


BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"I can't think of any issue that is more important than working to see that no individual in this world goes hungry."  
— Steve Bartymore

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"The fact is that there is enough food in the world for everyone. But tragically, most of the world's food and feed resources are lost as a result of post-harvest losses. Double the yield of staple crops of 4 billion people could save 100 million lives and 1 billion dollars."  
— Walter Biele

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"Our work seeks to focus attention on the necessity of providing security for the global village, meeting its need for clean air, water, food and a healthy habitat, as well as helping create of water an opportunity and environment."  
— Rosalind Hurst

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"If you want to eliminate hunger, everybody has to be involved."  
— Renee

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"One of the greatest things in the world is knowing that no individual can make a difference. Ending hunger in America is a goal that is clearly within our grasp."  
— Jeff Braggs

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD



END WORLD HUNGER

"When people fight the poor, they put you down. When you ask why the poor have no food, they call you a communist."  
— Archbishop Desmond Tutu

BetterWorldCalendar.com

# What's Your BetterWorld Issue:

## WORLD HUNGER

...make a difference...


Do One Thing for a Better World.

Together We Make a World of Difference!

© The Emily Fund  
Distribute freely - no endorsement implied

DoOneThing.org - EmilyFund.org

BE A HERO FOR A BETTER WORLD



END WORLD HUNGER

"As a network, the United Nations can provide a platform for people to share their ideas and experiences. It's a great way to get your voice heard and to make a difference in the world."  
— Steve Joyce

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"Peace can only last where human rights are respected, where the people are fed and where individuals and nations are free."  
— Chiké Laine

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"Just because a child's parents are poor or uneducated is no reason to deprive the child of basic human rights to health care, education and proper nutrition."  
— Marian Wright Edelman

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"...worry you give some bread to get the starving fed..."  
— George Harrison

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD



END WORLD HUNGER

"Rich who are hungry do poorly in school and are unlikely to grow into productive adults. For families, experience hunger means living in a world of isolation and shame. Going hungry must go and so must this program."  
— Mohandas Gandhi

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"There's enough on this planet for everyone's needs. But not for everyone's greed."  
— George Soros

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"When a poor person dies of hunger, it has not happened because food did not take care of him or her. It has happened because neither you nor I wanted to give that person what he or she needed."  
— Mother Teresa

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD



END WORLD HUNGER

"The people of many countries are being held to the point of poverty and starvation. To enable governments to step up in a small race in armaments."  
— Frank O. Gehring

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"With the help of folks like you and me, hunger international focuses the problem of hunger one body at a time with gifts of renewable resources from awards that are ongoing sources of food and income."  
— Steve Jobs

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD




END WORLD HUNGER

"When a poor person dies of hunger, it has not happened because food did not take care of him or her. It has happened because neither you nor I wanted to give that person what he or she needed."  
— Mother Teresa

BetterWorldCalendar.com

BE A HERO FOR A BETTER WORLD

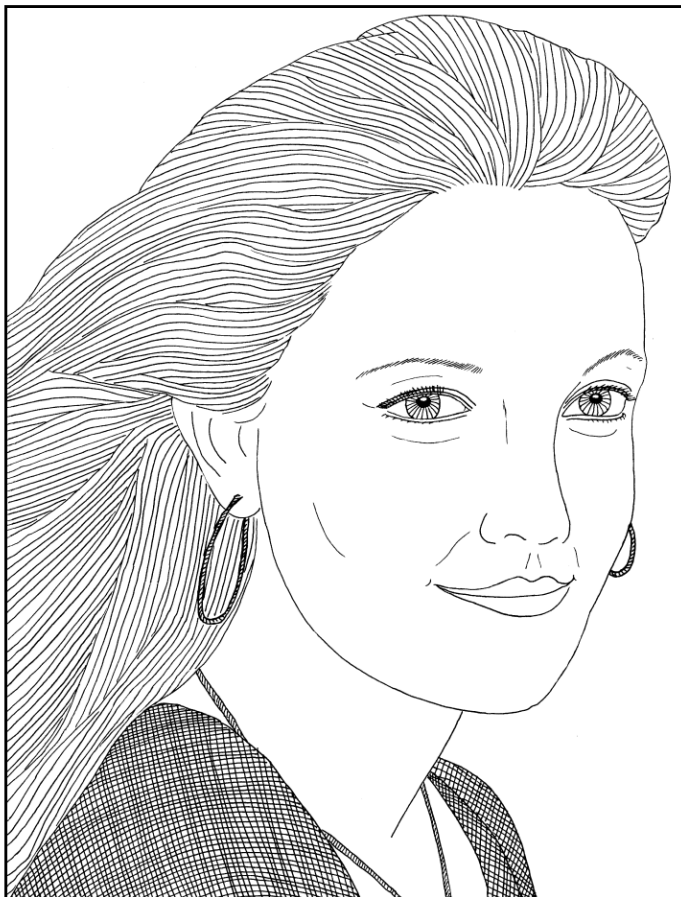


END WORLD HUNGER

"...Just a fraction of what is estimated as necessary to address hunger and end a world of suffering. We must act on our own, to be successful, and to give the chance to be fulfilled and happy lives."  
— Archbishop Desmond Tutu

BetterWorldCalendar.com

# WHAT'S YOUR BETTERWORLD ISSUE? ENDING WORLD HUNGER



"I can't think of any issue that is more important than working to see that no schoolchild in this world goes hungry."  
-- Drew Barrymore

More than 850 million people in the world go hungry, and as many as 35 million of them are Americans! Worldwide, some estimate that 40 million people die each year because of hunger and diseases related to malnutrition -- and many of them are children!

There is more than enough food in the world so that no one need ever go hungry. Those who wish for a more peaceful, just and sustainable world are helping to make ending world hunger a major priority. In fact, all of the world's leaders agreed to cut the number of starving people in half by the year 2015 as the first priority of the Millennium Development Goals.

World Food Day (End Hunger Day) was adopted by the UN to commemorate the founding of the Food and Agriculture Organization (FAO) of the United Nations on October 16, 1945. The official goal of the day is to "heighten public awareness of the world food problem and strengthen solidarity in the struggle against hunger, malnutrition and poverty."

**Together, WE CAN END HUNGER!**

## Do One Thing for a Better World

- Organize a food drive for a local food bank.
- Volunteer at a soup kitchen.
- Ask your supermarket to donate food to a local food bank.
- Get permission to display resources at lunch or in your school lobby.
- Support organizations working to end world hunger.
- Share DO ONE THING Cards.

## Organizations Helping End Hunger

- Alliance To End Hunger ([alliancetoendhunger.org](http://alliancetoendhunger.org))
- America's Second Harvest ([secondharvest.org](http://secondharvest.org))
- End Hunger Network ([endhunger.com](http://endhunger.com))
- Feeding Minds.Fighting Hunger ([feedingminds.org](http://feedingminds.org))
- Food For All ([foodforall.org](http://foodforall.org))
- Oxfam America ([oxfamamerica.org](http://oxfamamerica.org))
- World Hunger Year ([worldhungeryear.org](http://worldhungeryear.org))

Free Online: [EndHungerBook.com](http://EndHungerBook.com)

## DO ONE THING

The Emily Fund - Education, Mentorship, Inspiration, Leadership, Youth for a better world

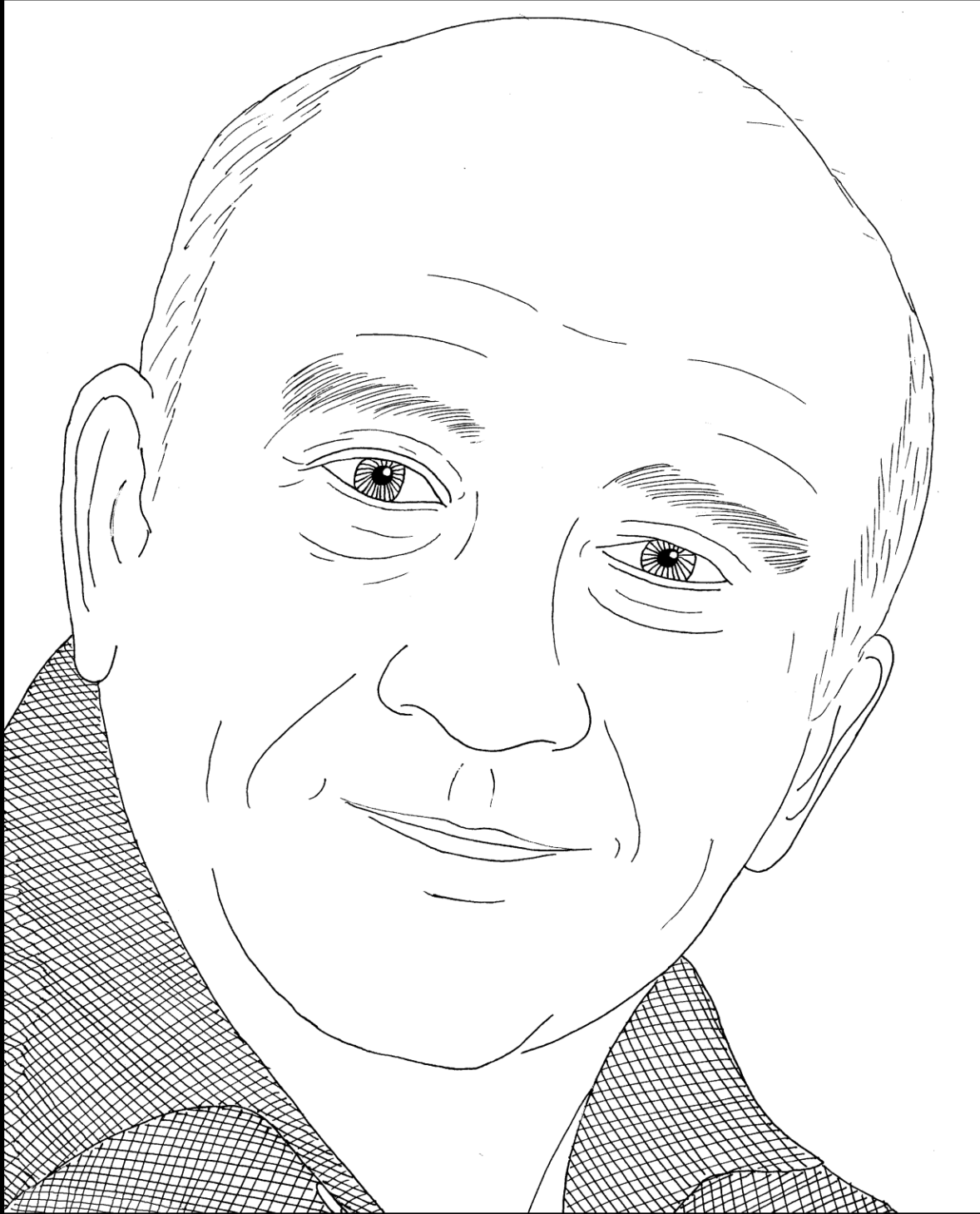
[DoOneThing.org](http://DoOneThing.org) - [EmilyFund.org](http://EmilyFund.org)

© The EMILY Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



**BE A HERO FOR A BETTER WORLD**

**E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
Y**



**E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
Y**

**"There are genuinely sufficient resources in the world to ensure that no one, nowhere, at no time, should go hungry."  
-- Edward Asner**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
E  
R



E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
E  
R

"A man not only needs to know how to fish, he needs to have the freedom to do it and a place to do it. That's where community comes in. We have to help each other, and we feel government has a very important role therein."

-- Bill Ayres

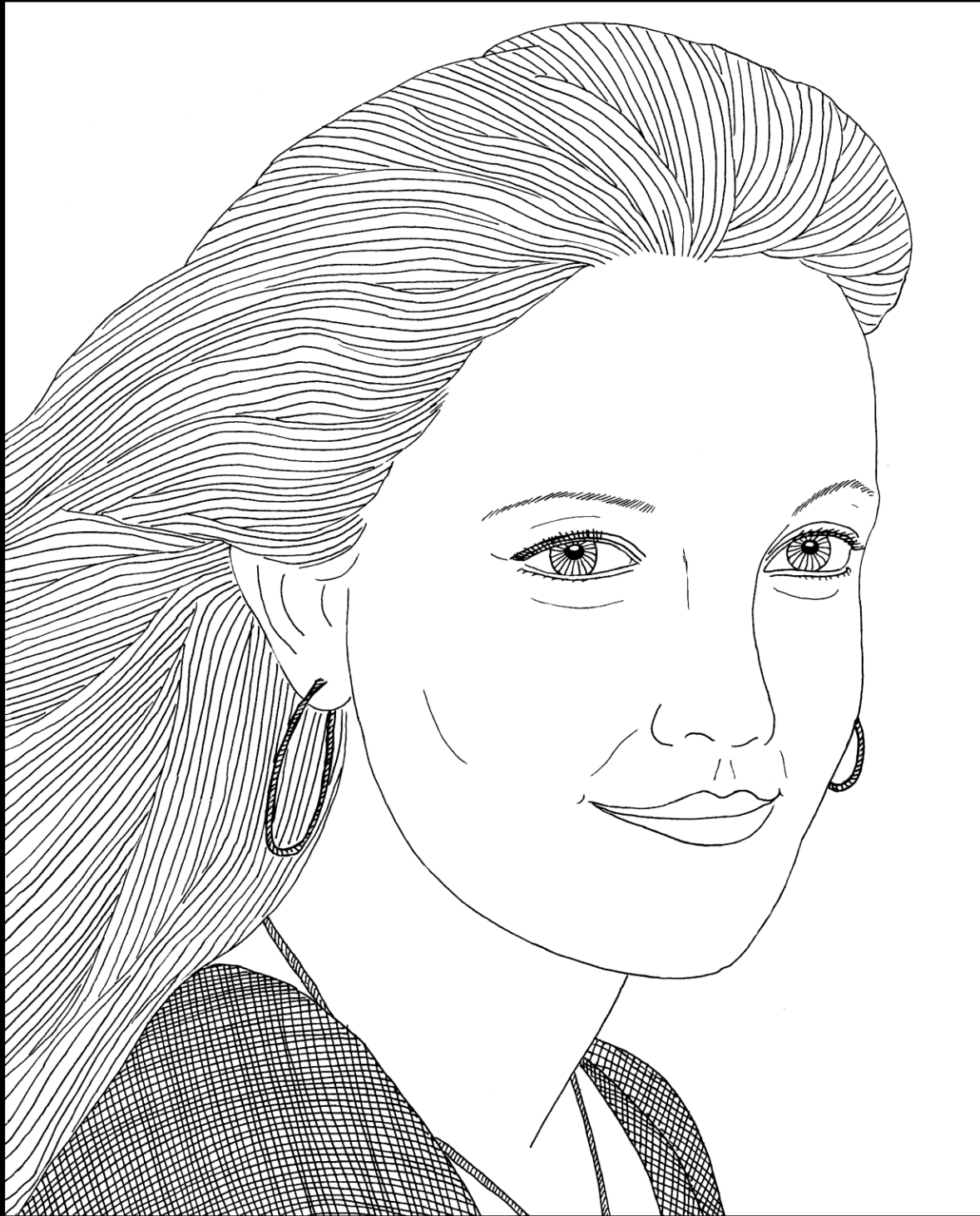
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
Y**



**W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
Y**

**"I can't think of any issue that is more important than working to see that no schoolchild in this world goes hungry."  
-- Drew Barrymore**

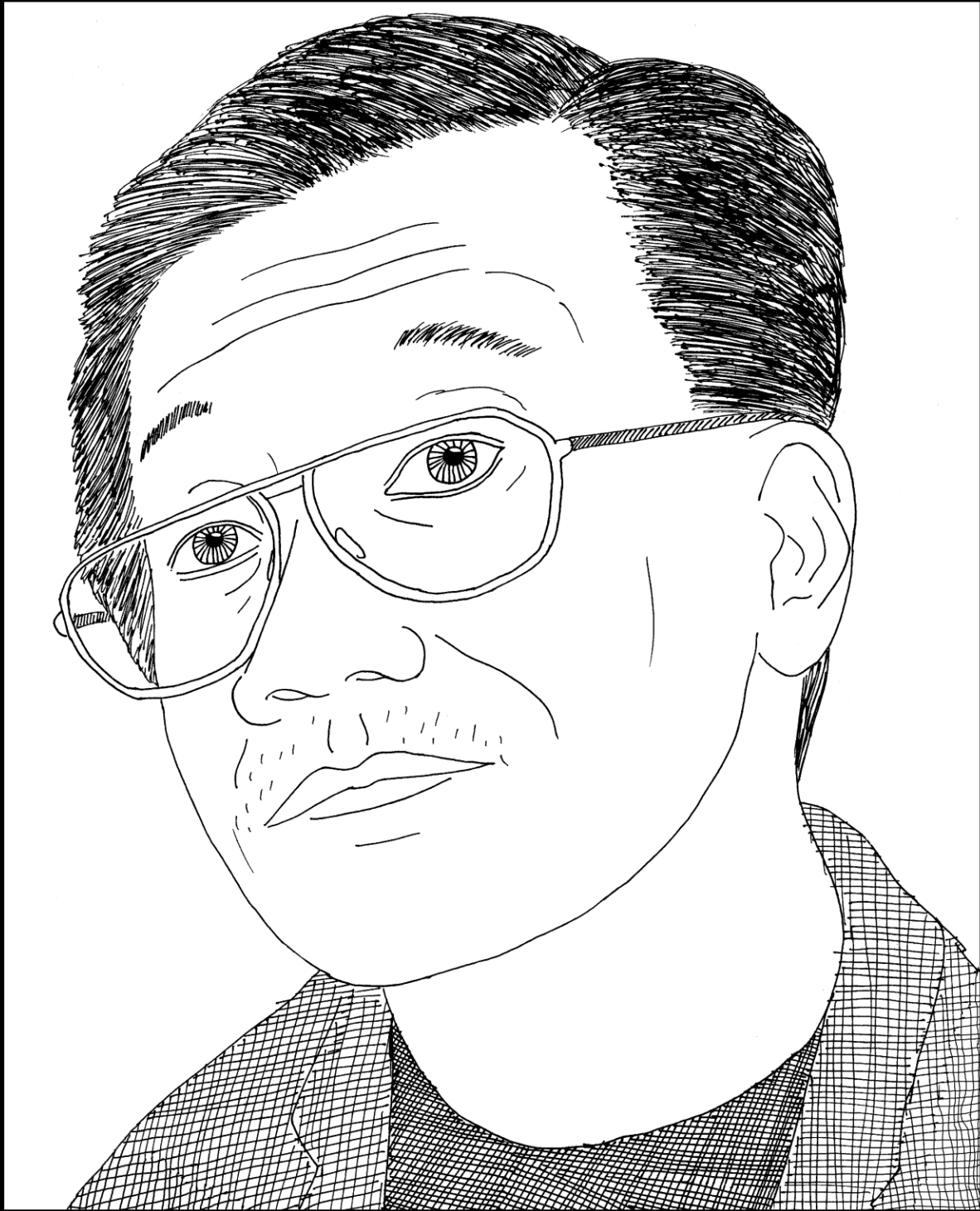
**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

"The fact is that there is enough food in the world for everyone. But tragically, much of the world's food and land resources are tied up in producing beef and other livestock--food for the well off--while millions of children and adults suffer from malnutrition and starvation."

