

# **Be a Hero For a Better World**

**“At the end of the day,  
this is what is most important –  
having peace within one’s self,  
reflecting that outwards,  
and having a more  
peaceful and better world.  
If someone is not  
having enough food  
or a place to live,  
then they are not having  
peace of mind  
and they  
are not in peace.”  
~ Denise Scotto**



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