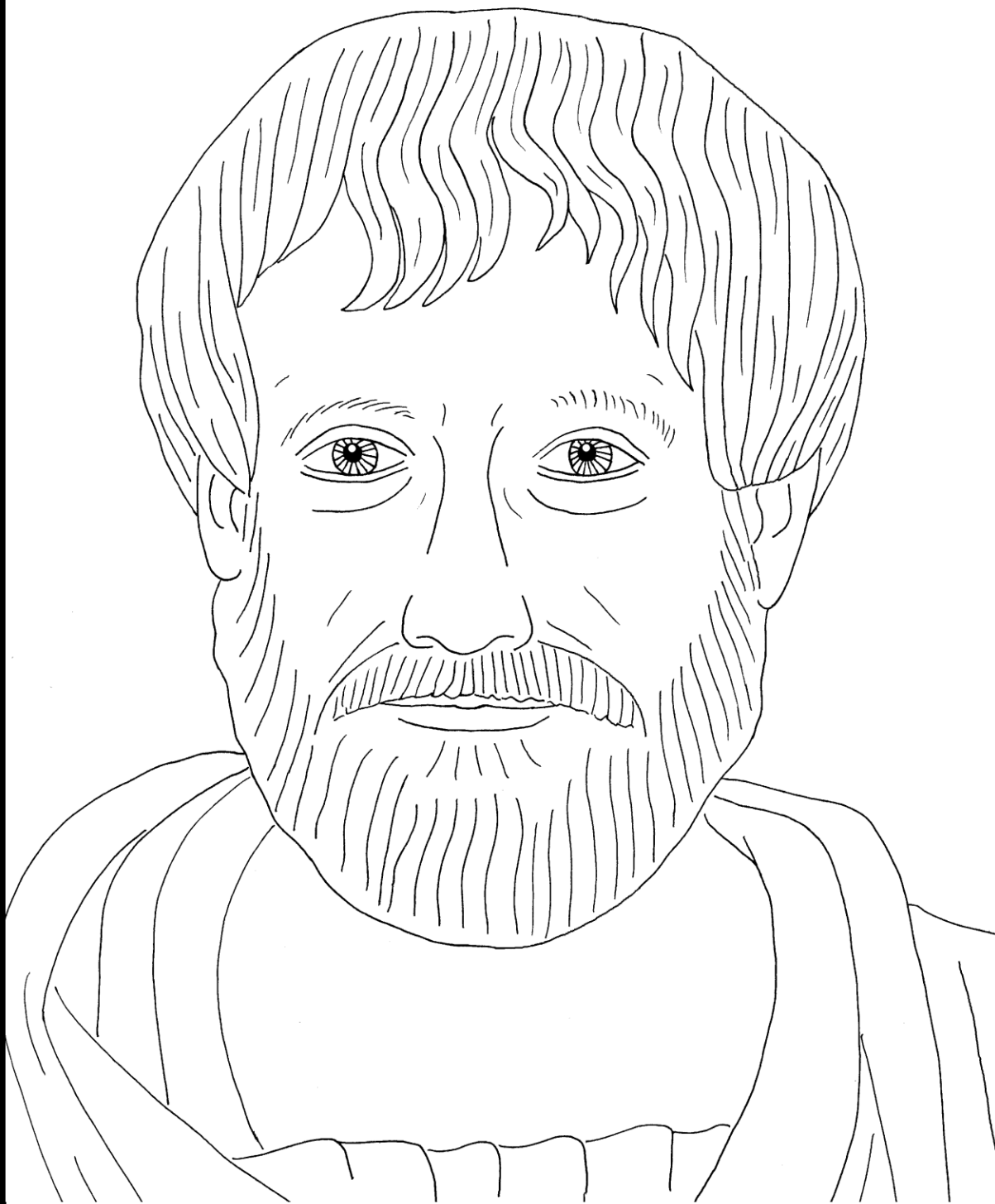
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"Friendship is essentially a partnership."

-- Aristotle

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**"...to have a friend, and to be true under any and all trials,
is the mark of a man!**

-- Charles Eastman (Ohiyesa)