-- Dr. Walden Bello

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
E  
R



E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
E  
R

"...peace hangs senselessly and precariously upon weapons costing billions to build and billions to improve — weapons which become more useless as we add to their destructive force.

With this money we could have fed the world's people."

-- Daniel Berrigan

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
Y



W  
O  
R  
L  
D  
H  
U  
N  
G  
R  
Y

"Our work seeks to focus attention on the necessity of developing security for the global village, meeting its need for clean air, water, food and a healthy habitat, as well as fostering clarity of vision on cooperation and development."

-- Rosalie Bertell

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



**BE A HERO FOR A BETTER WORLD**

**E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R**



**E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R**

**"If you want to eliminate hunger, everybody has to be involved."  
-- Bono**

**Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

**"...the first essential component of social justice  
is adequate food for all mankind.  
Food is the moral right of all who are born into this world."  
-- Norman Borlaug**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**E  
N  
D  
T  
H  
E  
R  
E  
I  
S  
E  
N  
D  
I  
N  
G  
H  
U  
N  
G  
E  
R**



**E  
N  
D  
T  
H  
E  
R  
E  
I  
S  
E  
N  
D  
I  
N  
G  
H  
U  
N  
G  
E  
R**

**"One of the greatest feelings in the world is knowing  
that we as individuals can make a difference.  
Ending hunger in America is a goal that is literally within our grasp."  
-- Jeff Bridges**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

"Most of our citizenry believes that hunger only affects people who are lazy or people who are just looking for a handout, people who don't want to work, but, sadly, that is not true. Over one-third of our hungry people are innocent children who are members of households that simply cannot provide enough food or proper nutrition."

-- Erin Brockovich

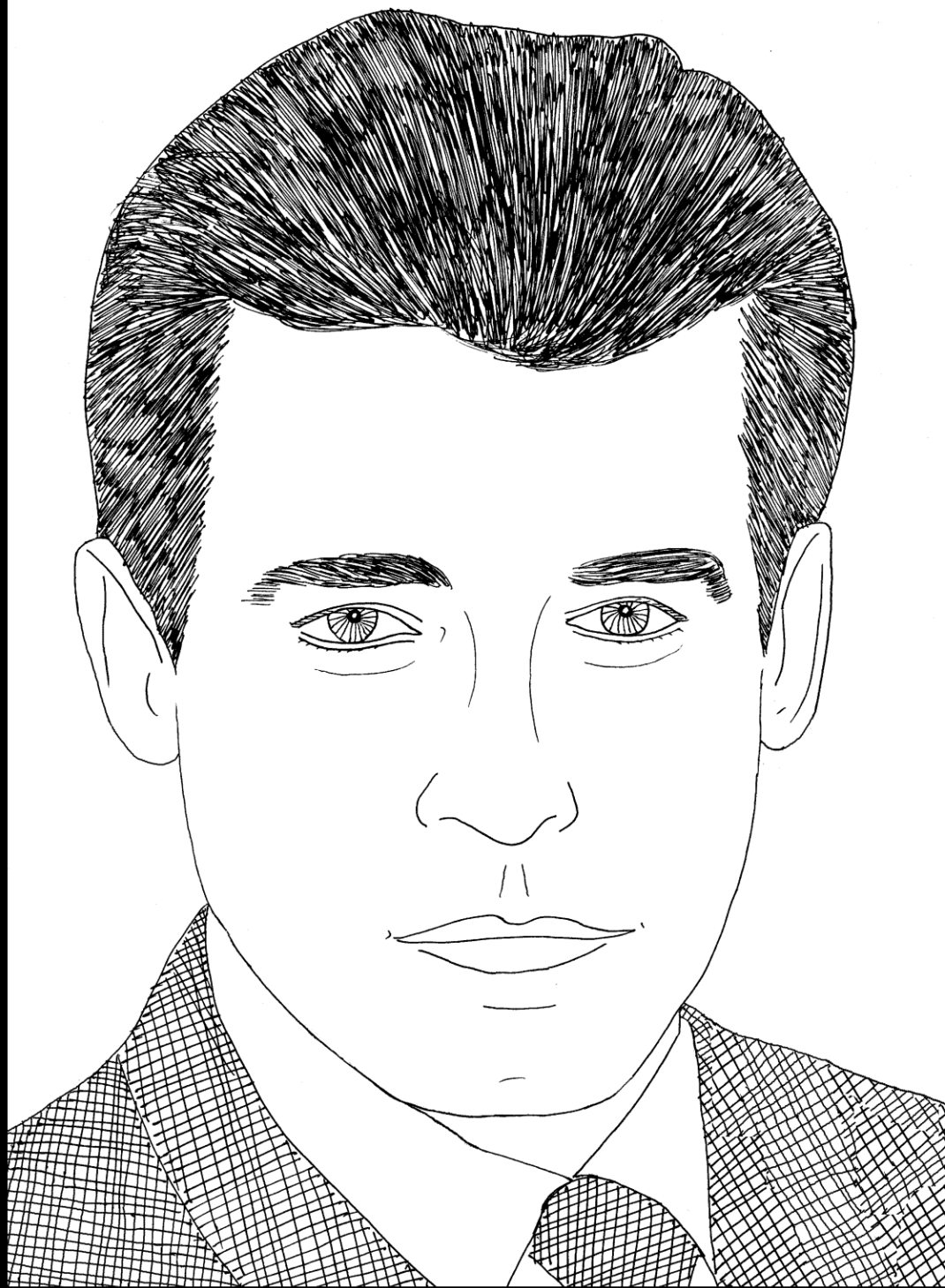
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

**"Many people think that hunger is unavoidable in any society, even a society that is blessed with great abundance. That is not true. The European community does not have widespread hunger. America, which leads the world in so many ways, can end childhood hunger within its borders."**

**-- Pierce Brosnan**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E M E M B E R  
D O N O R S  
D I D  
T H E  
B E S T



R E M E M B E R  
D O N O R S  
D I D  
T H E  
B E S T

**"You cannot tackle hunger, disease, and poverty unless you can also provide people with a healthy ecosystem in which their economies can grow."**

**-- Gro Brundtland**

## **Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

**BE A HERO FOR A BETTER WORLD**

**R  
E  
M  
E  
M  
B  
E  
R  
D  
O  
N  
O  
R  
S**



**R  
E  
M  
E  
M  
B  
E  
R  
D  
O  
N  
O  
R  
S**

**"There will never cease to be ferment in the world  
unless people are sure of their food."  
-- Pearl S. Buck**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
OUR  
WORLD



RECOGNIZE  
OUR  
WORLD

"Peace, to have meaning for many who have known only suffering in both peace and war, must be translated into bread or rice, shelter, health, and education, as well as freedom and human dignity - a steadily better life."

-- Ralph Bunche

## Do One Thing for a Better World

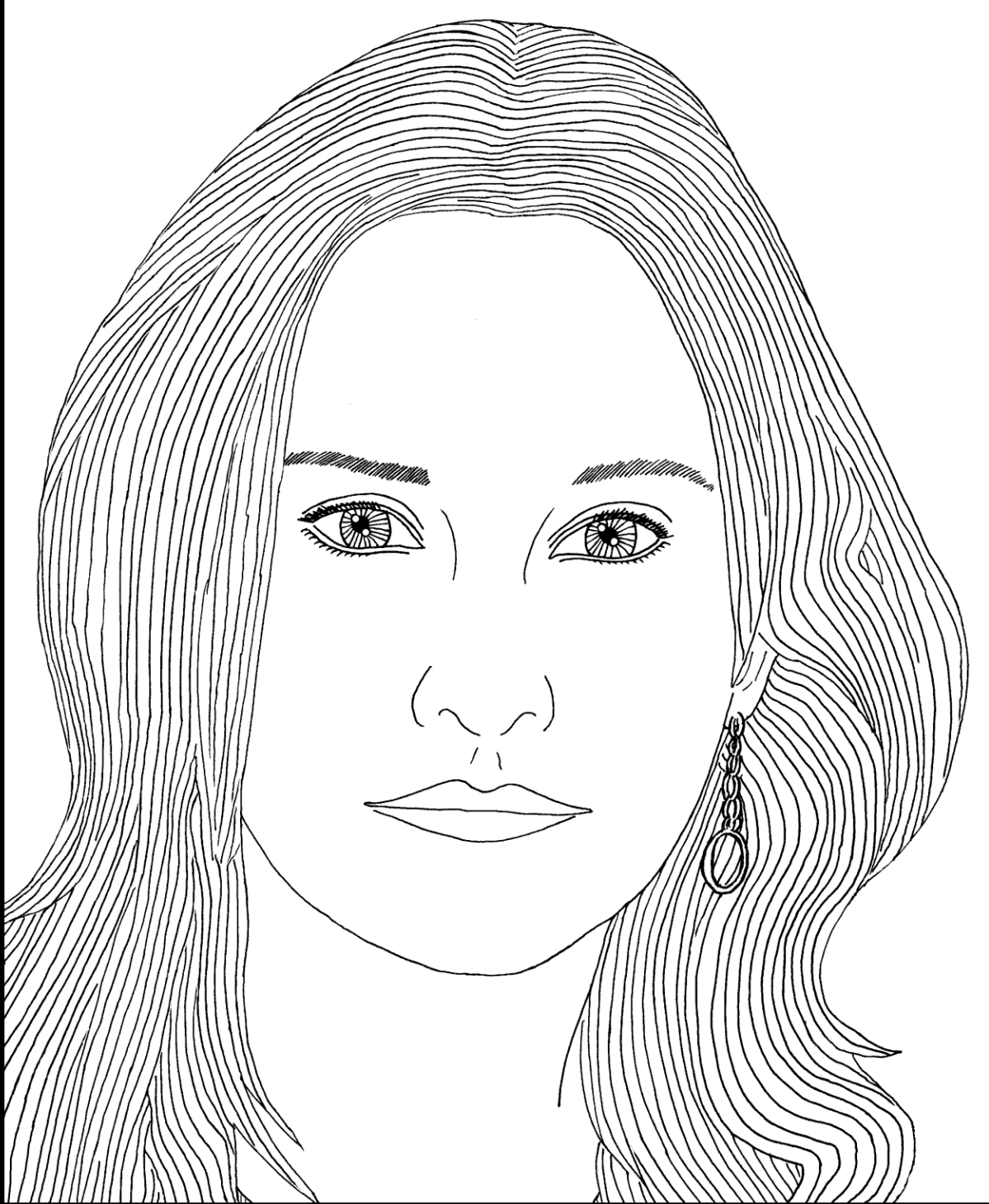
...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



**BE A HERO FOR A BETTER WORLD**

**R E G I S T E R  
D O N O R**



**R E G I S T E R  
D O N O R**

**"People don't see hunger in front of them so they are not directly affected.  
What I am doing is connecting young people to the issue."**

**-- Lauren Bush**

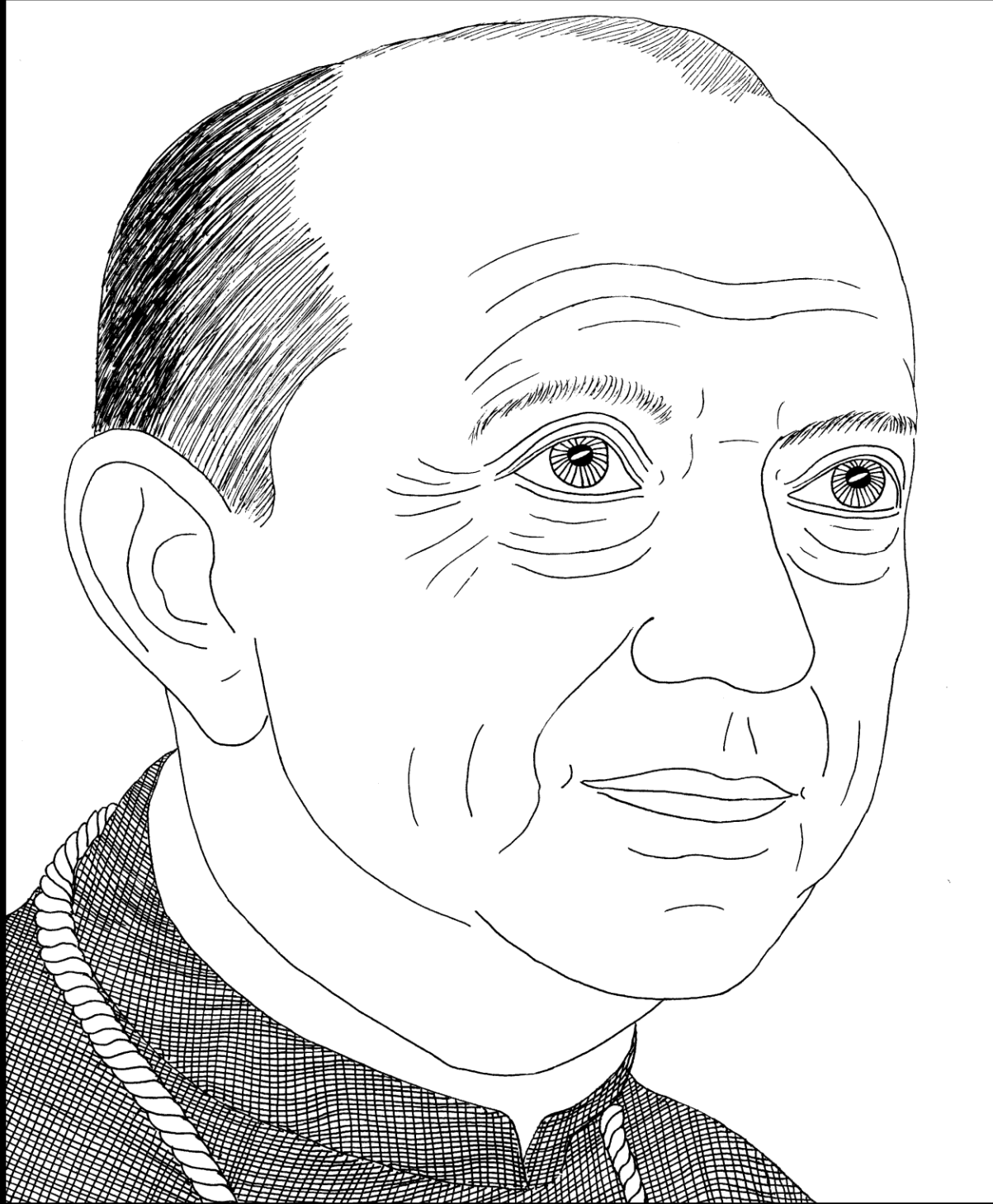
**Do One Thing for a Better World**

**...every act of compassion makes a difference... DoOneThing.org**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

**BE A HERO FOR A BETTER WORLD**

**R E G I S T E R  
D O N O R**



**R E G I S T E R  
D O N O R**

**"When you give food to the poor, they call you a saint.  
When you ask why the poor have no food, they call you a communist."  
-- Archbishop Hélder Câmara**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

