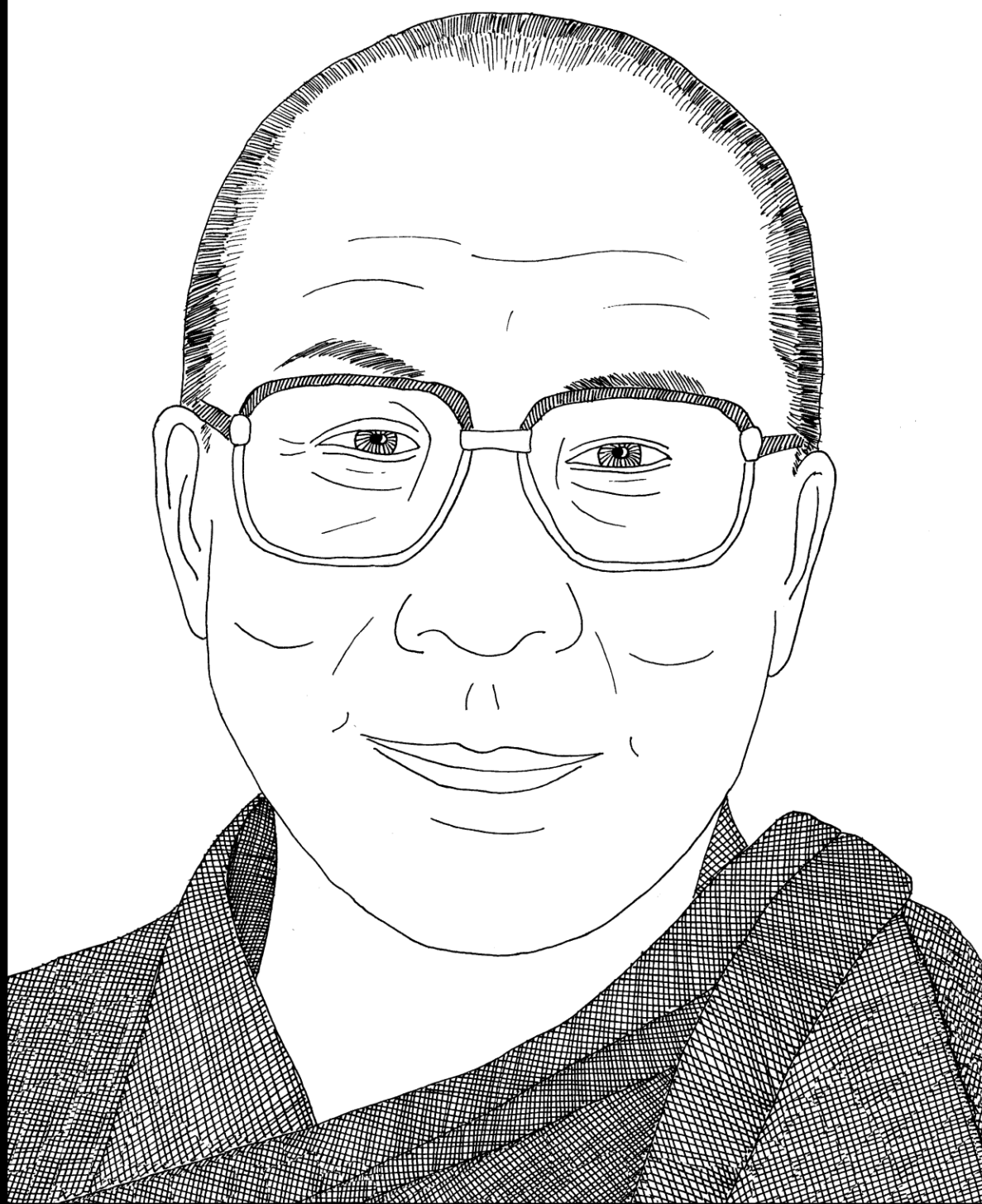


# WORLD KINDNESS DAY - NOVEMBER 13

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**"When we feel love and kindness toward others,  
it not only makes others feel loved and cared for,  
but it helps us also to develop inner happiness and peace."  
-- The Dalai Lama**

**Be a Hero for a Better World - [betterworld.net](http://betterworld.net)**

*...every act of compassion makes a difference...every day counts for a better world...*

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