

# BE A HERO FOR A BETTER WORLD

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**"I reject the notion that I sit idly by while our cities rot;  
our minority people are oppressed, our elderly demeaned  
by semi-starvation and pauperism."**

**-- Mary Metlay Kaufman**

**BetterWorldHeroes.com**

...every act of compassion makes a difference...every day counts for a better world...

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