RE  
GN  
IZ  
E  
H  
UN  
G  
ER  
D  
O  
R  
W  
O  
R  
L  
D



RE  
GN  
IZ  
E  
H  
UN  
G  
ER  
D  
O  
R  
W  
O  
R  
L  
D

**"The best way to help people prevent hunger is in self help programs."  
-- Wallace Campbell, CARE Co-Founder**

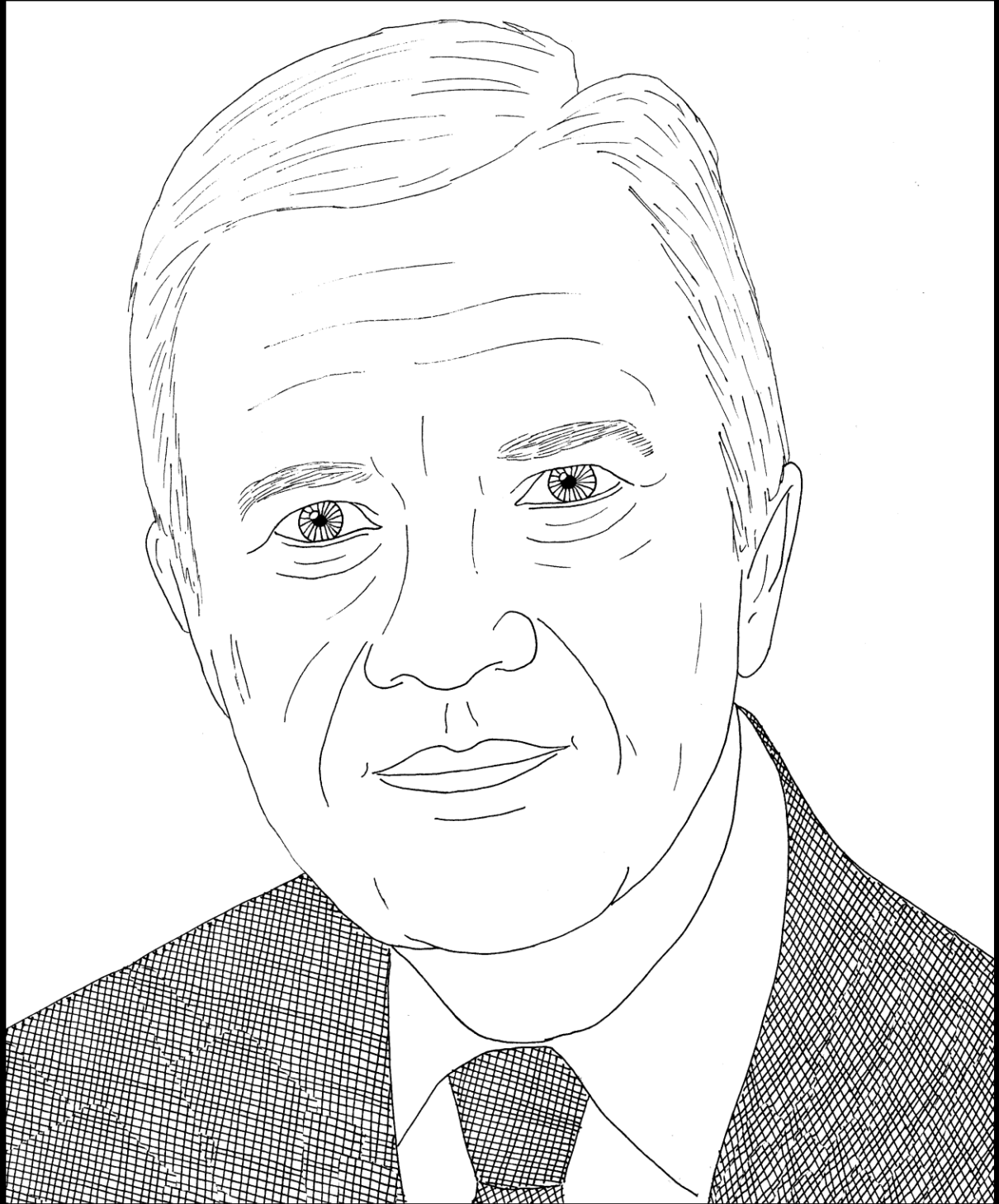
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**R E G I S T E R  
D O N O R**



**R E G I S T E R  
D O N O R**

**"We know that a peaceful world cannot long exist,  
one-third rich and two-thirds hungry."**

**-- Jimmy Carter**

**Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R S



E N D  
W O R L D  
H U N G E R

"If we can muster up that degree of commitment and get away from the uniquely American perception that if something can't be done immediately it isn't worth doing, then I think the Hunger Movement, this small but growing minority of us, can have a truly significant impact."

-- Harry Chapin

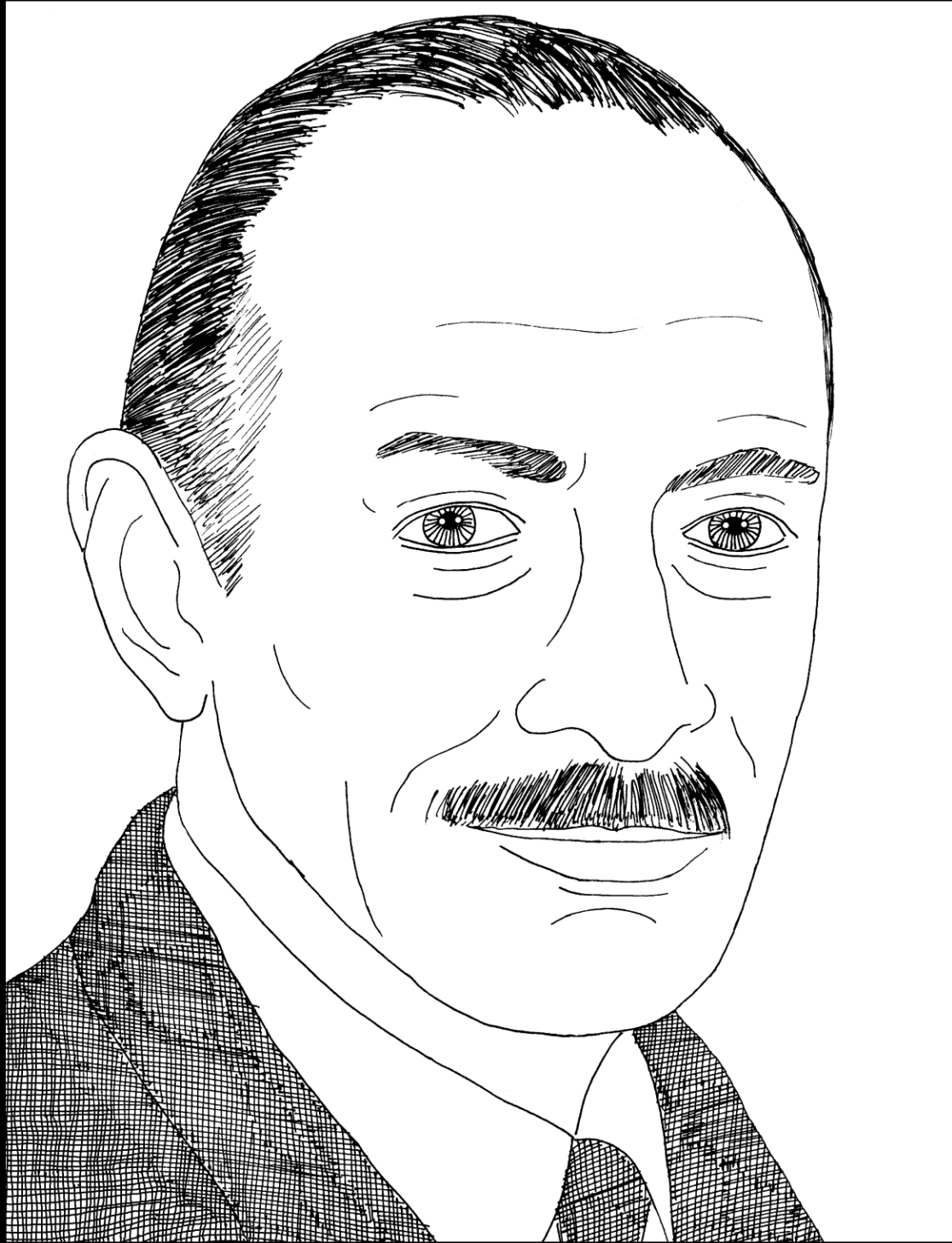
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

E  
N  
D  
W  
O  
R  
L  
D  
R  
E  
G  
N  
C  
H  
E  
R



E  
N  
D  
W  
O  
R  
L  
D  
R  
E  
G  
N  
C  
H  
E  
R

"Untold numbers of our friends, our neighbors, our parents, and our children, are hoping that there is more understanding, more generosity, more genuine friendship, and more caring among people of all faiths and cultures."

-- John Conyers

## Do One Thing for a Better World

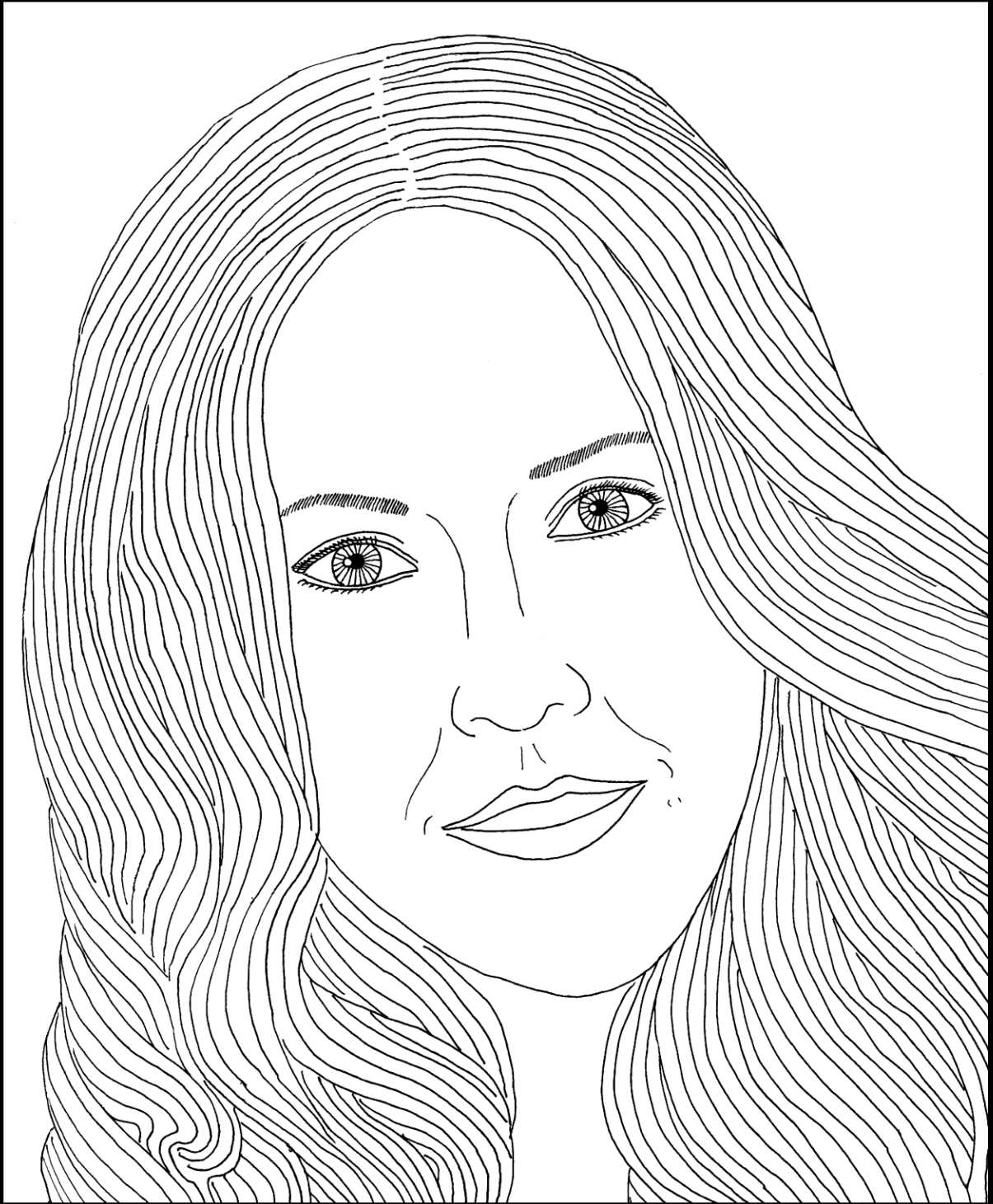
...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R

R E G I S T E R  
D O N O R



"In a nutshell, this United Nations non-profit organization [World Food Programme] feeds millions of starving children at schools in third world countries as an incentive for them to attend school, which in turn might better their futures."

-- Sheryl Crow

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R**



**E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R**

**"We need to stop the dying and start the living;  
stop the hunger and start the hoping."**

**-- Penelope Cruz**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**



# BE A HERO FOR A BETTER WORLD

R  
E  
G  
I  
S  
T  
E  
R  
E  
D  
I  
T  
O  
R  
S



R  
E  
G  
I  
S  
T  
E  
R  
E  
D  
I  
T  
O  
R  
S

"UNICEF is helping mothers realize their dreams for the future — a future in which the basic needs for a child's survival: food, clean water and simple health care — are guaranteed."  
-- Jane Curtin

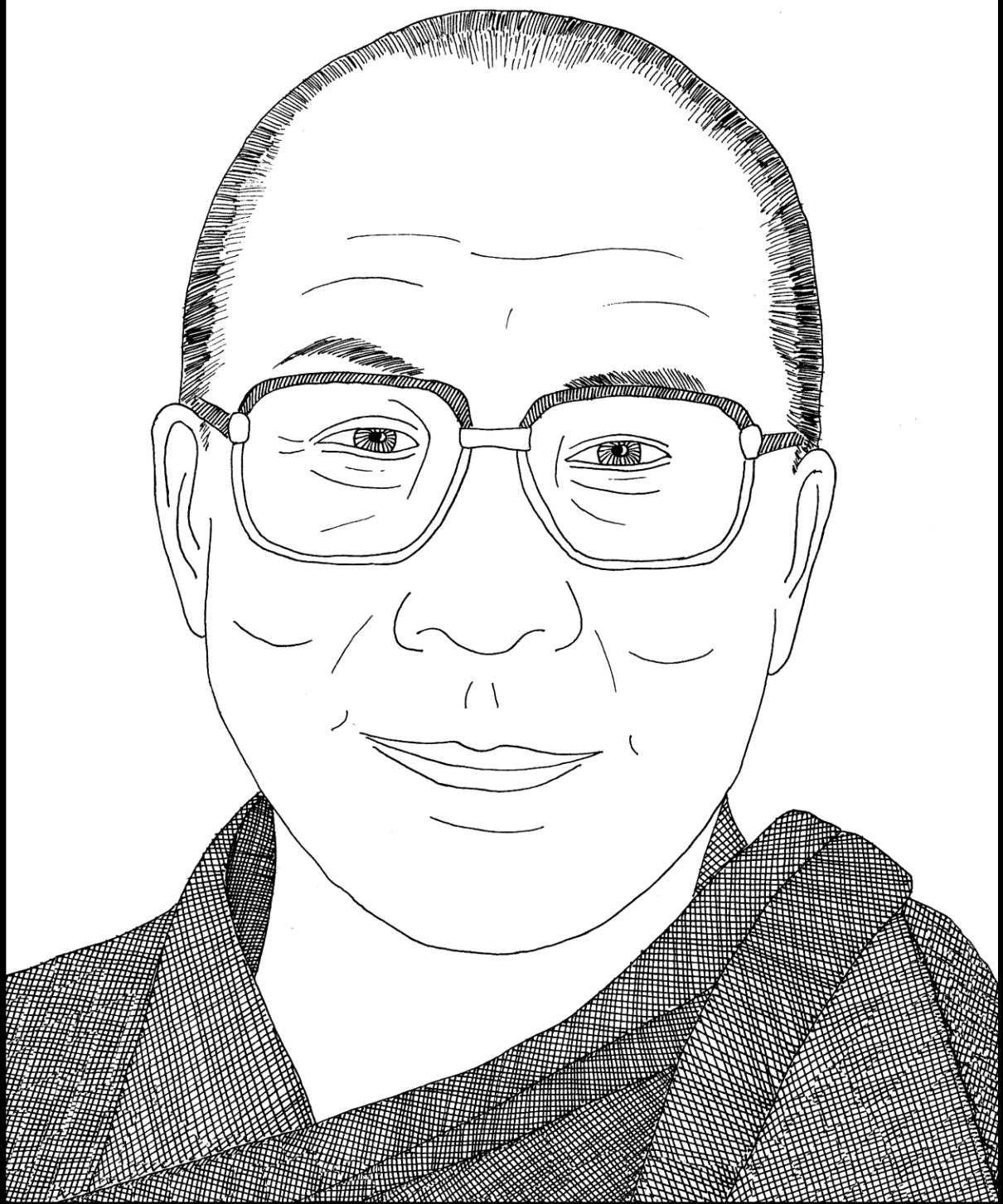
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

"Peace can only last where human rights are respected,  
where the people are fed,  
and where individuals and nations are free."

-- Dalai Lama

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

"Kids who are hungry do poorly in school and are unlikely to grow into productive adults. For families, experiencing hunger means living in a world of isolation and shame.

Caring citizens must put an end to this disgrace."

