

SIMPLICITY DAY - JULY 12

MAKE
A
DIFFERENCE



MAKE
A
DIFFERENCE

**"It is the heart that makes a man rich.
He is rich according to what he is, not according to what he has."
-- Henry Ward Beecher**

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SIMPLICITY DAY - JULY 12

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"We, who have so much, must do more to help those in need.
And most of all, we must live simply, so that others may simply live."
-- Ed Begley, Jr.

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"We do need a 'new economy,' but one that is founded on thrift and care, on saving and conserving, not on excess and waste. An economy based on waste is inherently and hopelessly violent, and war is its inevitable by-product. We need a peaceable economy." -- Wendell Berry

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"I relish simplicity as an all-comprehensive value."
-- Ela Bhatt

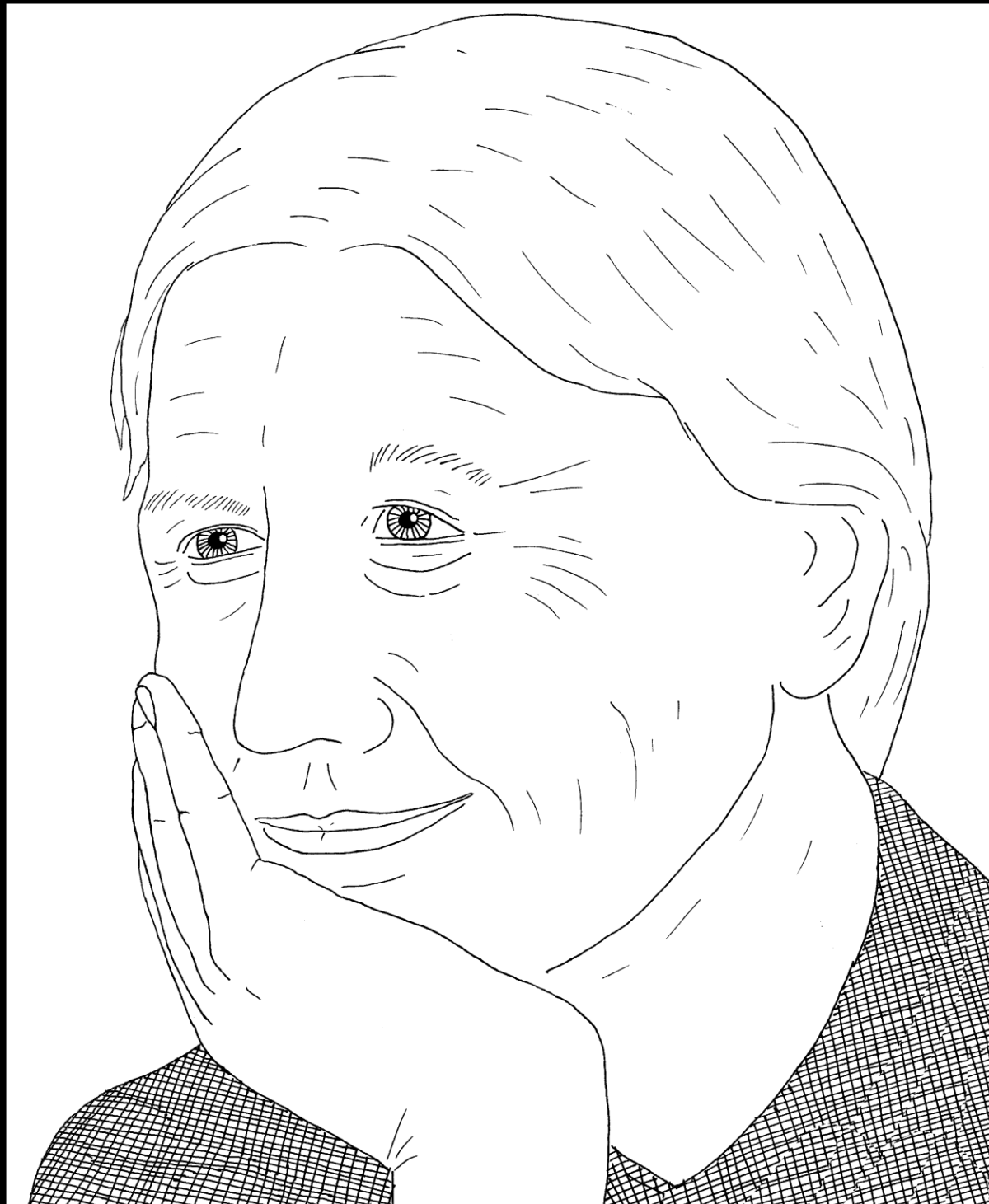
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"The consumption society has made us feel that happiness lies in having things, and has failed to teach us the happiness of not having things."
-- Elise Boulding

