

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIGROW  
DNE



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"Many times, a child's struggle against hunger begins before he or she is born because the mother is undernourished. Making sure prenatal care and proper nutrition are available for expectant mothers in need is a critical part of ending childhood hunger."  
-- Hector Elizondo

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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