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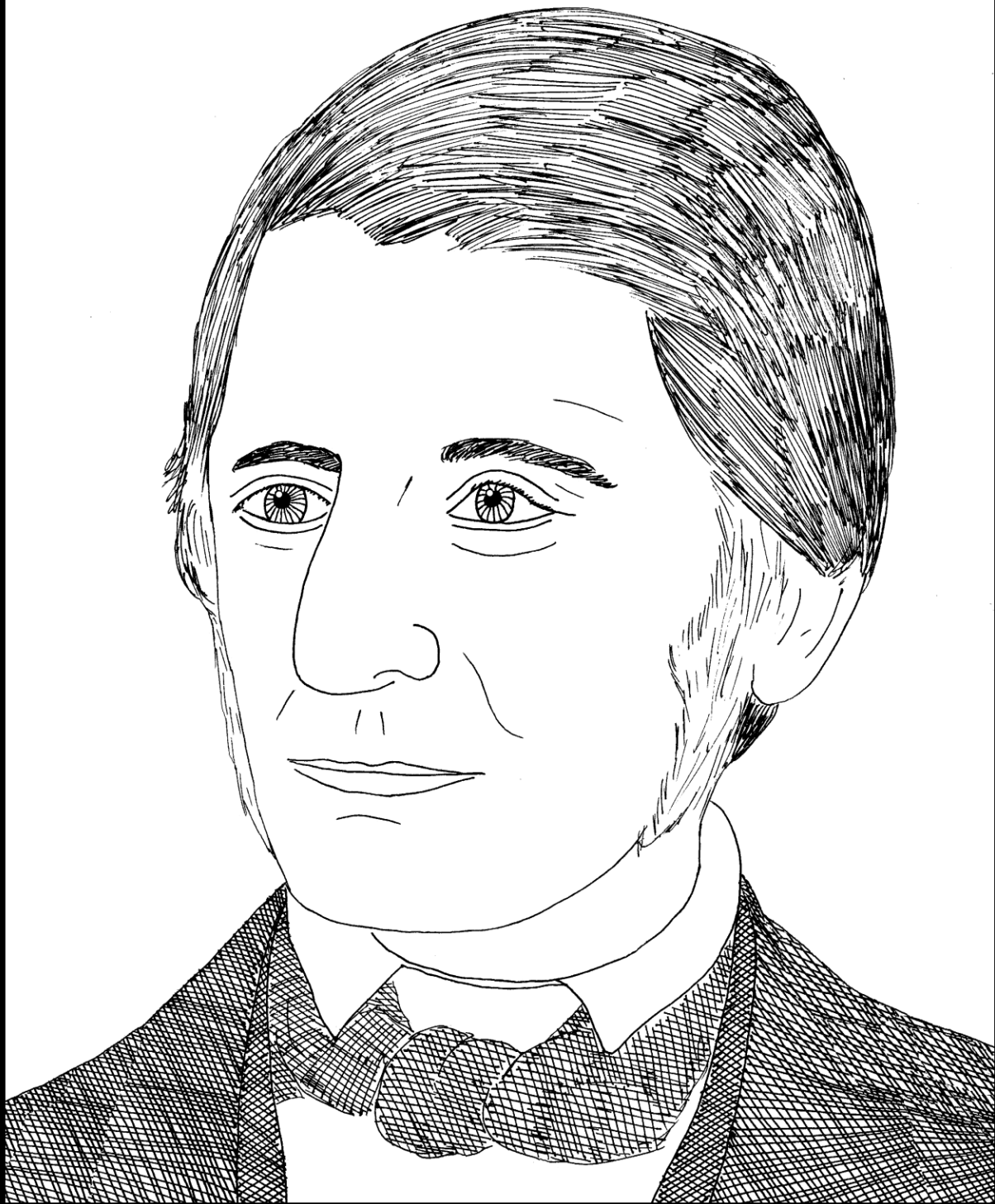
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"The glory of friendship is not the outstretched hand, nor the kindly smile, nor the joy of companionship; it is the spiritual inspiration that comes to one when he discovers that someone else believes in him and is willing to trust him with his friendship." -- Ralph Waldo Emerson