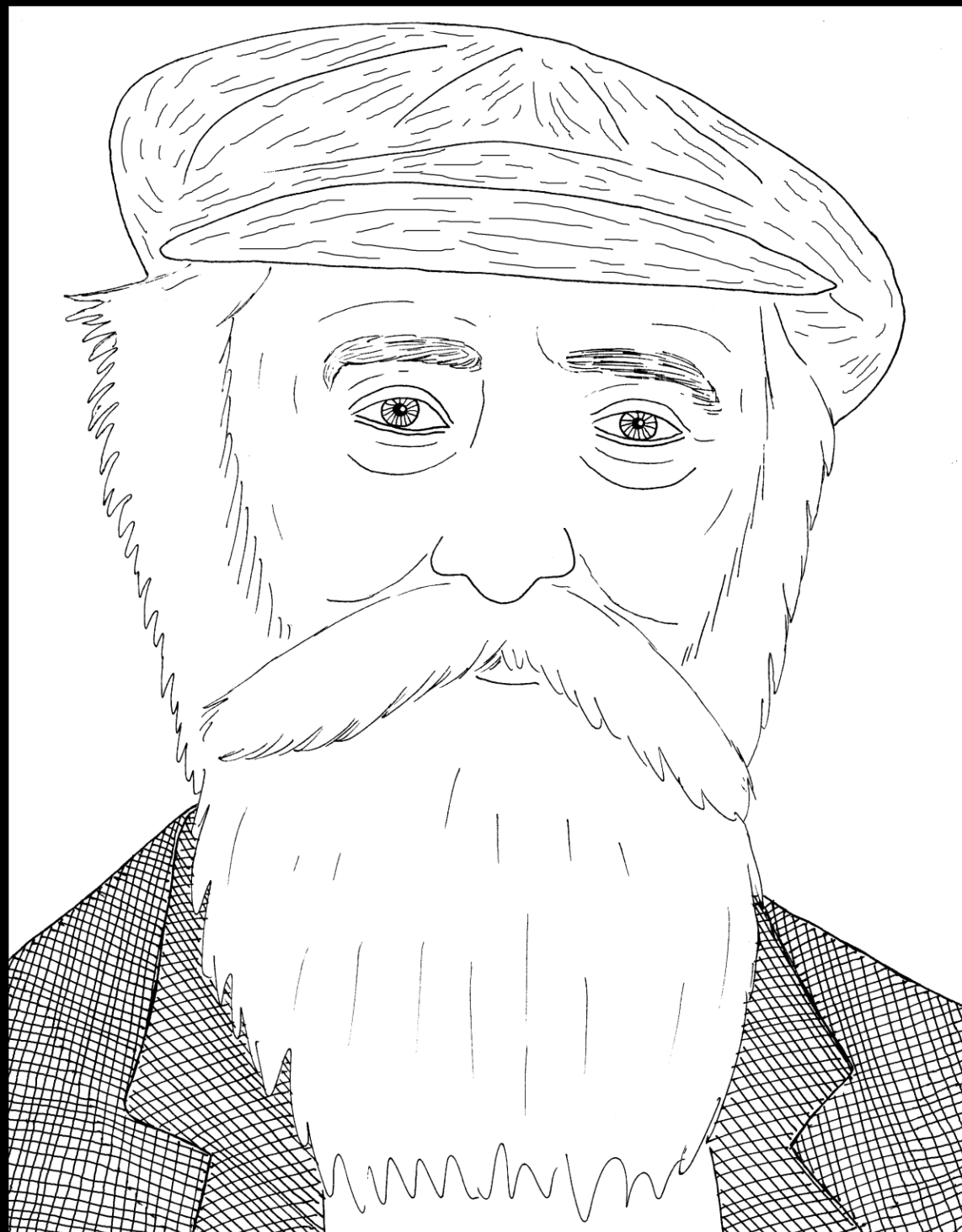
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"To find the universal elements enough; to find the air and the water exhilarating; to be refreshed by a morning walk or an evening saunter ... to be thrilled by the stars at night; to be elated over a bird's nest or a wildflower in spring — these are some of the rewards of the simple life.

~ John Burroughs

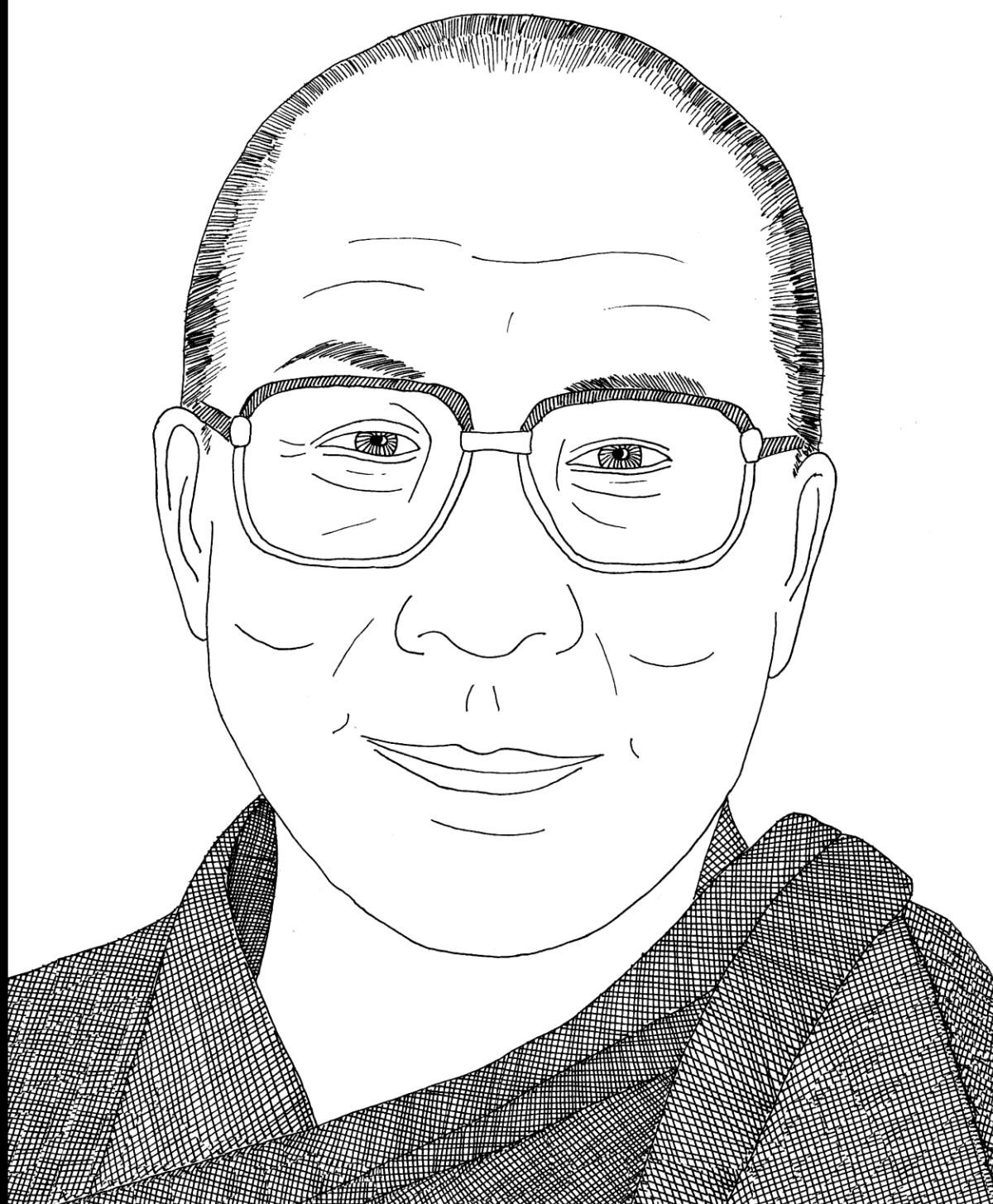
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"If one's life is simple, contentment has to come. Simplicity is extremely important for happiness. Having few desires, feeling satisfied with what you have, is very vital..."