-- Ted Danson

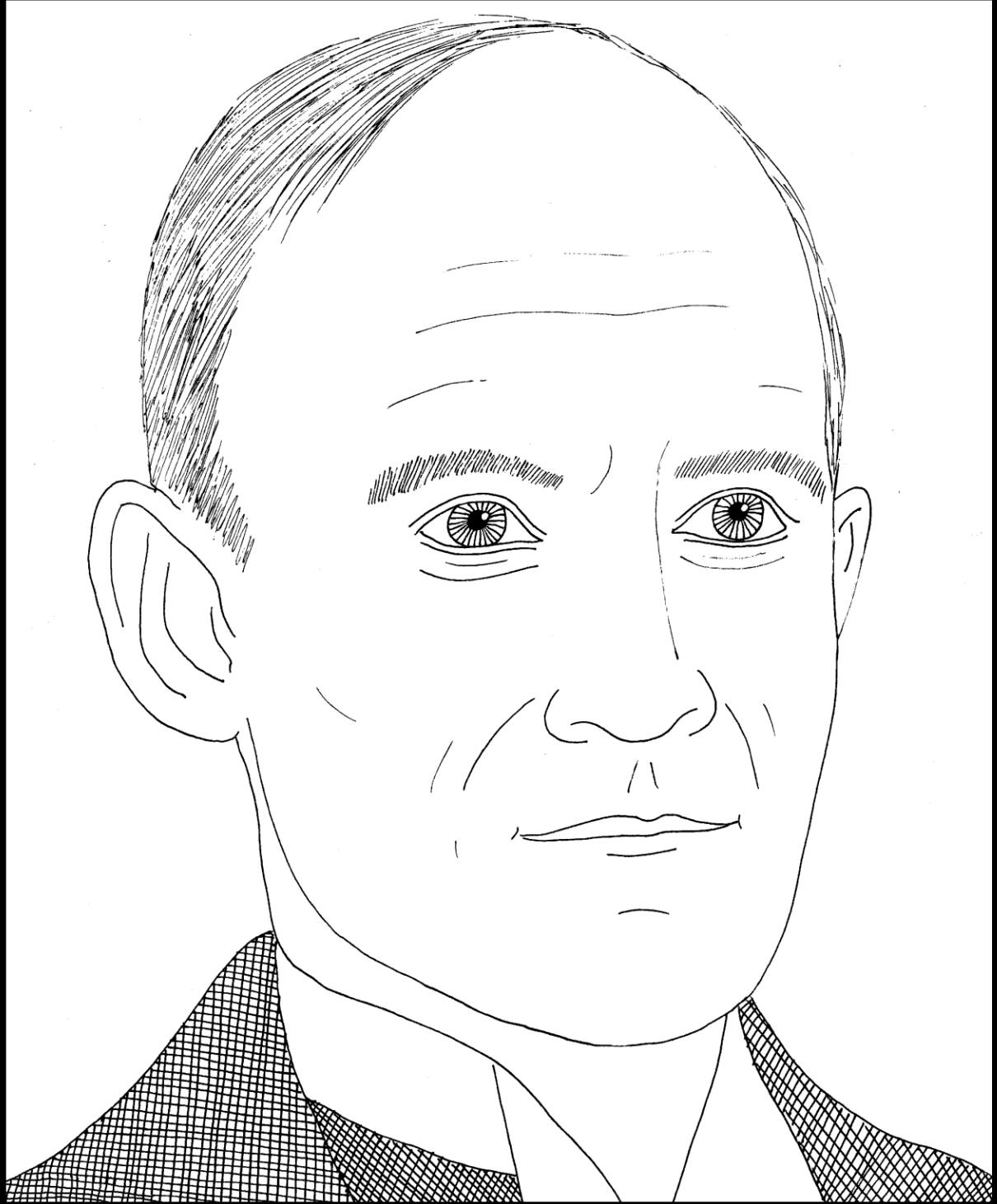
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RE  
CO  
GN  
IT  
E  
THE  
W  
O  
R  
L  
D  
F  
O  
R  
O  
U  
R  
B  
E  
T  
T  
E  
R  
W  
O  
R  
L  
D



RE  
CO  
GN  
IT  
E  
THE  
W  
O  
R  
L  
D  
F  
O  
R  
O  
U  
R  
B  
E  
T  
T  
E  
R  
W  
O  
R  
L  
D

"Yes, I am my brother's keeper. I am under a moral obligation to him that is inspired, not by any maudlin sentimentality but by the higher duty I owe myself. What would you think me if I were capable of seating myself at a table and gorging myself with food and saw about me the children of my fellow beings starving to death."  
-- Eugene V. Debs

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIGNITY  
DROPPED



RECOGNIZE  
DIGNITY  
DROPPED

"Imagine what it might do to the human spirit to know that we have conquered hunger as a world wide societal issue?"  
-- John Denver

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

**"Just because a child's parents are poor or uneducated is no reason to deprive the child of basic human rights to health care, education and proper nutrition."**

**-- Marian Wright Edelman**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIFROW  
DNE



RECOGNIZE  
DIFROW  
DNE

"Every gun that is made, every warship launched, every rocket fired signifies, in the final sense, a theft from those who hunger and are not fed, those who are cold and are not clothed."

-- Dwight D. Eisenhower

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D I R O W  
D N E



R E G I S T E R  
D I R O W  
D N E

"Many times, a child's struggle against hunger begins before he or she is born because the mother is undernourished. Making sure prenatal care and proper nutrition are available for expectant mothers in need is a critical part of ending childhood hunger."  
-- Hector Elizondo

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



**BE A HERO FOR A BETTER WORLD**

**R E C O G N I Z E  
D I F F E R E N C E**



**R E C O G N I Z E  
D I F F E R E N C E**

**"Clean water and health care and school and food  
and tin roofs and cement floor, all of these things should  
constitute a set of basics that people must have as birthrights."  
-- Dr. Paul Farmer**

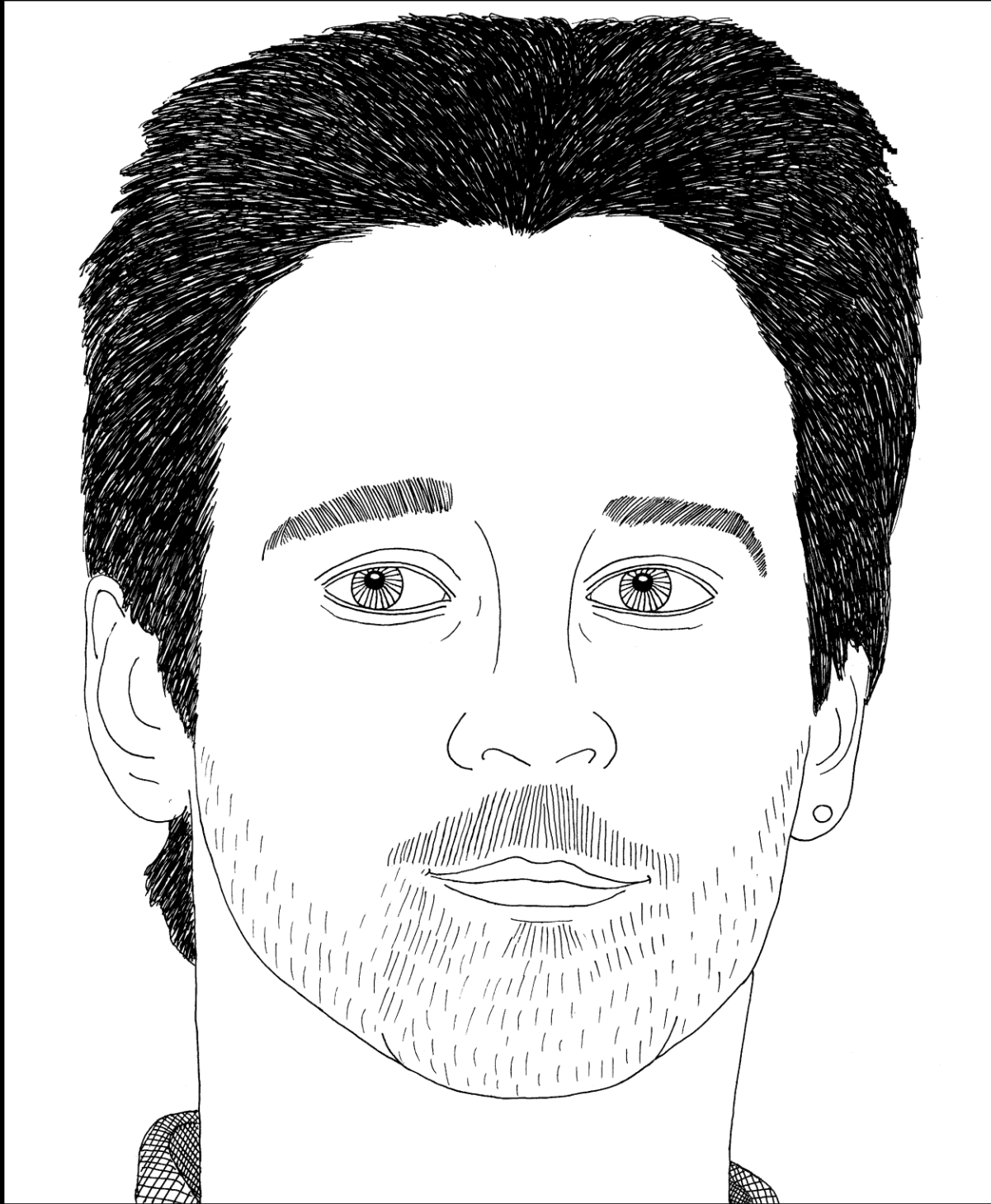
**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

**BE A HERO FOR A BETTER WORLD**

**RECOGNIZE  
DROPPING  
DROPPING  
DROPPING**



**RECOGNIZE  
DROPPING  
DROPPING  
DROPPING**

**"Every week a tsunami rips through poor towns and villages all over the world ... That tsunami is hunger."  
-- Colin Farrell**

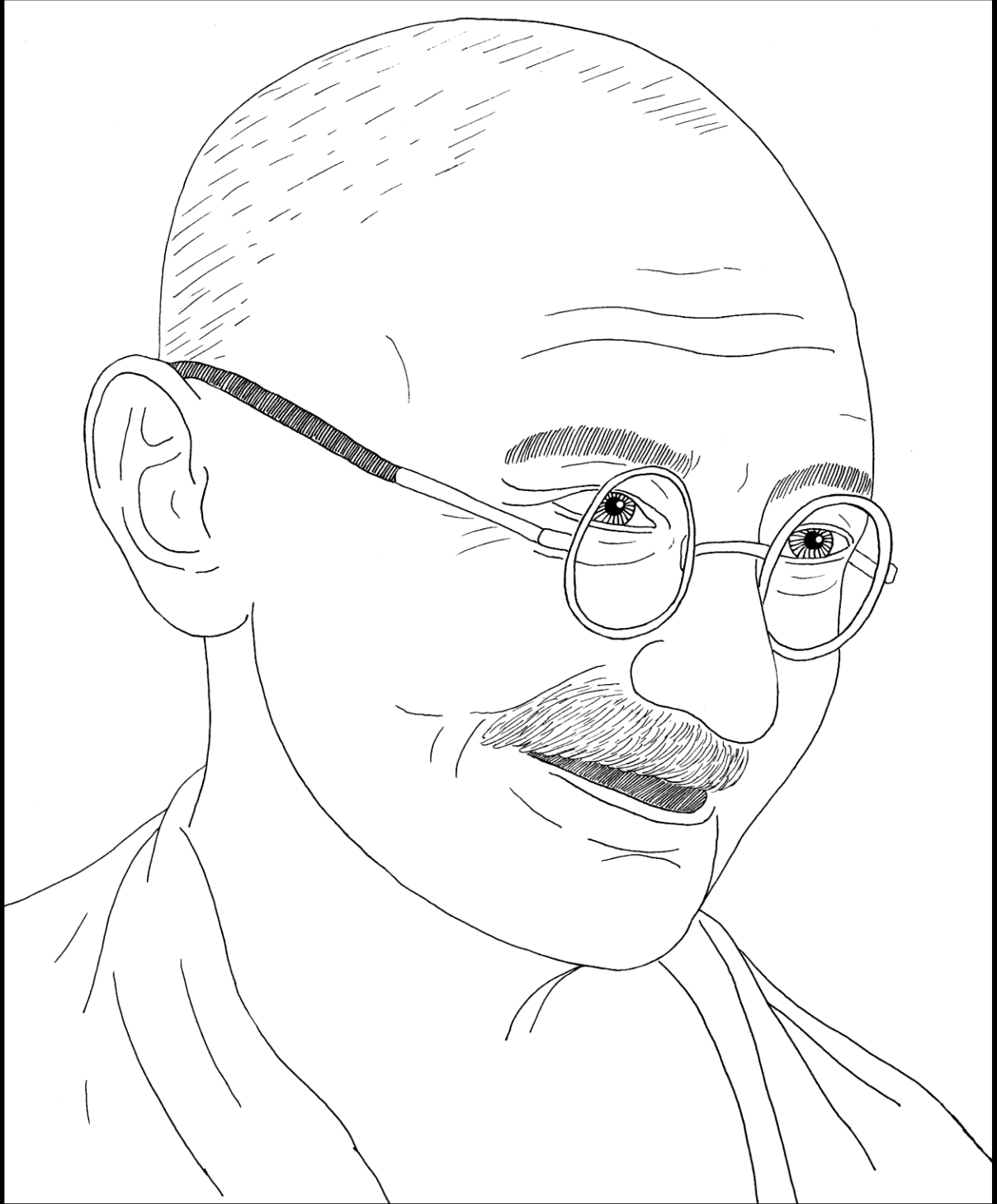
**Do One Thing for a Better World**

**...every act of compassion makes a difference... DoOneThing.org**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

**BE A HERO FOR A BETTER WORLD**

**R  
E  
C  
O  
G  
N  
I  
T  
I  
O  
N  
S  
F  
O  
R  
D  
O  
N  
O  
R  
S**



**R  
E  
C  
O  
G  
N  
I  
T  
I  
O  
N  
S  
F  
O  
R  
D  
O  
N  
O  
R  
S**

**"There's enough on this planet for everyone's needs  
but not for everyone's greed."  
-- Mohandas Gandhi**

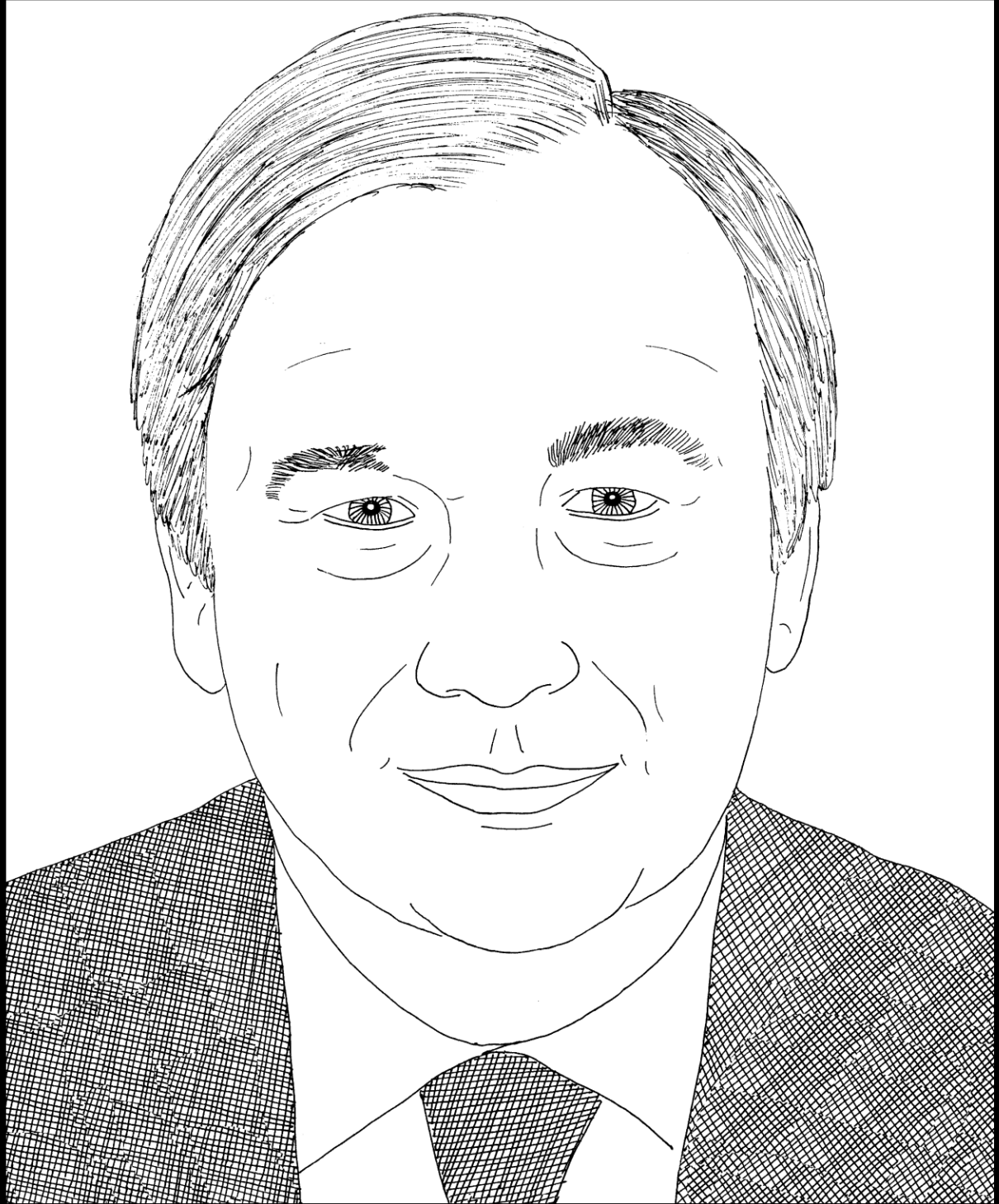
**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

"When food becomes scarce, refugees often turn to desperate measures to feed themselves and their families. We are particularly worried about the health of the refugee population, domestic violence and refugees resorting to illegal employment or even to prostitution, just to put enough food on the table."