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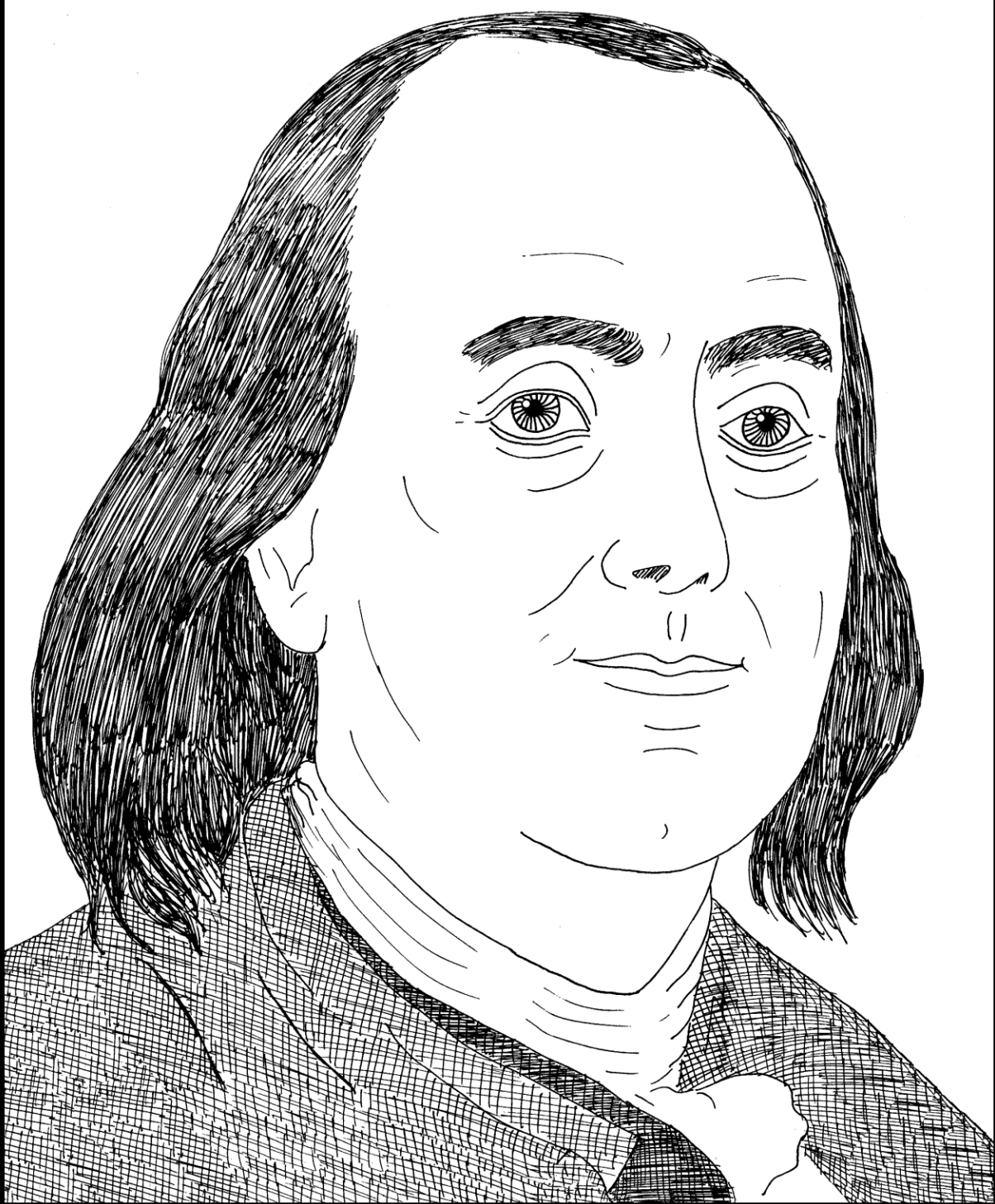
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"Be slow in choosing a friend, slower in changing."