-- Tenzin Gyatso, 14th Dalai Lama

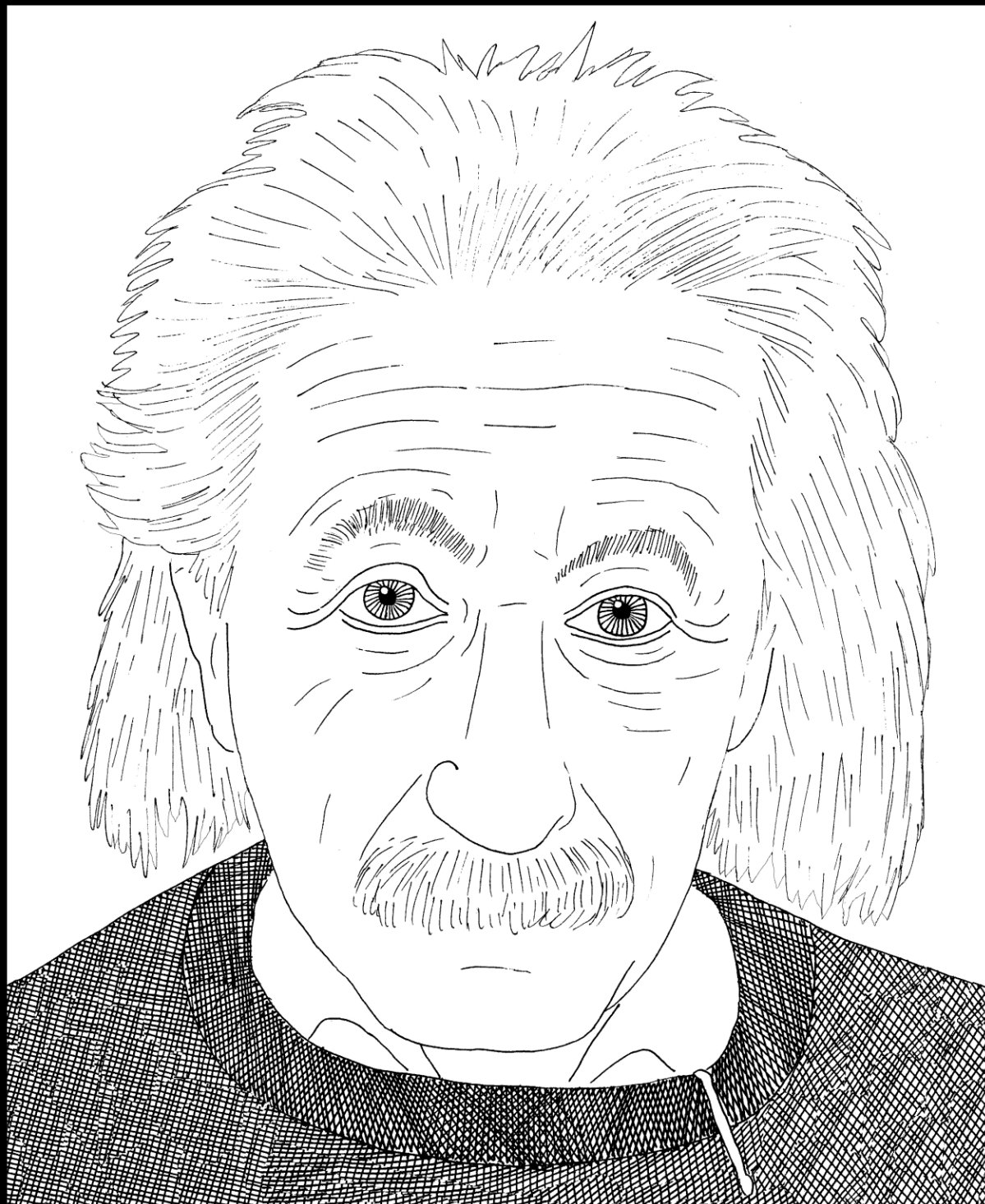
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**"I believe that a simple and unassuming manner of life is best for everyone, best both for the body and the mind."
-- Albert Einstein**

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"The intention of this way of life [voluntary simplicity] is not to dogmatically live with less. It's a more demanding intention of living with balance. This is a middle way that moves between the extremes of poverty and indulgence."

