

# SEASON FOR NONVIOLENCE

JANUARY 30 - APRIL 4

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"I think the only choice that will enable us to hold to our vision. . .  
is one that abandons the concept of naming enemies and adopts a concept  
familiar to the nonviolent tradition: naming behavior that is oppressive."

-- Barbara Deming

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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