-- Benjamin Franklin

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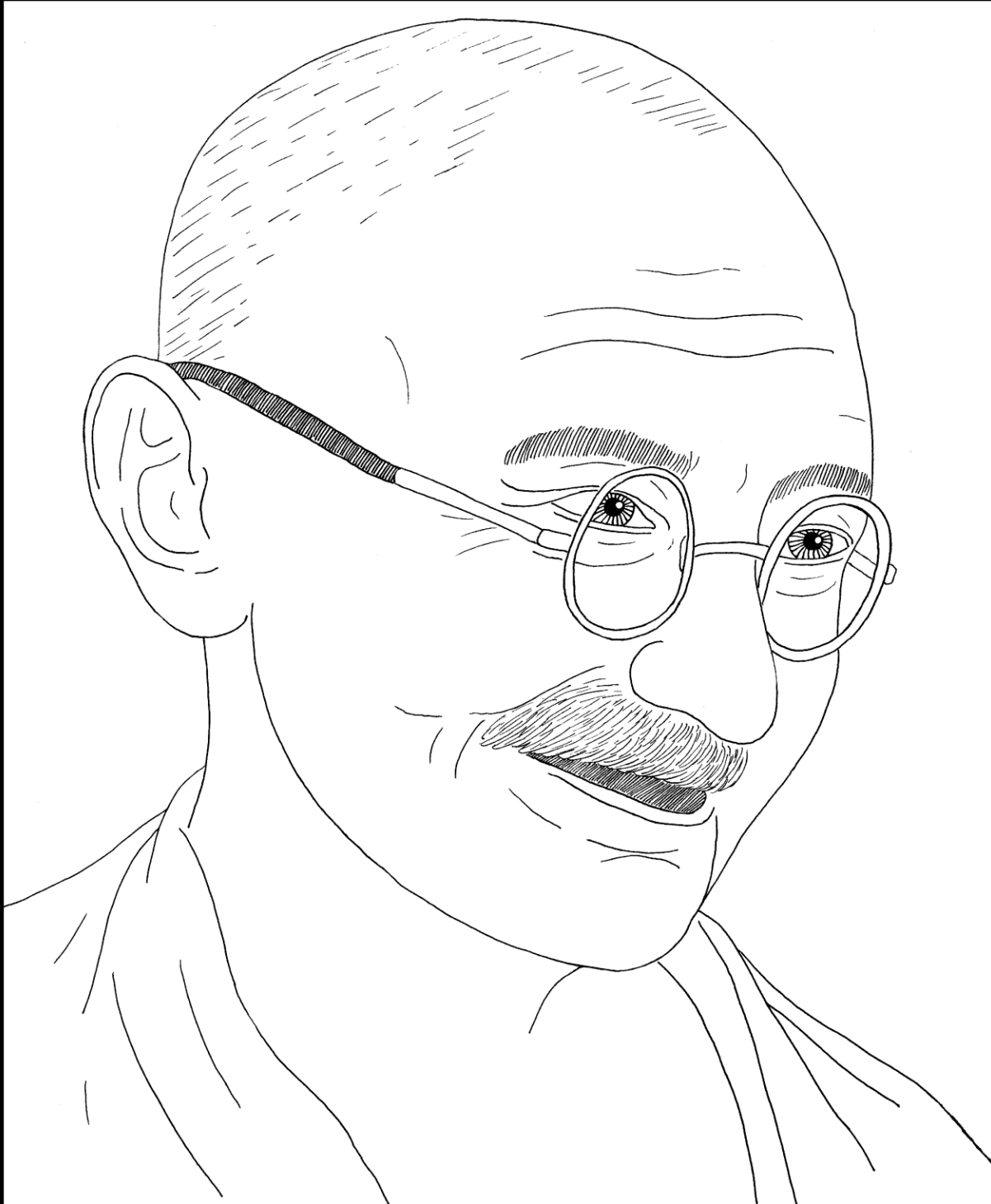
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"It is easy enough to be friendly to one's friends.
But to befriend the one who regards himself as your enemy
is the quintessence of true religion. The other is mere business."

-- Mohandas K. Gandhi

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**"Friendship needs no words -
it is solitude delivered from the anguish of loneliness."**

-- Dag Hammarskjold

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**"The best preparedness is the one that disarms
the hostility of other nations and makes friends of them."**

-- Helen Keller

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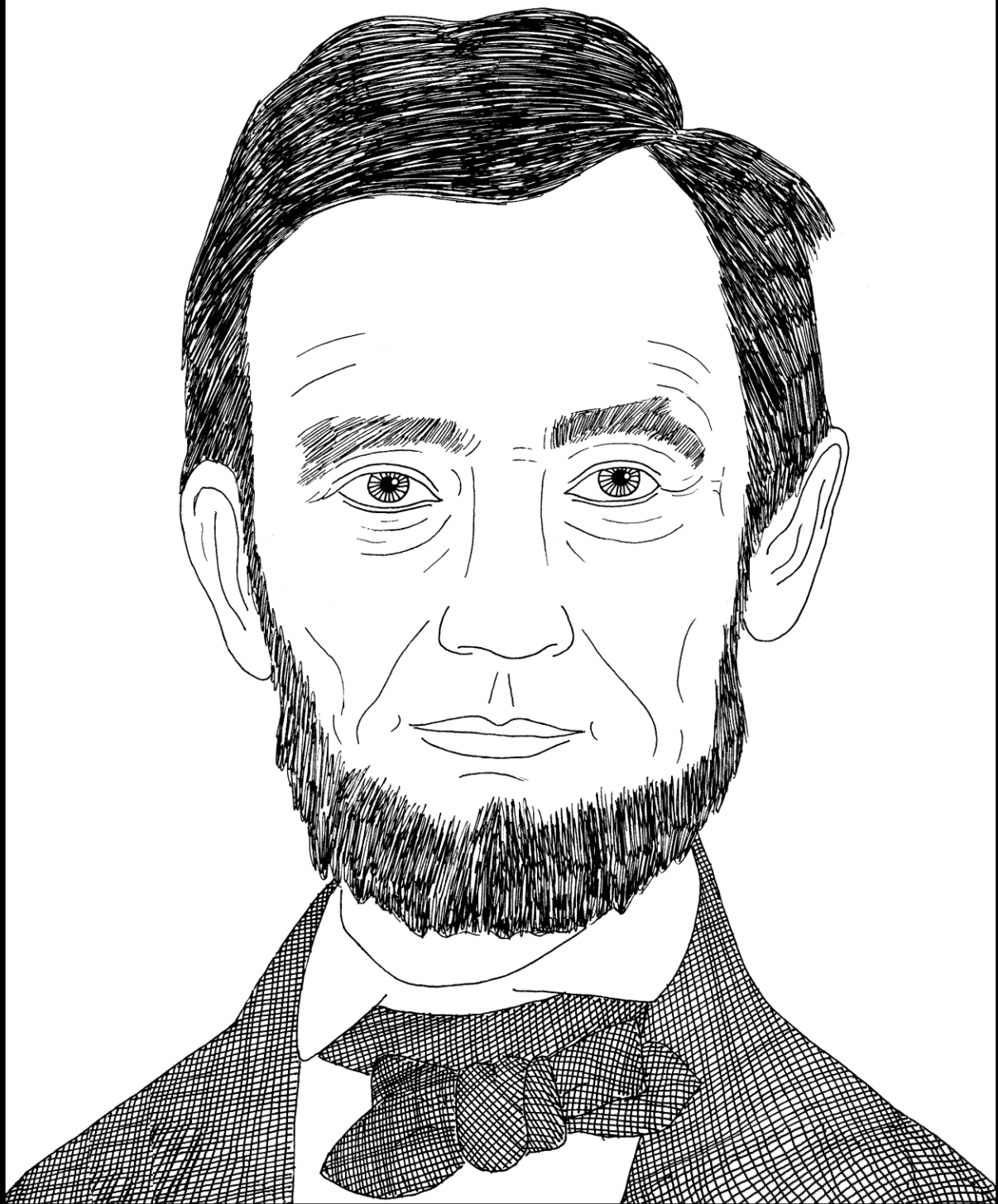
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"I destroy my enemies when I make them my friends."

