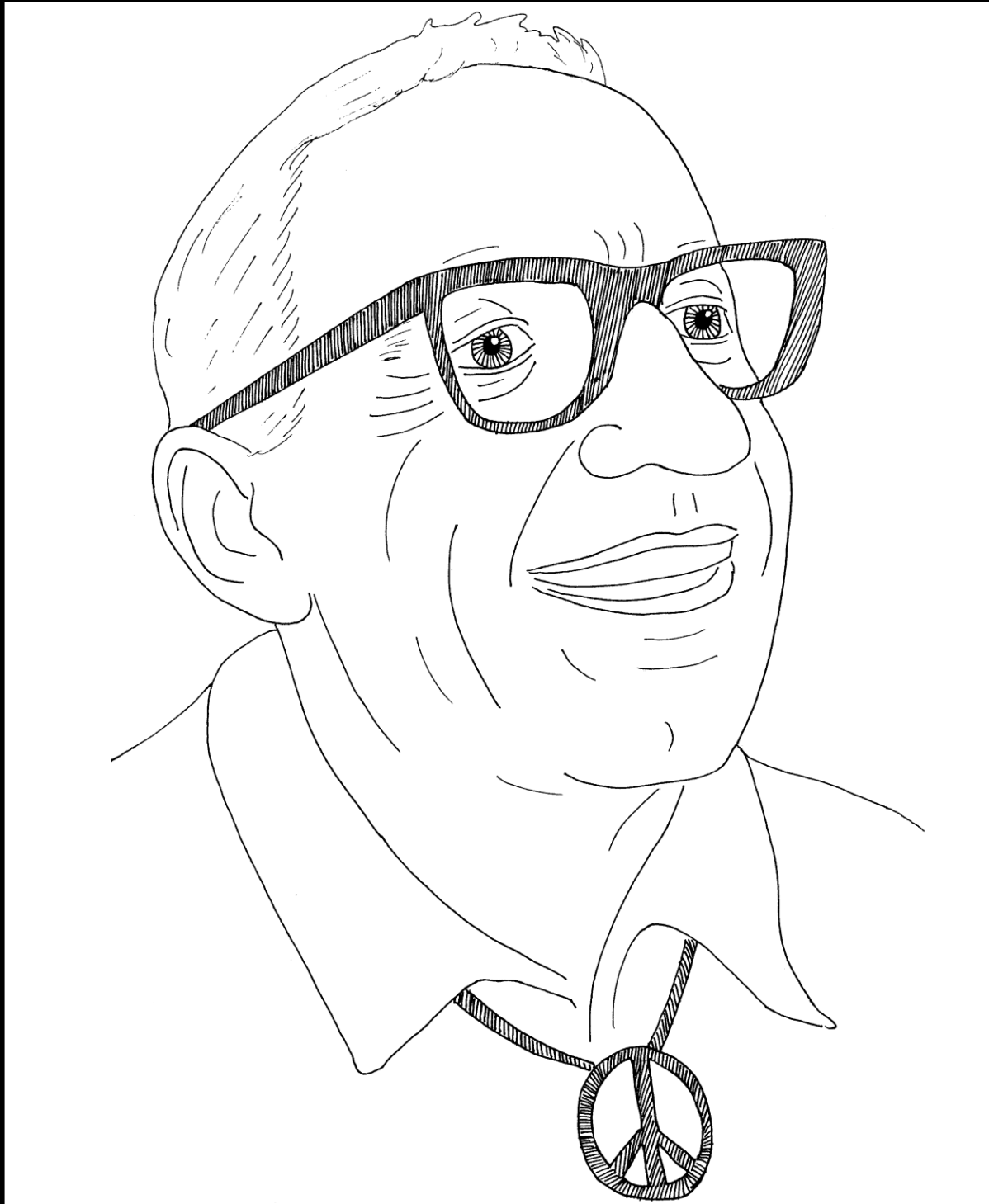


BE A HERO FOR A BETTER WORLD

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"Children who grow up getting nutrition from plant foods rather than meats have a tremendous health advantage. They are less likely to develop weight problems, diabetes, high blood pressure and some forms of cancer"

-- Dr. Benjamin Spock

Do One Thing for a Better World

...every act of compassion makes a difference... DoOneThing.org

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