-- Antonio Guterres

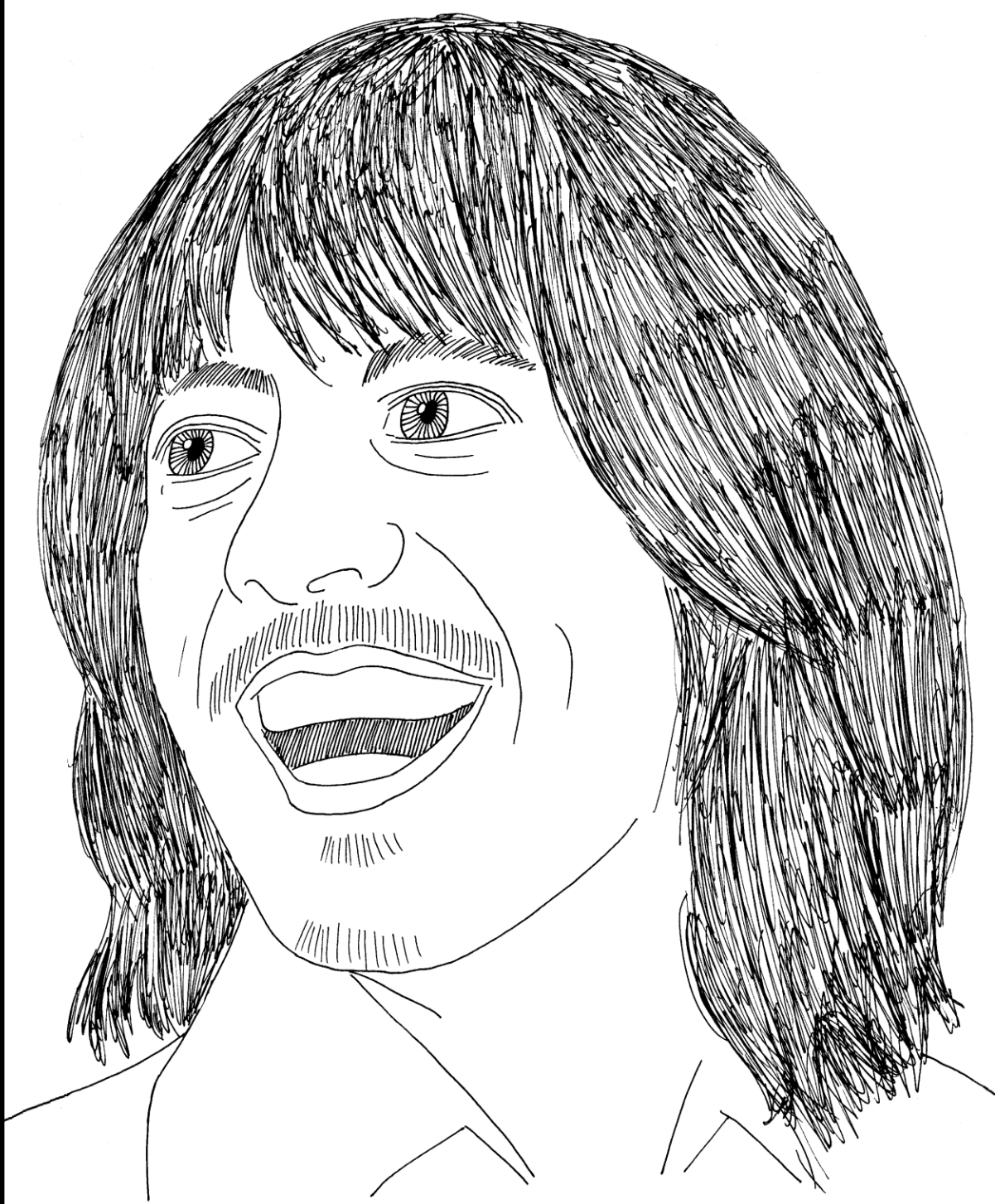
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**RECOGNIZE  
THE  
DIGNITY  
OF  
EVERY  
HUMAN  
BEING**



**RECOGNIZE  
THE  
DIGNITY  
OF  
EVERY  
HUMAN  
BEING**

**"...won't you give some bread to get the starving fed..."  
-- George Harrison**

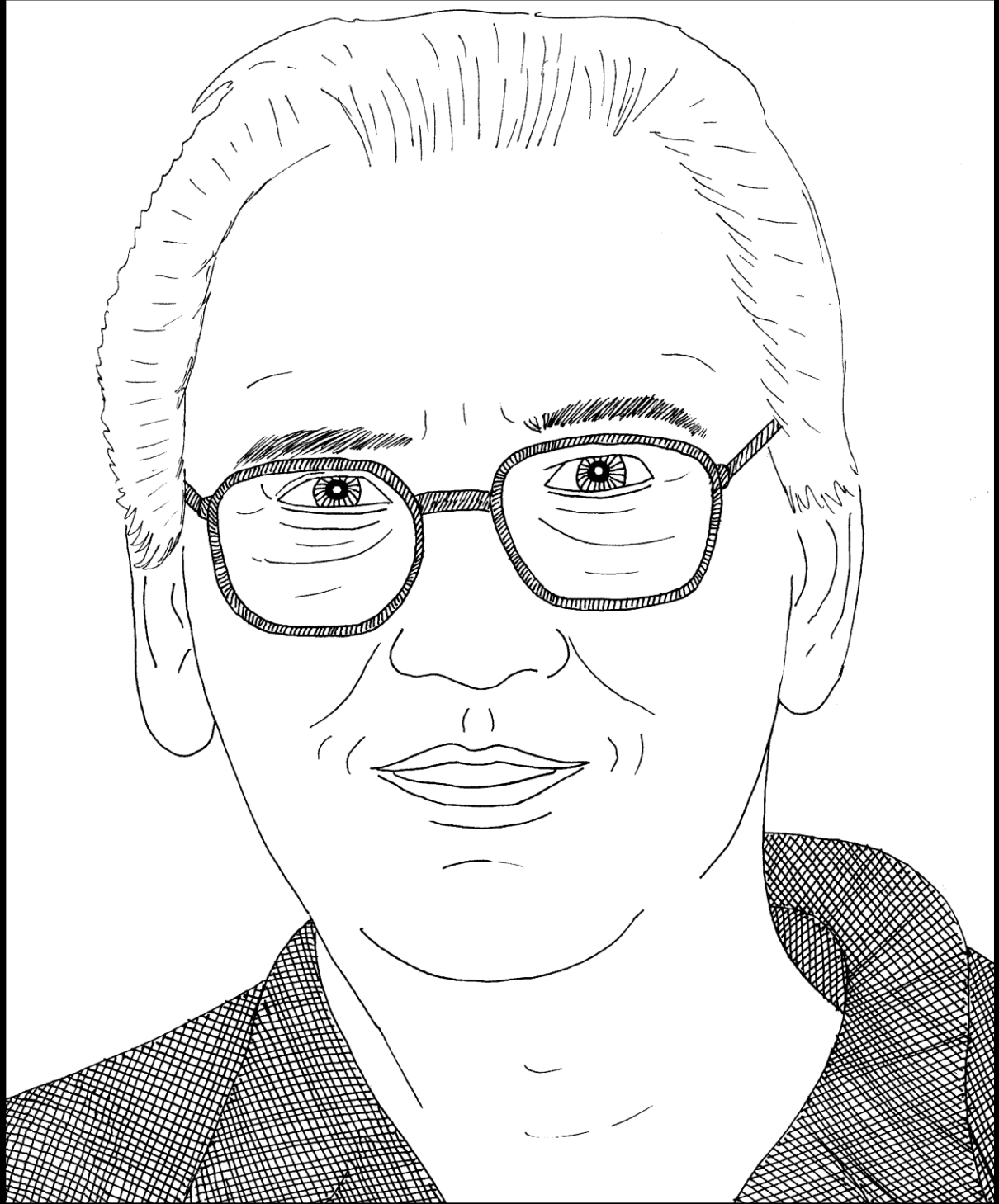
**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

**"It's amazing how many people are being fed because of  
this crazy little thing we started.  
We're feeding millions and it is not costing anyone anything."  
-- John van Hengel (Father of foodbanking)**

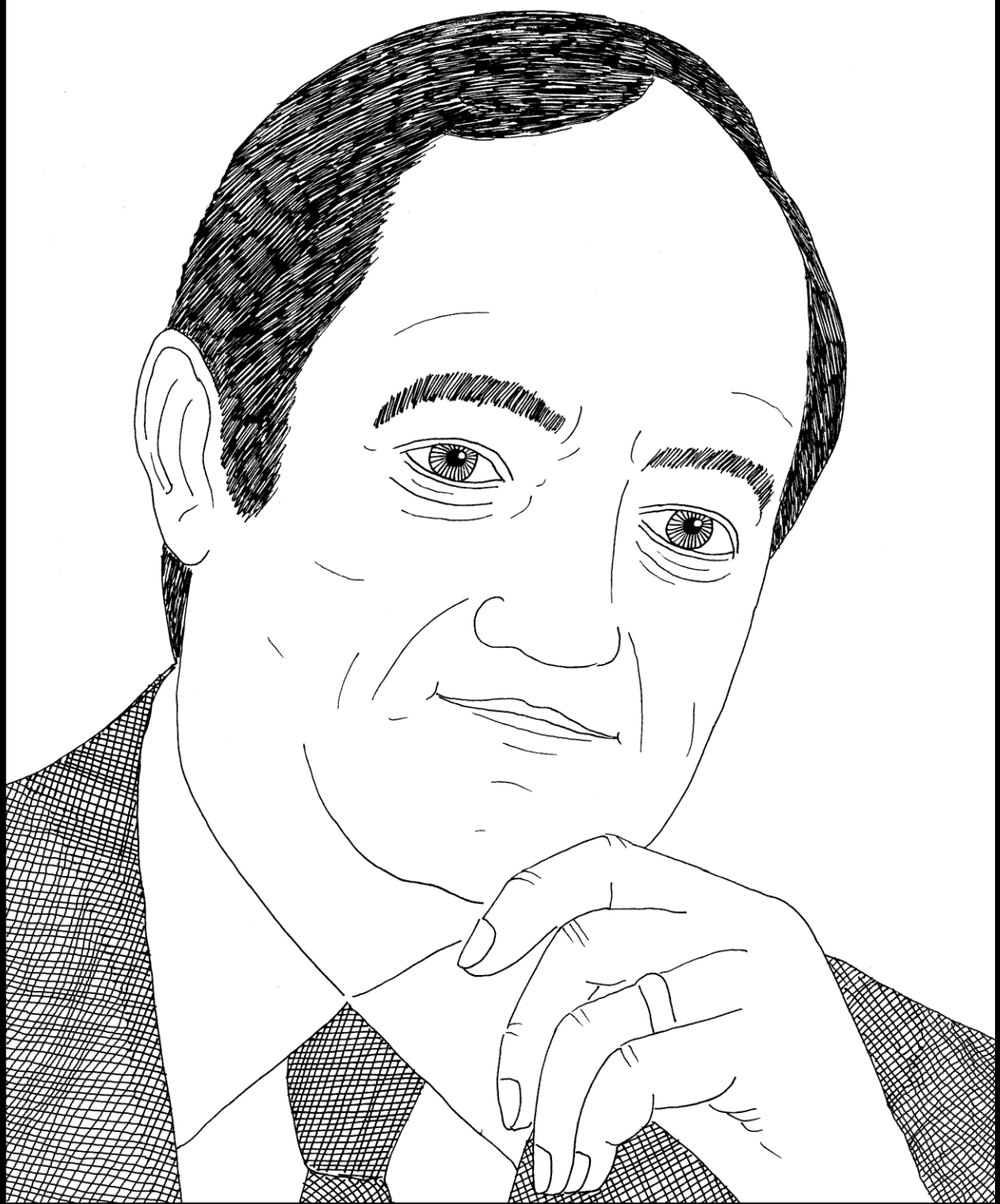
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**R E G I S T E R  
D O N O R**



**R E G I S T E R  
D O N O R**

**"Food for Peace"  
-- Hubert Humphrey**

**Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

RE  
CO  
GN  
IT  
E  
D  
T  
H  
E  
A  
C  
T  
O  
F  
C  
O  
M  
P  
A  
S  
S  
I  
O  
N



RE  
CO  
GN  
IT  
E  
D  
T  
H  
E  
A  
C  
T  
O  
F  
C  
O  
M  
P  
A  
S  
S  
I  
O  
N

**"I reject the notion that I sit idly by while our cities rot;  
our minority people are oppressed, our elderly demeaned  
by semi-starvation and pauperism."**

**-- Mary Metlay Kaufman**

**Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



**BE A HERO FOR A BETTER WORLD**

**R  
E  
M  
E  
M  
B  
E  
R  
D  
O  
N  
O  
R  
S**



**R  
E  
M  
E  
M  
B  
E  
R  
D  
O  
N  
O  
R  
S**

**"The war against hunger is truly mankind's war of liberation."  
-- John F. Kennedy**

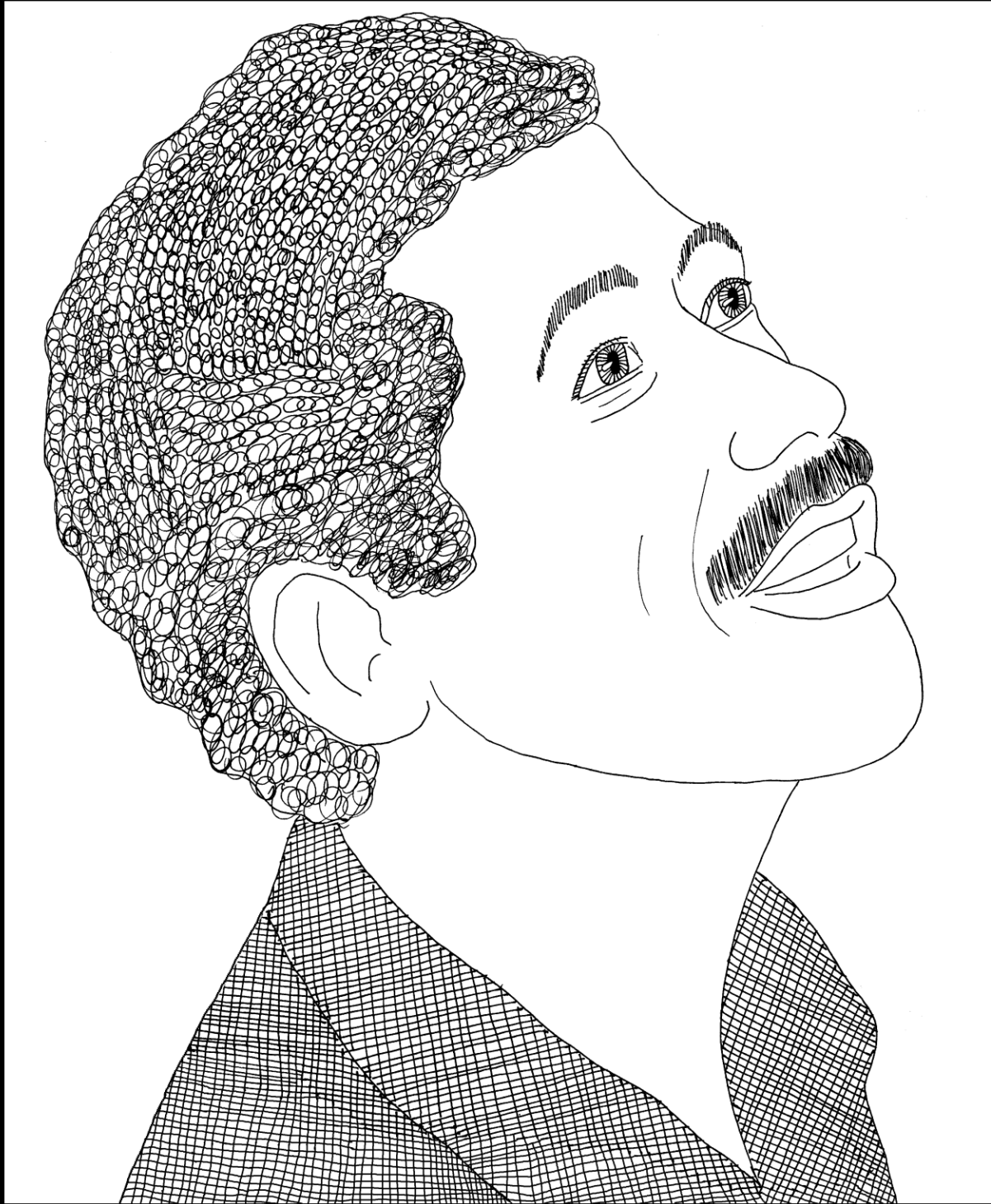
**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