-- Abraham Lincoln

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**"If you want to make peace with your enemy,
you have to work with your enemy.**

Then he becomes your partner."

-- Nelson Mandela

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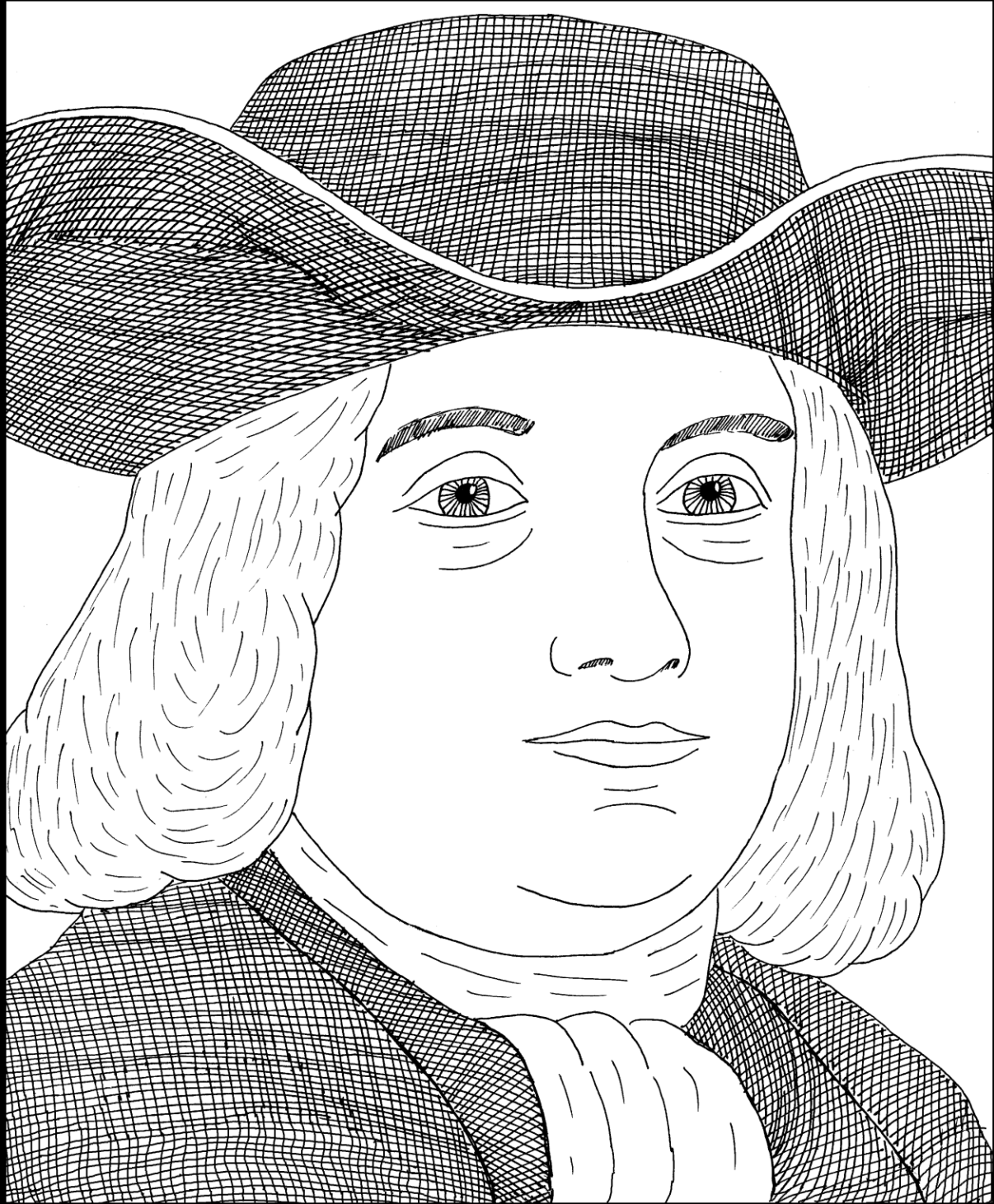
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"Friendship is the union of spirits..."