-- Duane Elgin

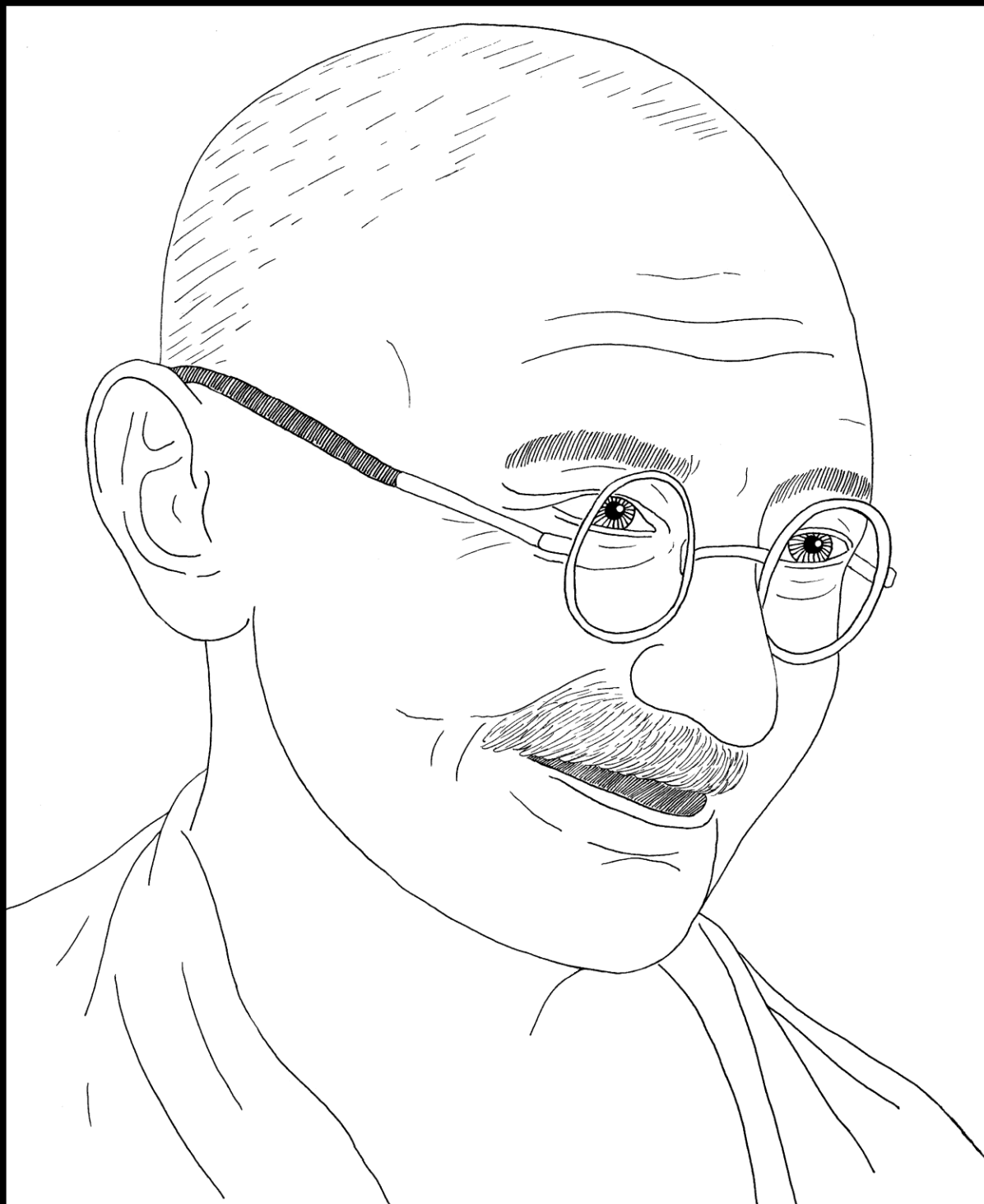
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**“Live simply so that others may simply live.”
-- Mohandas Gandhi**

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"The future belongs to those who understand that doing more with less is compassionate, prosperous, and enduring, and thus more intelligent, even competitive."

~ Paul Hawken

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"The ordinary arts we practice every day at home are of more importance to the soul than their simplicity might suggest."
Thomas More

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"One of the advantages of being born in an affluent society is that if one has any intelligence at all, one will realize that having more and more won't solve the problem, and happiness does not lie in possessions, or even relationships: The answer lies within ourselves. If we can't find peace and happiness there, it's not going to come from the outside."

-- Tenzin Palmo

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**"Too many people spend money they haven't earned,
to buy things they don't want, to impress people they don't like."
-- Will Rogers**

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"A little simplification would be the first step toward rational living, I think."
-- Eleanor Roosevelt

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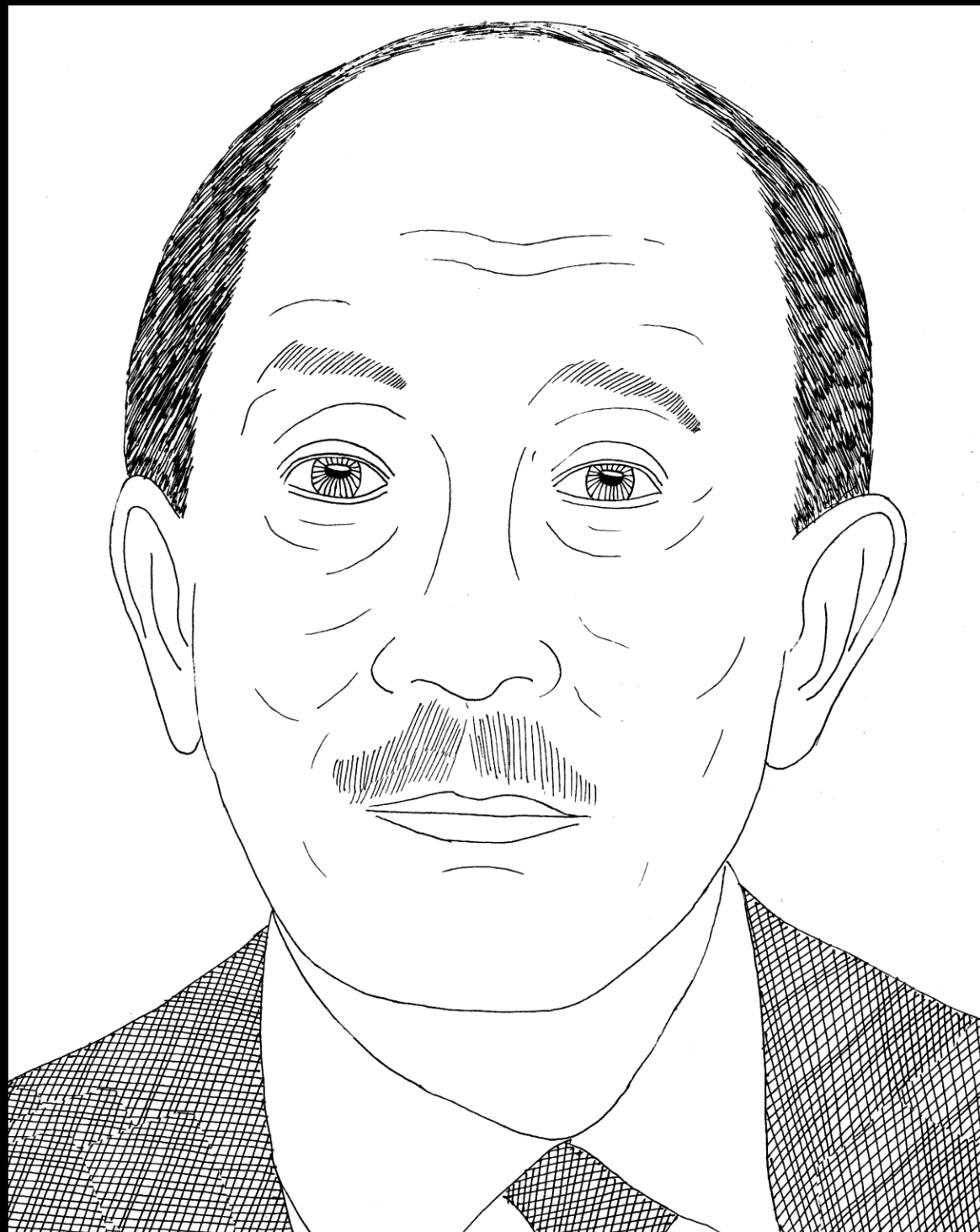
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**"Most people seek after what they do not possess
and are thus enslaved by the very things they want to acquire."
-- Anwar Sadat**