**BE A HERO FOR A BETTER WORLD**

**R E G I S T E R**  
**D I R O W**  
**D N E**



**R E G I S T E R**  
**D I R O W**  
**D N E**

**"Because the suffering of any human being diminishes all of us,  
it's our responsibility to try to ease that suffering.  
It is not a matter of titles, but of responsibilities."**

**-- Khaled**

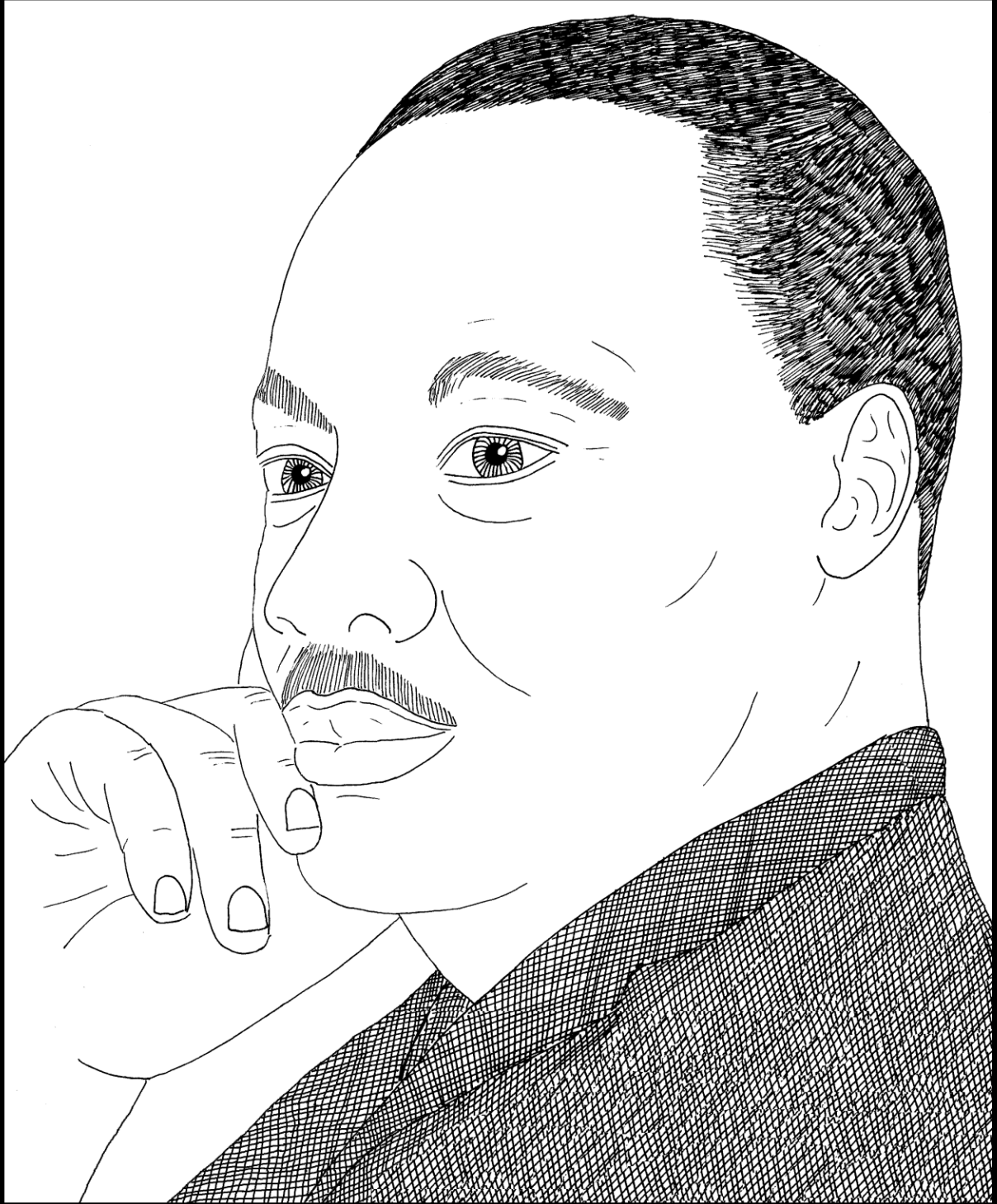
**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DEFICIENCY



RECOGNIZE  
DEFICIENCY

**"Why should there be hunger and deprivation in any land, in any city, at any table, when man has the resources and the scientific know-how to provide all mankind with the basic necessities of life? There is no deficit in human resources. The deficit is in human will."**

**-- Martin Luther King, Jr.**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

"Hope is not enough to change the world, to bring peace, to end starvation and poverty, to provide a decent education for all children, or to prevent nuclear holocaust. Yet it is a critical starting point for building a better and brighter future. All of us are challenged to connect hope to action until we have created a mighty river that will carve a new path to the future."

-- David Krieger

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RE  
CO  
GN  
IT  
I  
O  
N



RE  
CO  
GN  
IT  
I  
O  
N

"Joblessness is a weapon of mass destruction. Poverty is a weapon of mass destruction. Hunger is a weapon of mass destruction. Poor health care is a weapon of mass destruction. Poor education is a weapon of mass destruction.

Discrimination is a weapon of mass destruction.

Let us abolish such weapons of mass destruction here at home."

-- Dennis Kucinich

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**R  
E  
C  
O  
G  
N  
I  
T  
I  
O  
N  
F  
O  
R  
D  
E  
D  
N  
E**



**R  
E  
C  
O  
G  
N  
I  
T  
I  
O  
N  
F  
O  
R  
D  
E  
D  
N  
E**

**"A struggle for existence is not a decent living.  
A man or woman or child may die of starvation  
in a city teeming with plenty."**

**-- Susette La Flesche**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

"No society has fulfilled its democratic promise if people go hungry...  
If some go without food they have surely been deprived of all power.  
The existence of hunger belies the existence of democracy."

-- Frances Moore Lappé

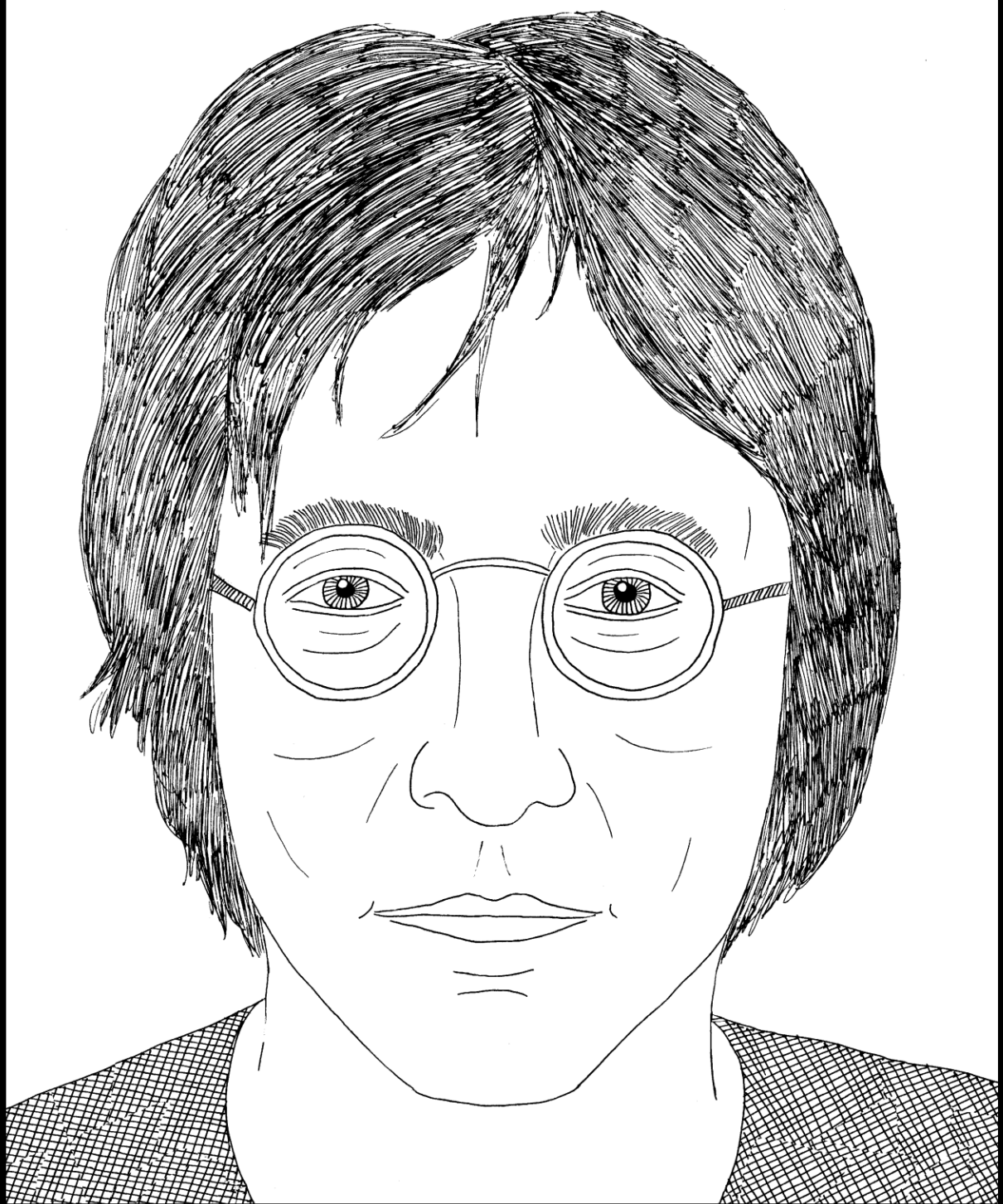
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
THE  
WORLD



RECOGNIZE  
THE  
WORLD

"Imagine no possessions. I wonder if you can.  
No need for greed or hunger. A brotherhood of man.  
Imagine all the people sharing all the world..."  
-- John Lennon

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

"Where there is hunger there is no hope.  
There is only desolation and pain.  
Hunger nurtures violence and fanaticism.  
A world where people starve will never be safe."  
-- Luiz Lula da Silva

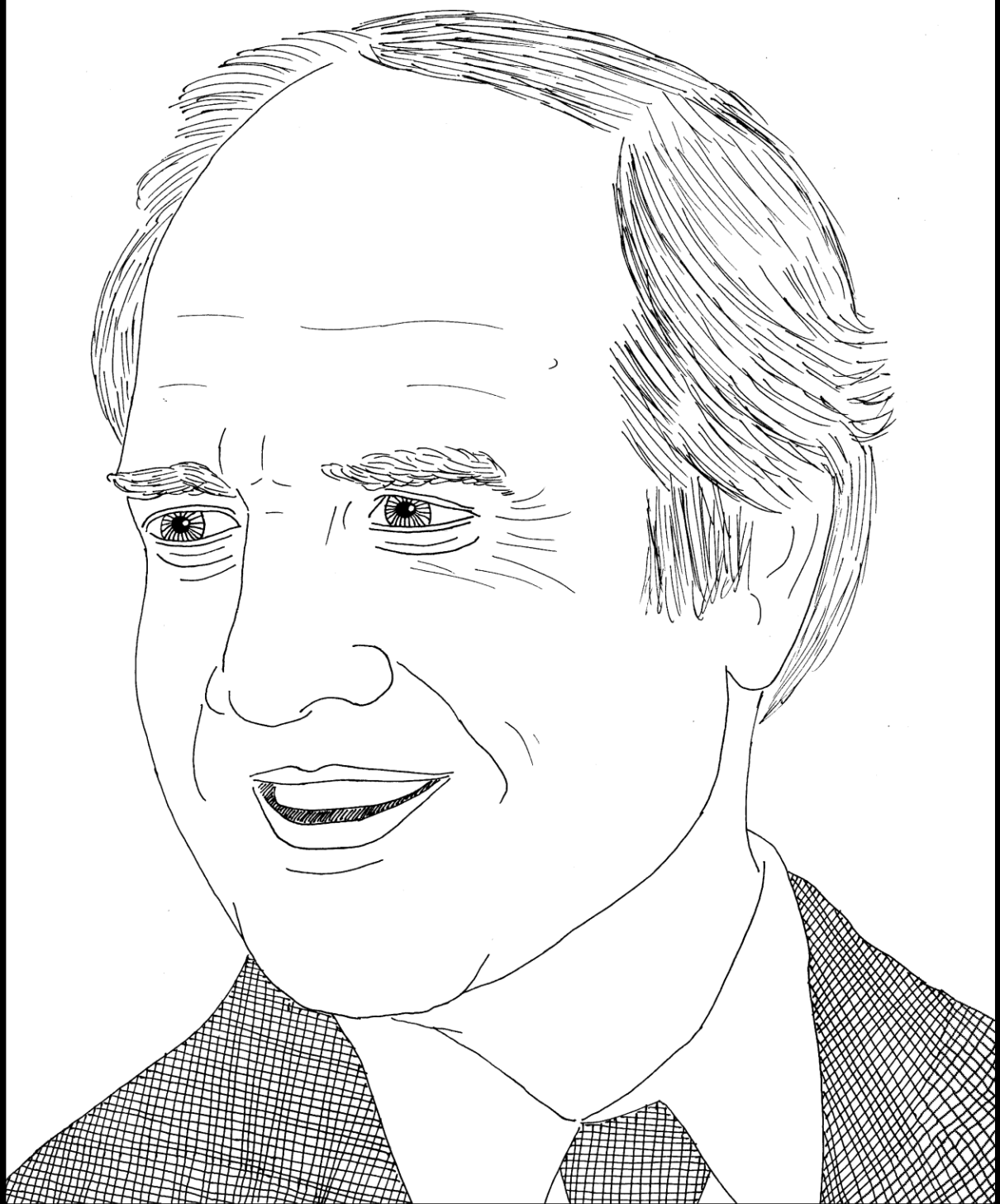
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

**"We have the resources to end hunger, we know what has to be done,  
and it's something that can be achieved at a rather modest cost."  
-- George McGovern**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R



R E G I S T E R  
D O N O R

"Charity is commendable; everyone should be charitable.  
But justice aims to create a social order in which,  
if individuals choose not to be charitable,  
people still don't go hungry, unschooled or sick without care."  
-- Bill Moyers

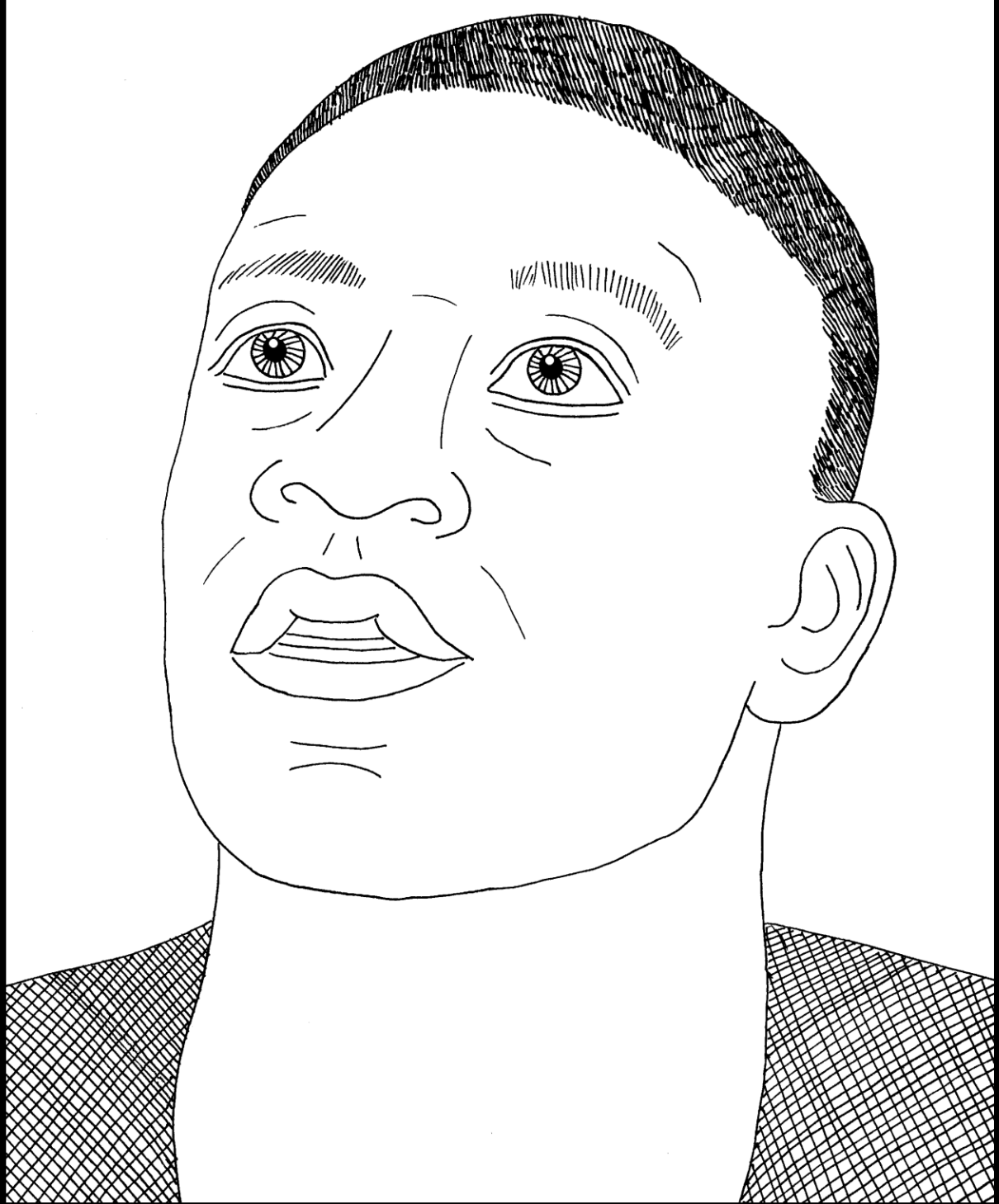
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R  
E  
C  
O  
G  
N  
I  
T  
I  
O  
N  
S  
F  
O  
R  
D  
O  
N  
O  
R  
S



R  
E  
C  
O  
G  
N  
I  
T  
I  
O  
N  
S  
F  
O  
R  
D  
O  
N  
O  
R  
S

"24,000 people, 18,000 of them children, die every day because of hunger. Each year we bring food to nearly 90 million people in more than 80 countries.