-- William Penn

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**"Before we can make friends with anyone else,
we must first make friends with ourselves."**

-- Eleanor Roosevelt

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"We have learned the simple truth, as Emerson said that the only way to have a friend is to be one. We can gain no lasting peace if we approach it with suspicion or mistrust or with fear."

-- Franklin Delano Roosevelt

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"If we let our friend become cold and selfish and exacting without a remonstrance, we are no true lover, no true friend."

-- Harriet Beecher Stowe

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"Peace starts with a smile"
-- Mother Teresa

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"Every child deserves a chance at a life
filled with love, laughter, friends and family."

-- Marlo Thomas

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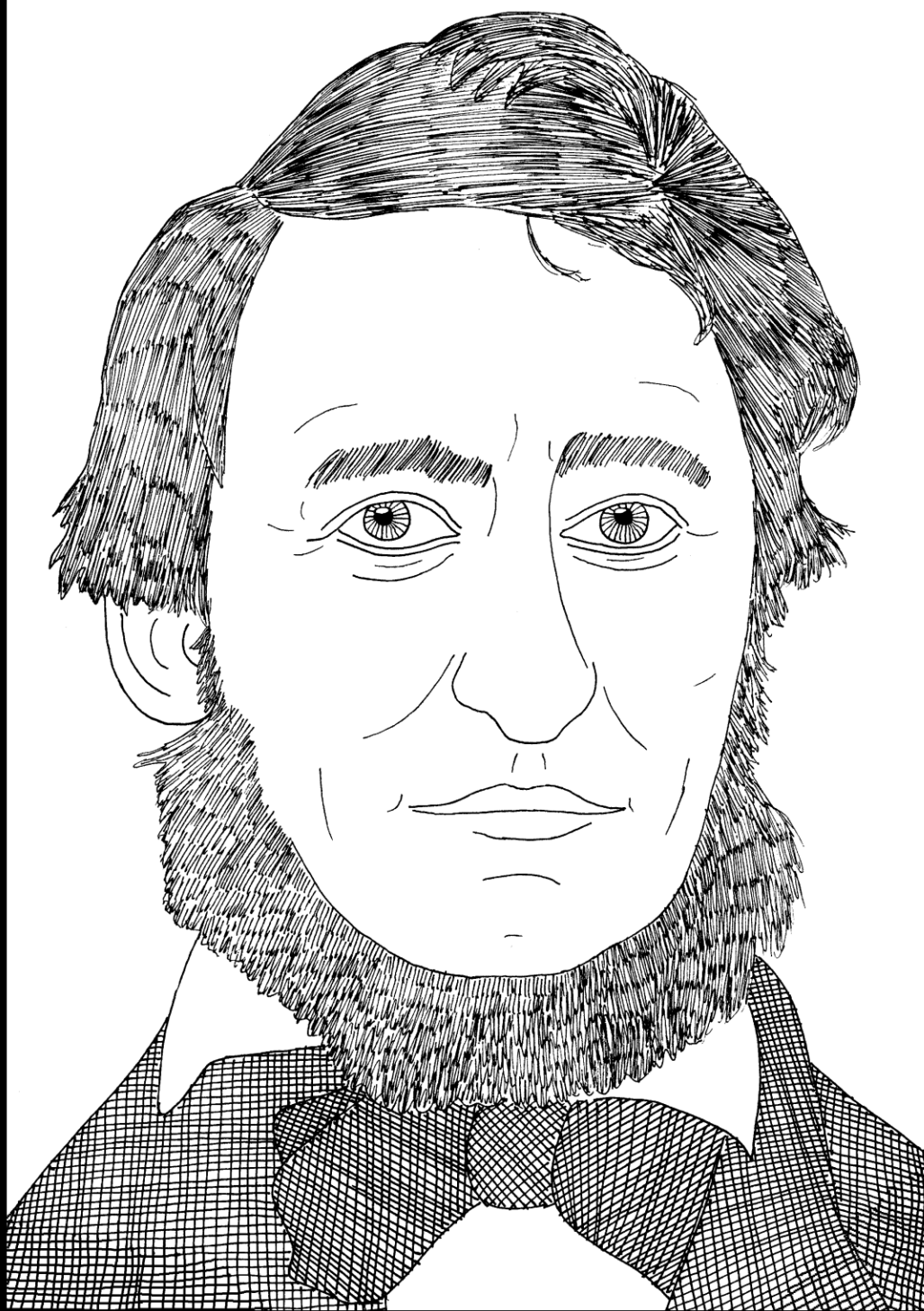
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"Friends . . . They are kind to each other's hopes.
They cherish each other's dreams."
-- Henry David Thoreau