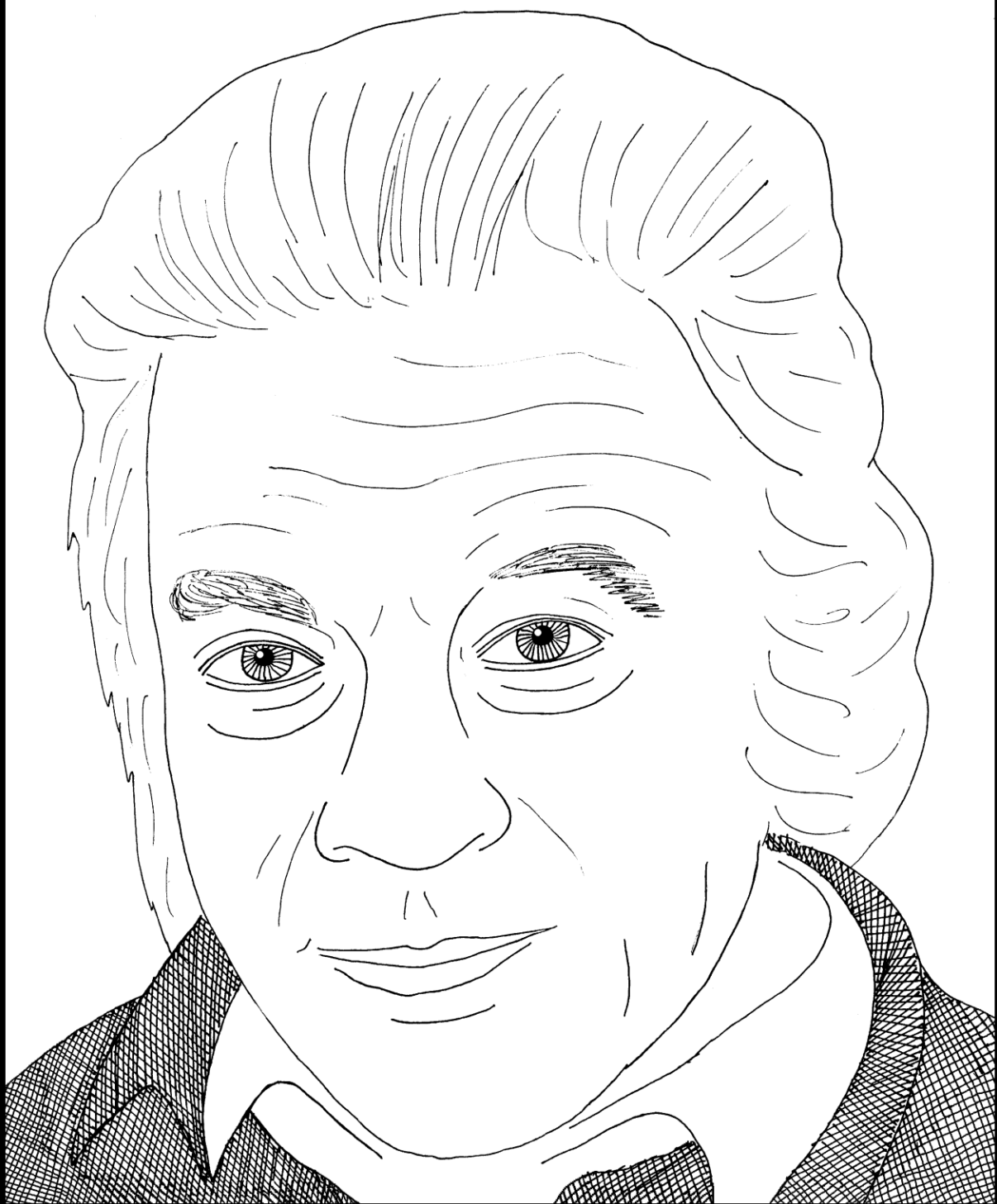
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"Any intelligent fool can make things bigger, more complex, and more violent. It takes a touch of genius—and a lot of courage—to move in the opposite direction."