Food – there's no greater gift,  
and no better way to give it than the World Food Programme."

-- Dikembe Mutombo

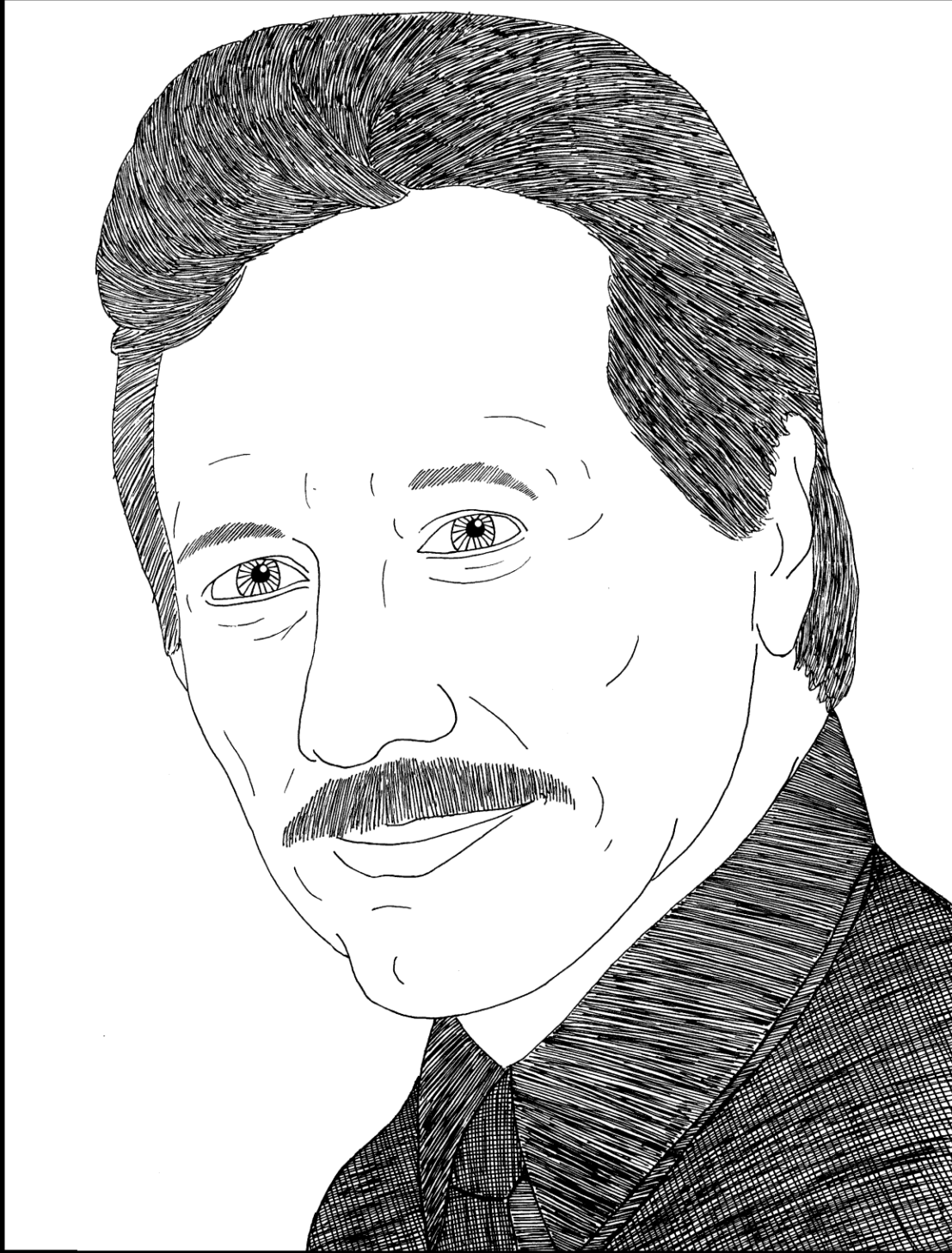
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R



E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R

"We must come to terms with our responsibility to be the gatekeepers to end childhood hunger. Our love for life can propel us to share and provide a secure future for the children of our country."

-- Edward James Olmos

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R E G I S T E R  
D O N O R  
W O R L D  
W I D E



R E G I S T E R  
D O N O R  
W O R L D  
W I D E

"Mercy Corps' partnership with The Hunger Site translates into lifesaving assistance for people in tremendous need around the world. When you visit, click, and shop at this unique site, you're making the future a little brighter for families who need food in the world's poorest places."

-- Dan O'Neill

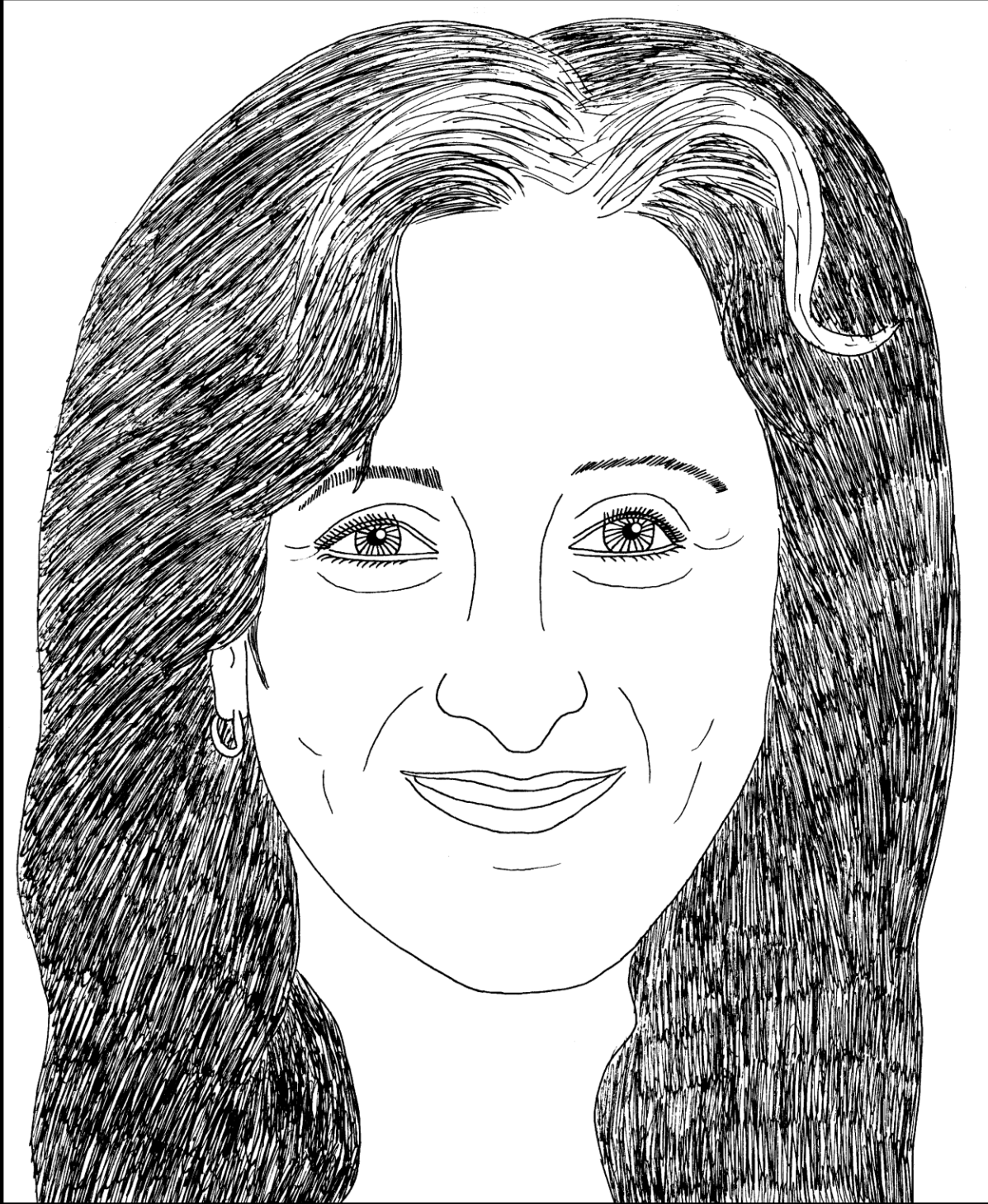
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIGNITY



END  
HUNGER

"How unthinkable that, in a country of such bursting plenty, so many people are facing ongoing hunger and poverty. If we are truly each other's keepers, let's support school lunches, food stamps, neighborhood garden projects, and so many other wonderful programs working to put an end to this cruel and needless blight once and for all."

-- Bonnie Raitt

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**RECOGNIZE  
OUR  
DIVERSITY**



**RECOGNIZE  
OUR  
DIVERSITY**

**"The freedom of man, I contend, is the freedom to eat."  
-- Eleanor Roosevelt**

**Do One Thing for a Better World**

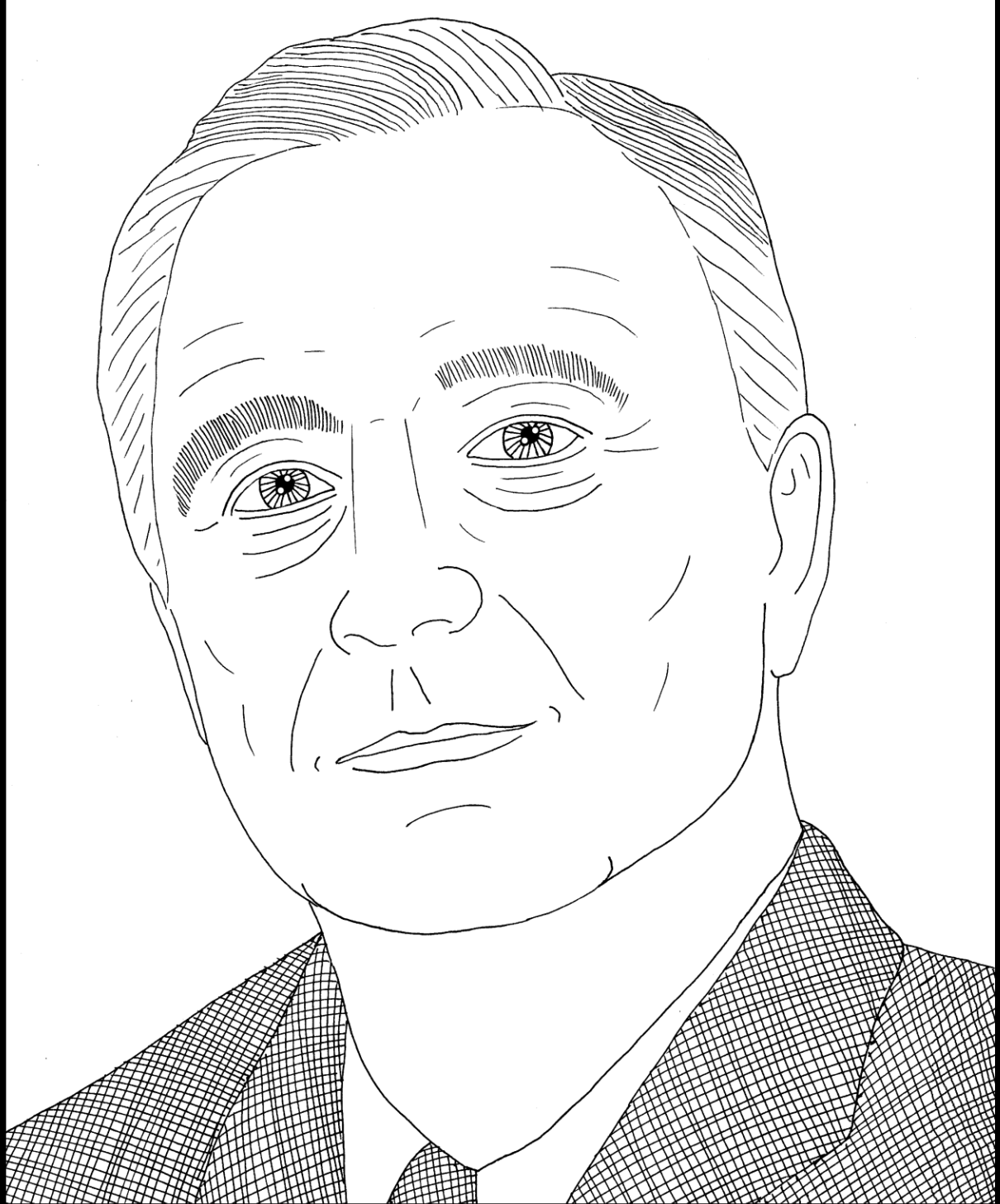
**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**



**BE A HERO FOR A BETTER WORLD**

**R E G I S T E R**



**R E G I S T E R**

**"The peoples of many countries are being taxed to the point of poverty and starvation... to enable governments to engage in a mad race in armaments..."**  
**-- Franklin D. Roosevelt**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R



E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R

"With the help of folks like you and me, Heifer International tackles the problem of hunger one family at a time with gifts of renewable resources - farm animals that are ongoing sources of food and income."

-- Susan Sarandon

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R  
E  
M  
E  
M  
B  
E  
R  
D  
O  
N  
O  
R  
S



R  
E  
M  
E  
M  
B  
E  
R  
D  
O  
N  
O  
R  
S

**"Starvation is the characteristic of some people not having enough food to eat. It is not the characteristic of there being not enough food to eat."  
-- Amartya Sen**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

**"I believe that, when Americans learn the facts and understand how their involvement can make a difference, banishing childhood hunger will be a national, local and personal priority."  
-- Martin Sheen**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

**"We must add our voices to those who cry out that there is a standard below which we will not allow human beings to live, and that that standard is not at the freezing nor starving point....In a democracy all are responsible."**  
-- Hannah Solomon

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

**BE A HERO FOR A BETTER WORLD**

**R E G I S T E R  
D O N O R**

**R E G I S T E R  
D O N O R**



**"America is an enormous frosted cupcake  
in the middle of millions of starving people."**

**-- Gloria Steinem**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

**© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied**

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIGNITY  
FOR  
DIGNITY



RECOGNIZE  
DIGNITY  
FOR  
DIGNITY

"When a poor person dies of hunger, it has not happened because God did not take care of him or her. It has happened because neither you nor I wanted to give that person what he or she needed."  
-- Mother Teresa

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIFFERENCES



RECOGNIZE  
DIFFERENCES

"I want a different world. One where I don't wake up thinking I'm so lucky to be able to feed my daughter, and able to give people a clean drink of water. I don't want images of starving babies at the breast in my mind. I want that to change. And if I want that, I had better do something about it."

-- Emma Thompson

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



# BE A HERO FOR A BETTER WORLD

R E G N I D I R O W D N E



R E G N I D I R O W D N E

"...Just a fraction of what is extended so obscenely on defense budgets would make a real difference in enabling God's children to fill their stomachs, be educated, and be given the chance to lead fulfilled and happy lives."