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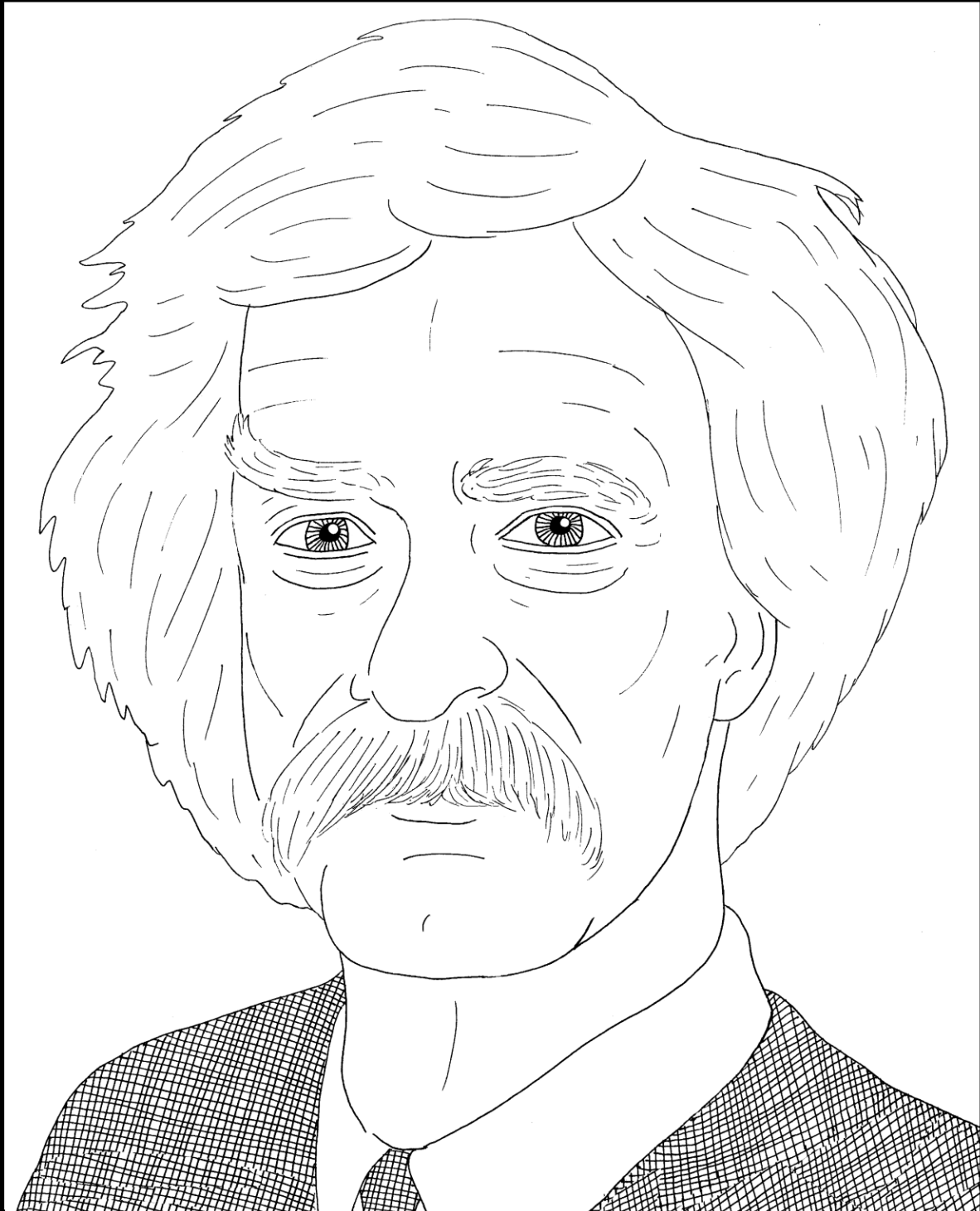
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**"Grief can take care of itself, but to get the full value of a joy
you must have somebody to divide it with."**

