

# FREEDOM DAY - FEBRUARY 1

MAKE A DIFFERENCE



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"There are two kinds of restrictions upon human liberty -- the restraint of law and that of custom. No written law has ever been more binding than unwritten custom supported by public opinion."  
-- Carrie Chapman Catt

**Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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