-- Archbishop Desmond Tutu

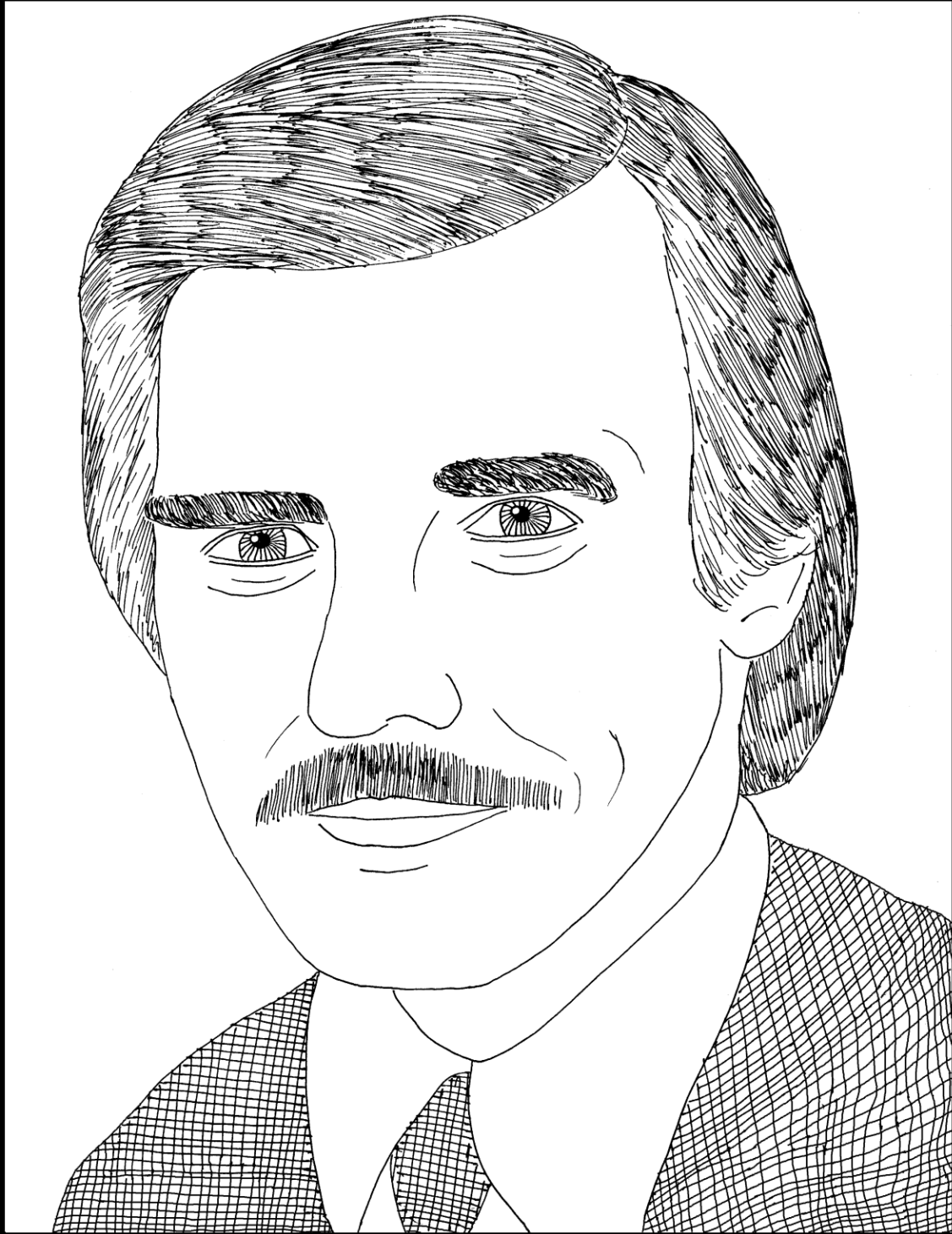
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R



E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R

**"There can be no lasting peace, no security,  
nor can we as human beings begin to touch our full potential,  
as long as hunger overwhelms the human spirit around this planet."  
-- Dennis Weaver**

## **Do One Thing for a Better World**

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R



E  
N  
D  
W  
O  
R  
L  
D  
H  
U  
N  
G  
E  
R

It is an eternal obligation toward the human being not to let him suffer from hunger when one has a chance of coming to his assistance."  
-- Simone Weil

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

END  
WORLD  
HUNGER



END  
WORLD  
HUNGER

"Every new mother wonders, 'what will I pass on to my child'? Hunger is one inheritance no mother wants to give her child, yet millions of poor women have for generations. Help the World Food Programme break this cycle. No child should inherit hunger."

-- Rachel Weisz

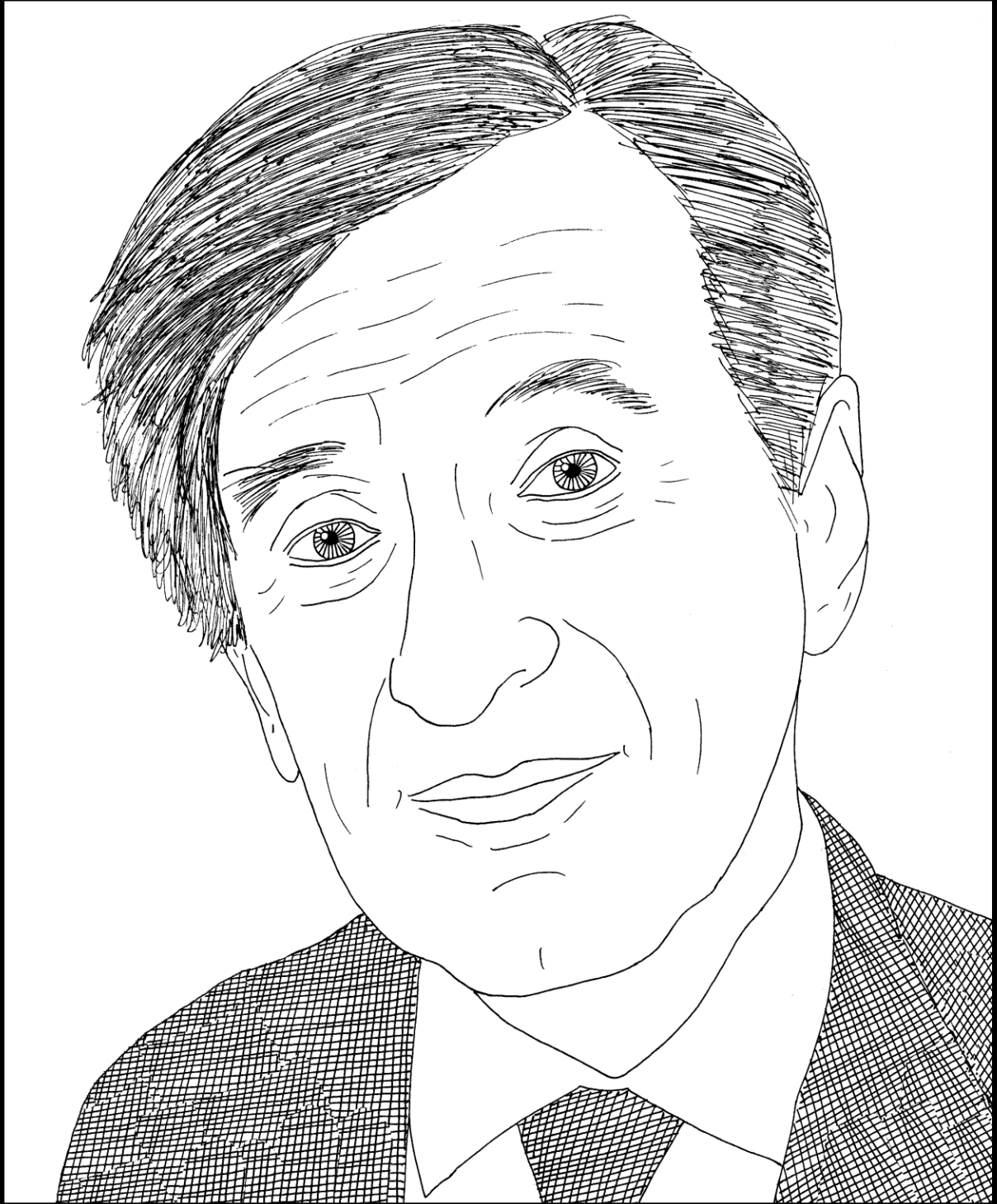
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIGNITY  
FOR  
EVERYONE



RECOGNIZE  
DIGNITY  
FOR  
EVERYONE

"There is much to be done, there is much that can be done... one person of integrity can make a difference, a difference of life and death...As long as one child is hungry, our lives will be filled with anguish and shame. What all these victims need above all is to know that they are not alone; that we are not forgetting them, that when their voices are stifled we shall lend them ours..."

-- Elie Wiesel

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

R  
E  
F  
E  
R  
E  
N  
C  
E  
D  
I  
G  
R  
O  
W  
D  
I  
D  
N  
E



R  
E  
F  
E  
R  
E  
N  
C  
E  
D  
I  
G  
R  
O  
W  
D  
I  
D  
N  
E

"In a world that we know can feed itself, upwards of 40,000 children die very day from conditions of malnutrition. Surely we must question why we are allowing this carnage to continue."

-- Betty Williams

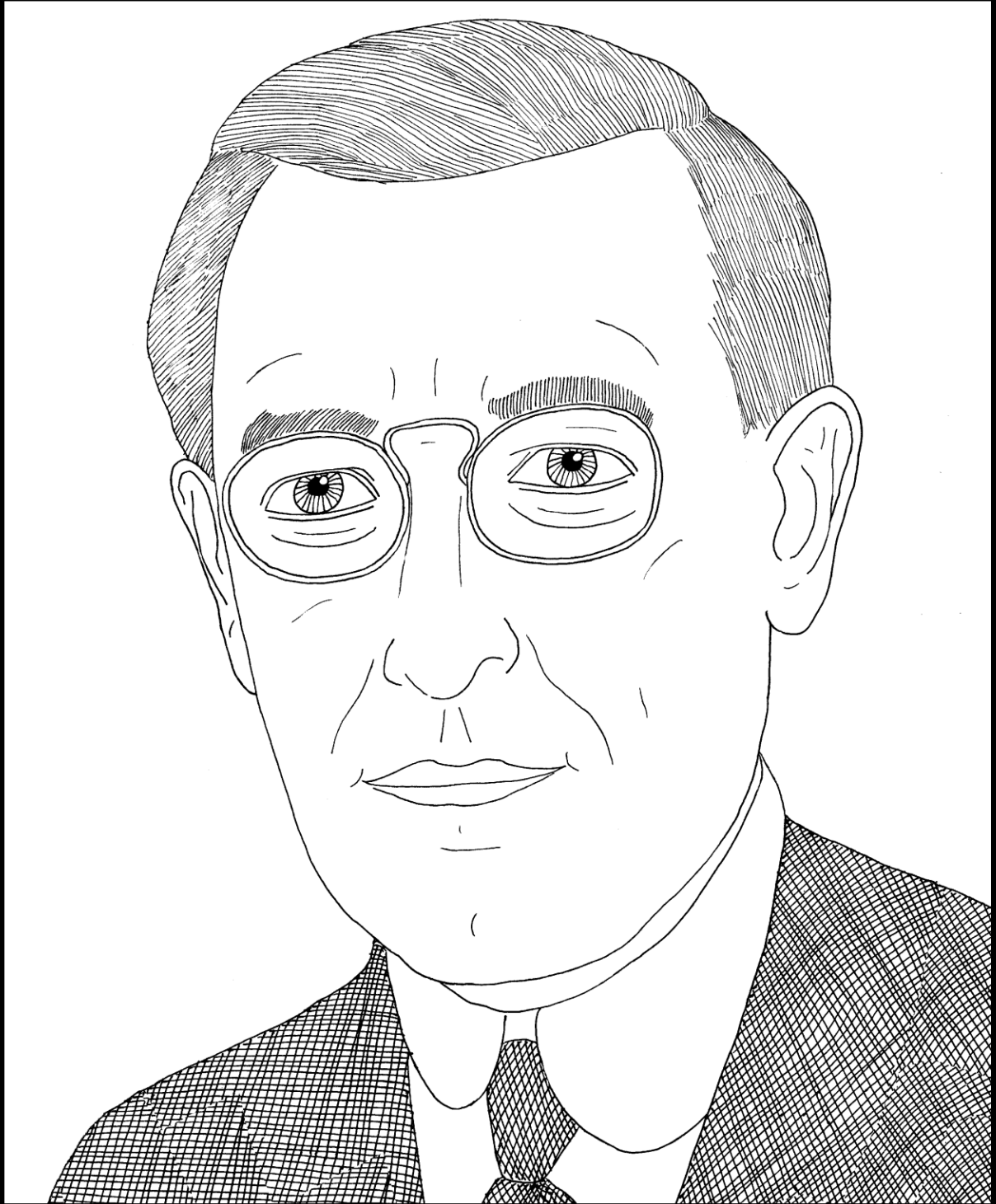
## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
DIGNITY  
FOR  
EVERYONE



RECOGNIZE  
DIGNITY  
FOR  
EVERYONE

**Hunger does not breed reform; it breeds madness,  
and all the ugly distempers that make an ordered life impossible."  
-- Woodrow Wilson**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied

# BE A HERO FOR A BETTER WORLD

RECOGNIZE  
THE  
GROWING  
DANGER



ENDING  
HUNGER

"Hunger is the worst form of deprivation of a human being. Although inability to access food is the immediate cause of hunger, the real cause in most of the incidents of hunger is lack of ability to pay for food. If we are looking for ways to end hunger then we should be looking at ways to ensure a reasonable level of income for all."

-- Muhammad Yunus

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

© The Emily Fund - Distribute freely for non-commercial uses - No celebrity endorsement implied



<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"I can't think of any issue that is more important than working to see that no individual in this world goes hungry." — Steve Bartymore</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"The fact is that there is enough food in the world for everyone. But tragically, most of the world's food and feed resources are lost or go to waste. We can do much more to reduce the waste of whole sources of animal and human food." — Weston Burt</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Our work seeks to focus attention on the necessity of providing security for the global village, meeting its need for clean air, water, food and a healthy habitat, as well as the ongoing search for peace and cooperation and human dignity." — Rosetta Berman</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"If you want to eliminate hunger, everybody has to be involved." — Elaine</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"One of the greatest things in the world is knowing that we as individuals can make a difference. Ending hunger in America is a goal that is clearly within our grasp." — Jeff Briggs</p> <p>BetterWorldCalendar.com</p>
<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"I've learned that hunger, disease, and poverty unless you can also provide people with a healthy occupation in which their experiences can grow." — Greg Brumfield</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"There will never come a day in the world when people are sure of their food." — Paul K. Bush</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Peace is being achieved for many who have known only suffering in both peace and war... must be translated into bread or rice, clean water, health, and education, as well as the freedom and human dignity, a healthy planet, etc." — Ralph Burpee</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"People don't see hunger in their homes so they are not as likely affected. That's why it's important to have a 'Leahy-Longmire' in the house." — Leahy-Longmire</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"When you speak food to the poor, they call you a saint. When you ask why the poor have no food, they call you a communist." — Anthony Hester Cramer</p> <p>BetterWorldCalendar.com</p>
<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"In a nutshell, the United Nations non-profit organization World Food Programme leads the effort to reduce hunger in 120 of the world's poorest countries as an essential part of their national development, which is a high priority for the United Nations." — John C. Carr</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"UNICEF is helping mothers realize that dreams for the future—dreams to educate their children, to have a better life, to have clean water and simple health care—are guaranteed." — John Carr</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Peace can only last where human rights are respected, where the people share in the fruits of development, and where individuals and nations are free." — David Lurie</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Kids who are hungry do poorly in school and are unlikely to grow into productive adults. For families, experiencing hunger means living in a world of isolation and shame. Getting a hungry child to school is the first step." — Colin Farrell</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Imagine what it might do to the human spirit to know that we have conquered hunger as a world wide societal issue?" — John Deere</p> <p>BetterWorldCalendar.com</p>
<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Just because a child's parents are poor or uneducated is no reason to ignore the child's basic rights to health care, education and a better future." — Marian Wright Edelman</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Only when a child is taught to respect hunger should he or she be able to learn because the hunger is unrelenting. Making sure you have clean water and proper nutrition are essential for respect to the child's right to a better future." — Frank D. Rosecrance</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Clean water and health care and school and food and for youth and across from... all of these things should contribute to a full and healthy life with no hunger." — David Lurie</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Every week a thousand rigs through poor towns and villages all over the world... That's because it's hunger." — Dr. Paul Farrell</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"There's enough on this planet for everyone's needs but not for everyone's greed." — Malcolm Daniels</p> <p>BetterWorldCalendar.com</p>
<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"...worry you give some bread to get the starving fed..." — George Harrison</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Who should there be hunger and deprivation in any land, in any city, in any time, when there is enough food in the world to feed everyone? There is no excuse for the hunger that exists in the world today." — Frank D. Rosecrance</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Imagine no possessions, I wonder if you can. No need for greed or hunger, a brotherhood of man. Imagine all the people sharing all the world." — Frank D. Rosecrance</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"When there is hunger there is no hope. Hunger affects violence and health. A world where people share in the fruits of development is the only way to end hunger." — Leahy-Longmire</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"12,000 people, 12,000 of them children, die every day because of hunger. Each year we are losing 100 million people. Food, there is no greater gift. A world where people share in the fruits of development is the only way to end hunger." — Leahy-Longmire</p> <p>BetterWorldCalendar.com</p>
<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"When you partner with the Hunger Site Initiative in providing solutions for people in need around the world, when you give your time, when you give your money, when you give your talent, when you give your love, when you give your heart, when you give your soul, when you give your life, you are making a difference in the world." — Frank D. Rosecrance</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"The peoples of many countries are being held to the point of poverty and starvation. It is essential for governments to engage in a real race to armsaments." — Frank D. Rosecrance</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"With the help of folks like you and me, Hunger Initiative takes the promise of one day being a world with gifts of resources that are shared to ensure that no one is going to starve." — Leahy-Longmire</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"When a poor person dies of hunger, it has not happened because God did not like you or her or her. It has happened because neither you nor I wanted to give that person what he or she needed." — Leahy-Longmire</p> <p>BetterWorldCalendar.com</p>	<p><b>BE A HERO FOR A BETTER WORLD</b></p> <p>"Just a fraction of what is estimated to be needed to end hunger... could make a real difference in ending that which is the most devastating, the most painful, and the most heartbreaking of all." — Leahy-Longmire</p> <p>BetterWorldCalendar.com</p>