~ E. F. Schumacher

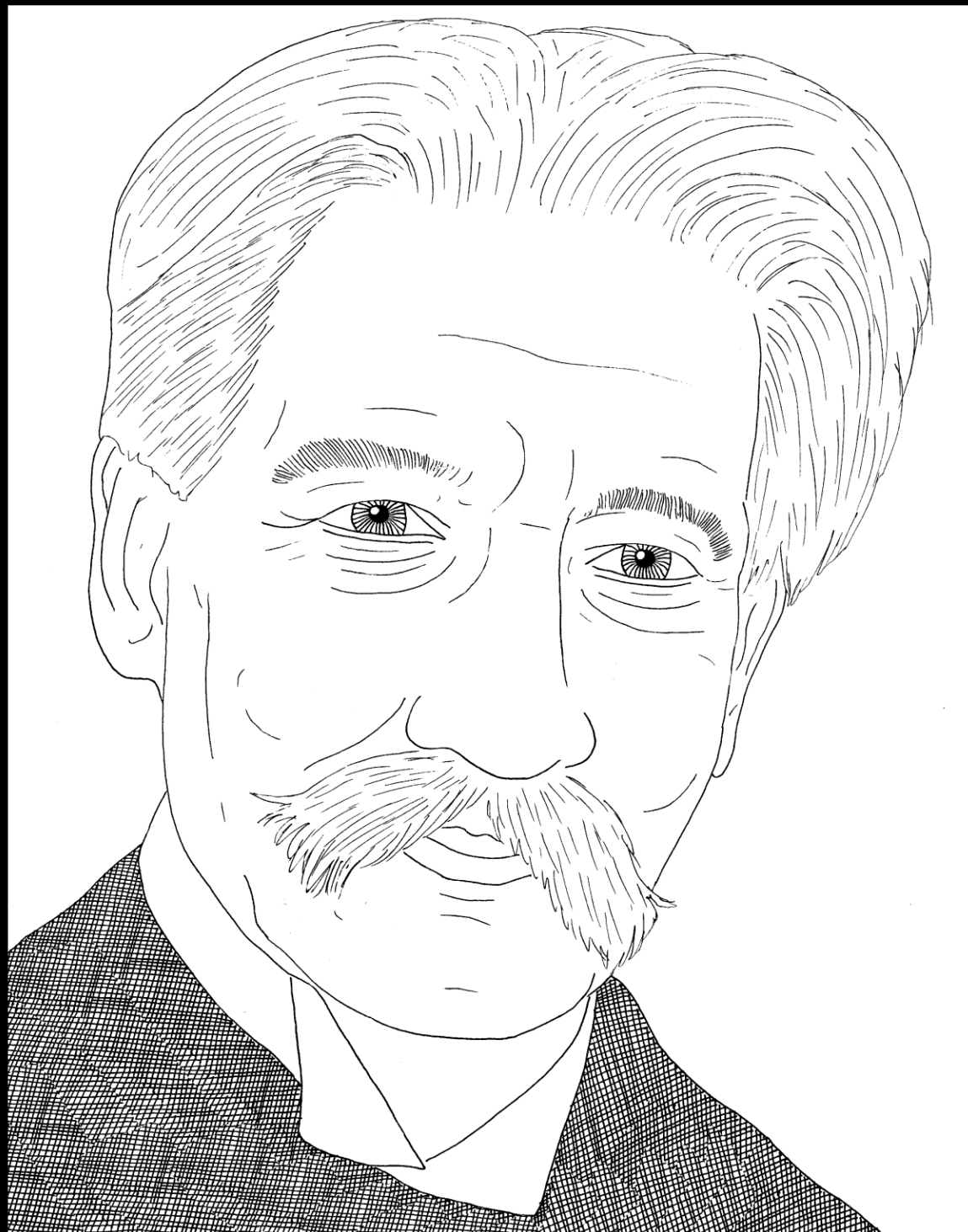
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**"From naive simplicity we arrive at more profound simplicity."
-- Albert Schweitzer**

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"Choosing simplicity is a way to refine your life, define your purpose, and lift you from the confines of ordinary existence..."

-- Robert Alan Silverstein

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"It's not funny at all that we do all that advertising for children. Why is advertising for children allowed? What possible reason can there be for having those effing adverts on ITV for all this crap that's made by poor people in poor countries that we sell our children who have too much?"

-- Emma Thompson

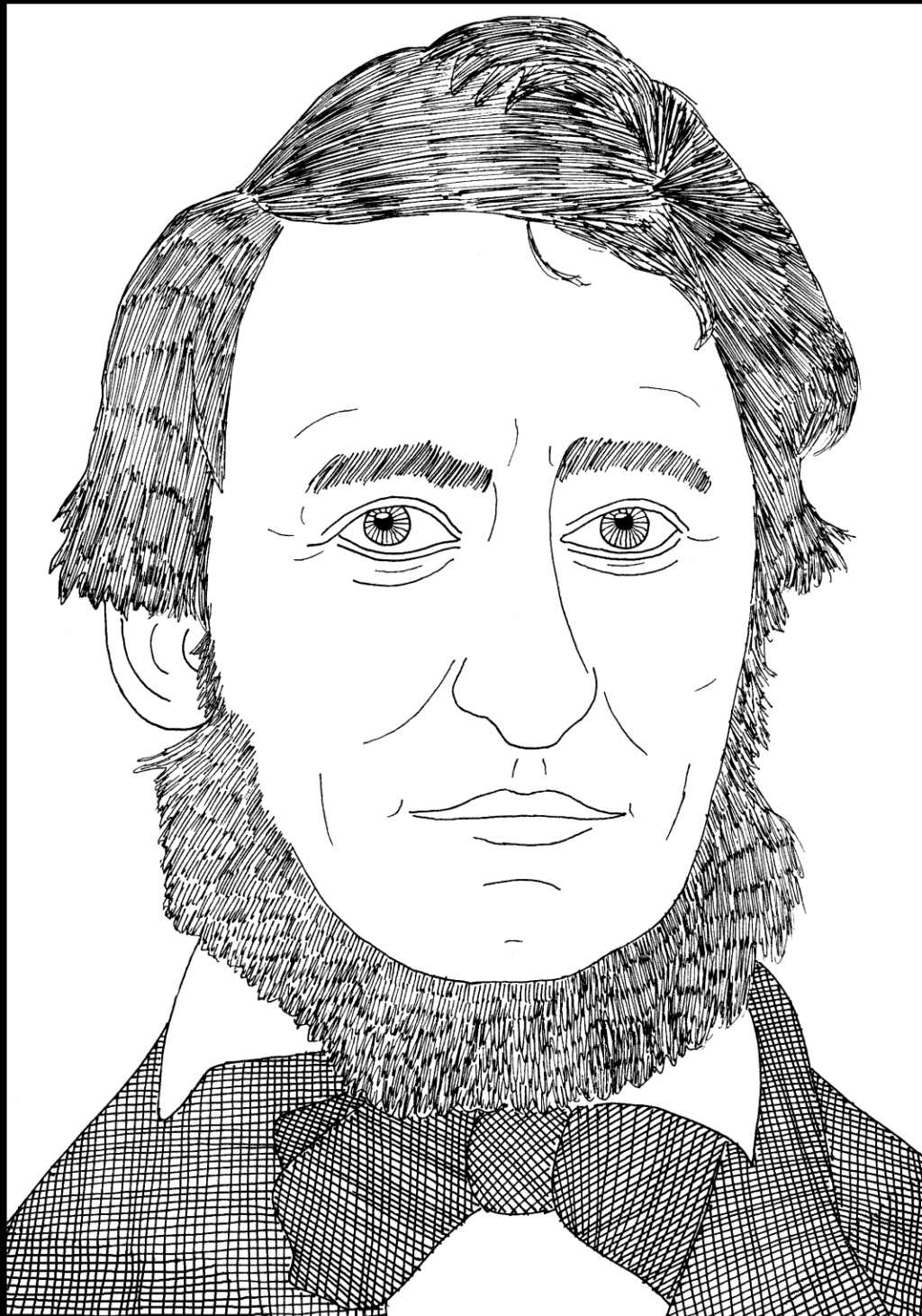
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**Go confidently in the direction of your dreams! Live the life you've imagined.
As you simplify your life, the laws of the universe will be simpler.
-- Henry David Thoreau**

