

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"It takes four generations to recover from every act of violence."
— Rebecca Adamson

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"...regardless of how complicated the problems might appear, it is possible to work through them and find solutions that are mutually satisfactory to every stakeholder in the problem. Most of the problems in this world are created by us and therefore we have the capacity and the obligation to create them."
— Helen Beards

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"That's all nonviolence is: organized love."
— Joan Bass

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"The world concerns those who take up arms to defend their causes and calls on them to use nonviolent means to change their government. But when a person chooses the nonviolent path, it is to do so only to seek not only to improve your situation."
— Sherry Carter Dale

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"We must look towards societies that set a high value on nonaggression and noncompetitive state, and therefore be conflicts by nonviolent means. We can see how child rearing patterns promote nonviolent adult behavior."
— Ellen Baubling

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"Non violence is not idealistic... it's not for the timid or weak... Non violence is hard work... it is the willingness to die... It is the path to life."
— Cesar Chavez

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"There is no hope for the aching world except through the narrow and straight path of nonviolence."
— Mahatma Gandhi

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"We have an historic opportunity for a great global healing and renewal. It will exceed the challenge of nonviolent action with both courage and determination, we can bring the great vision of a world united in peace and harmony from a distant dream into glowing reality."
— Martin Luther King Jr.

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"I believe in nonviolence as a way of life, as a way of being."
— Aung Mye Thein

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"The level of democracy depends on recognition of violence and the development of nonviolent means to combat evil and advance the good."
— J. Edgar Hoover

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"The essence of nonviolence is love. Out of love and the willingness to act selflessly, strategies, tactics, and techniques for a nonviolent struggle arise naturally. Nonviolence is not a dogma; it is a process."
— Thích Nhất Hạnh

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"Nonviolence is the answer for the questions of our time. Love will conquer evil every time."
— James Kragan

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"The power of nonviolence is not circumstance specific. It is an application to the power problems that exist in our time. It is a process that combined power allows in the past. It is not a substitute or a solution so much as a healing process. It is the active spiritual engine system of humanity."
— Barbara Williams

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"It is a world where a change in non-violence and confidence, the need to address that change without violence is essential for survival."
— Andrew Young

Be a Hero for a Better World - betterworld.net

What's Your BetterWorld Issue:

NONVIOLENCE

...make a difference...

Do One Thing for a Better World.

Together We Make a World of Difference!

© The Emily Fund
Distribute freely - no endorsement implied

DoOneThing.org - EmilyFund.org

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"Nonviolence is something very powerful, and the power behind it is not response, but the support of the people."
— Cesar Chavez

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"There is the alternative to war, and nonviolence should be seen as the antidote to violence, not simply as its opposite. Nonviolence is more concerned with ending the pain with loving care."
— Jesse Jackson

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"At the center of non-violence stands the principle of love."
— Martin Luther King Jr.

Be a Hero for a Better World - betterworld.net

BE A HERO FOR A BETTER WORLD



MAKE A DIFFERENCE

"I have had tremendous success in solving problems that were once thought to be unsolvable, not only through dialogue and our non-violence also means the recognition that the person on the other side of the fence and the enemy... they are one of the same as both human beings, with the same feelings. It is our goal that they must be taught to recognize their humanity."
— Aung Mye Thein

Be a Hero for a Better World - betterworld.net