-- Mark Twain

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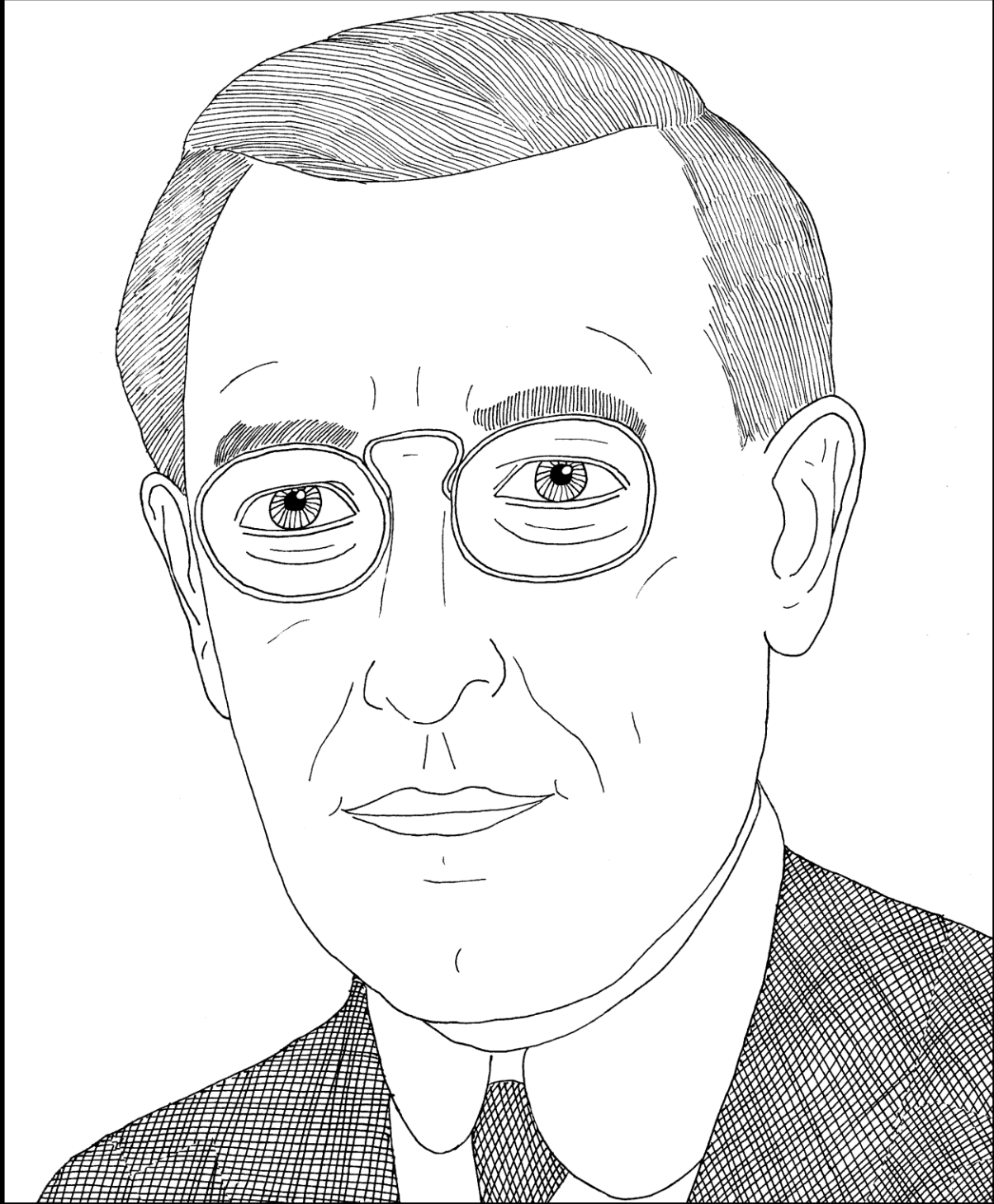
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**"You cannot be friends upon any other terms
than upon the terms of equality."**

-- Woodrow Wilson

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