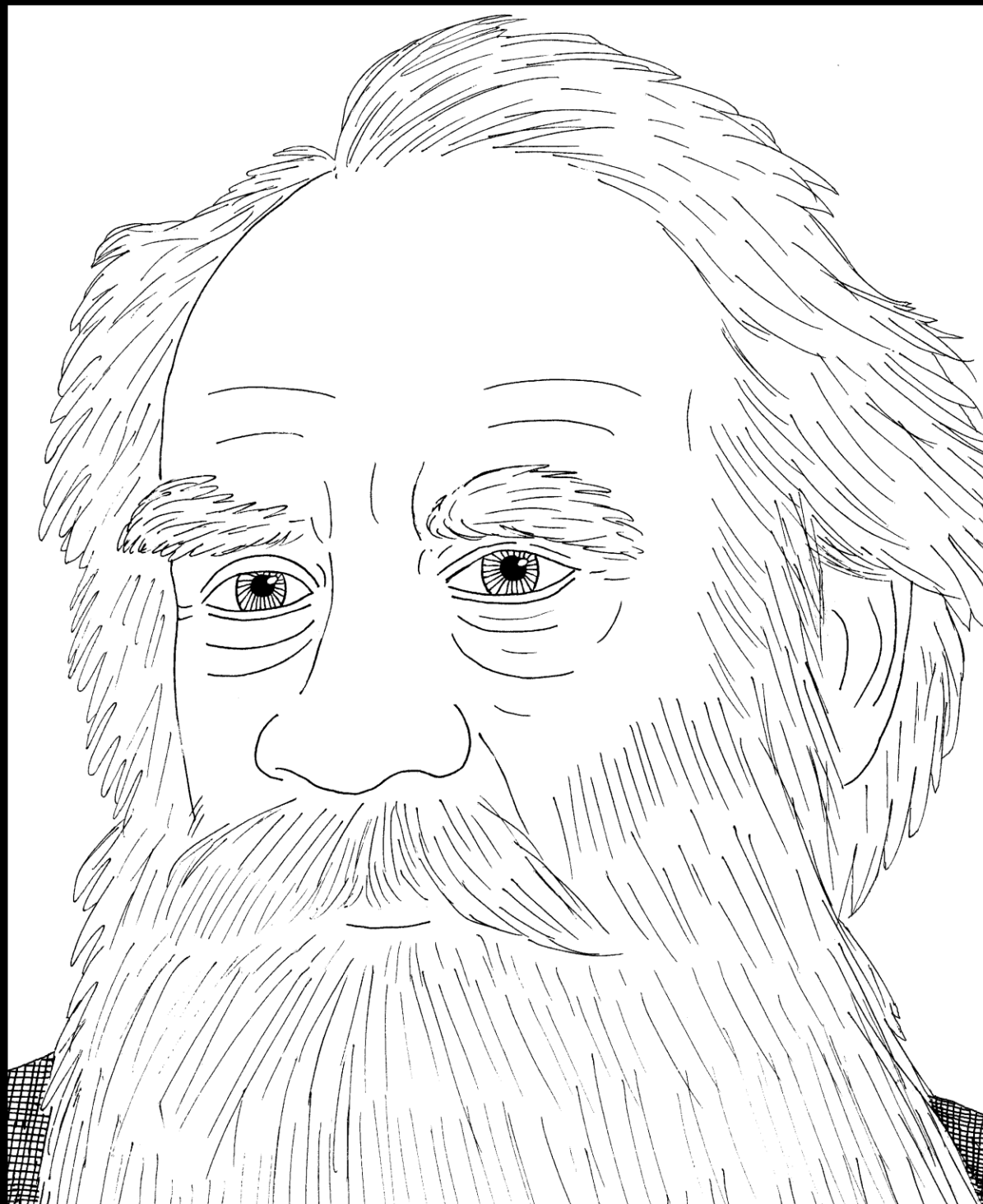
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**"There is no greatness where there is not simplicity, goodness, and truth"
-- Leo Tolstoy**

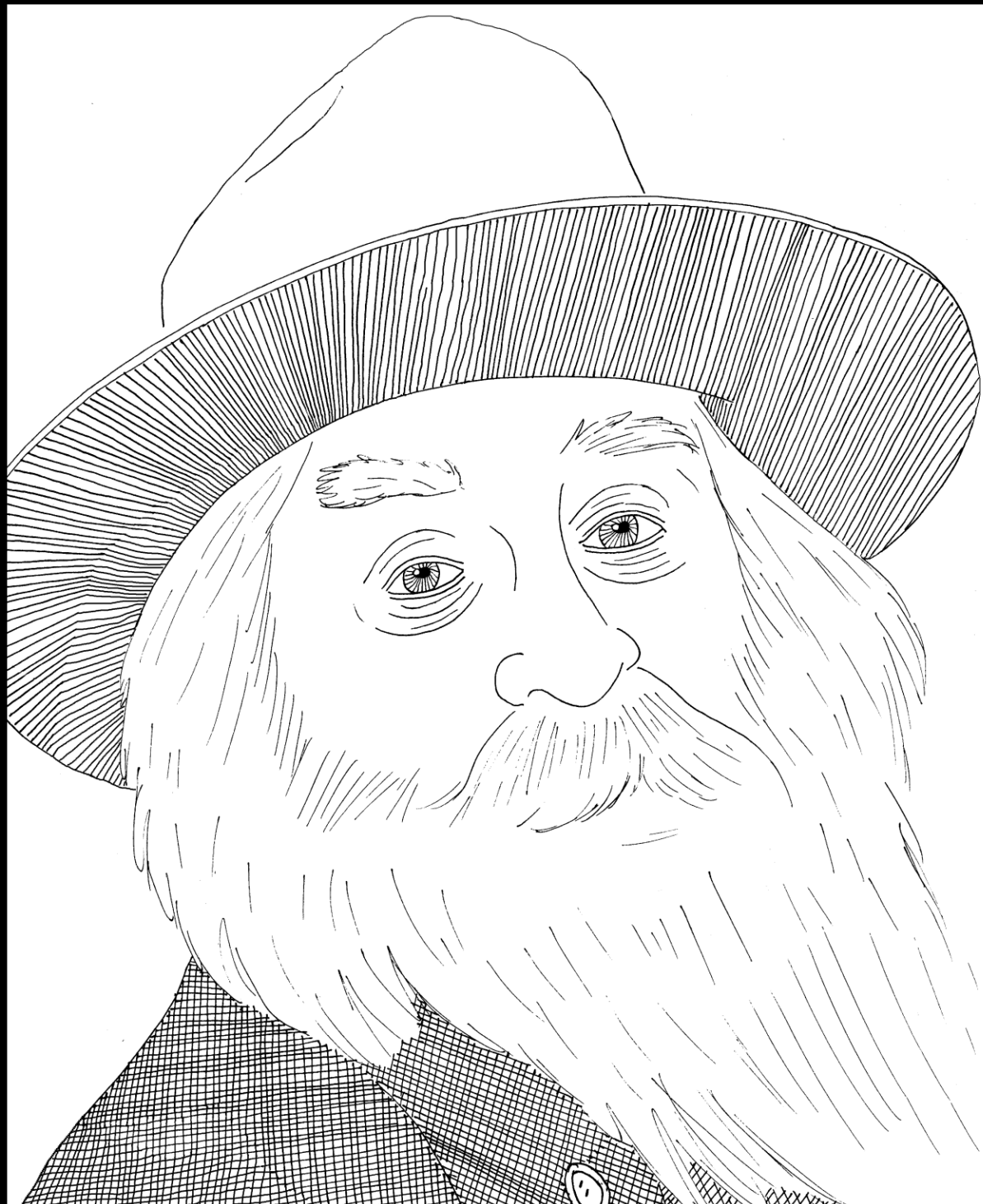
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**"Simplicity is the glory of expression."
~ Walt Whitman**

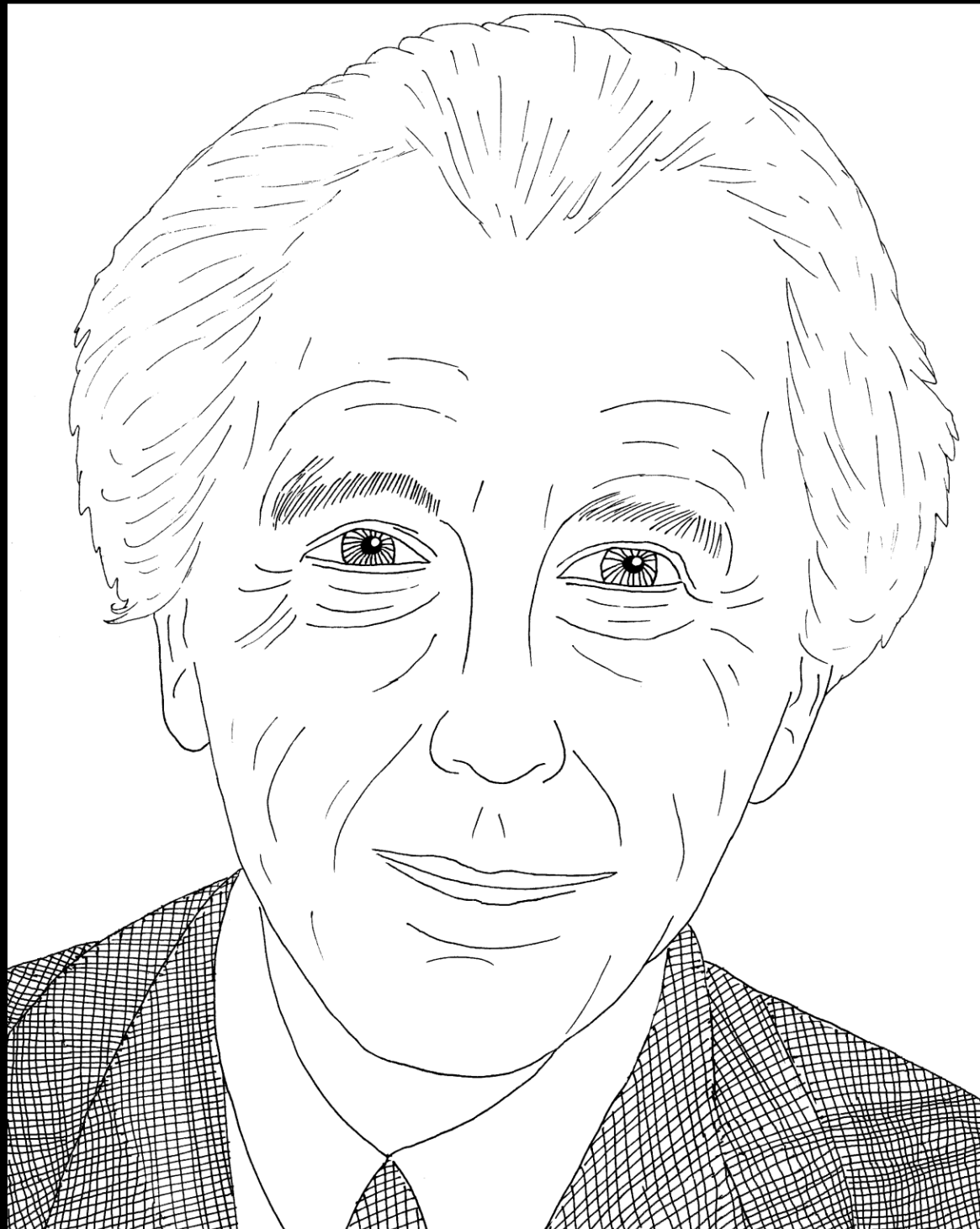
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**" 'Think simple' as my old master used to say -
meaning reduce the whole of its parts into the simplest terms,
getting back to first principles."**

-- Frank Lloyd Wright

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