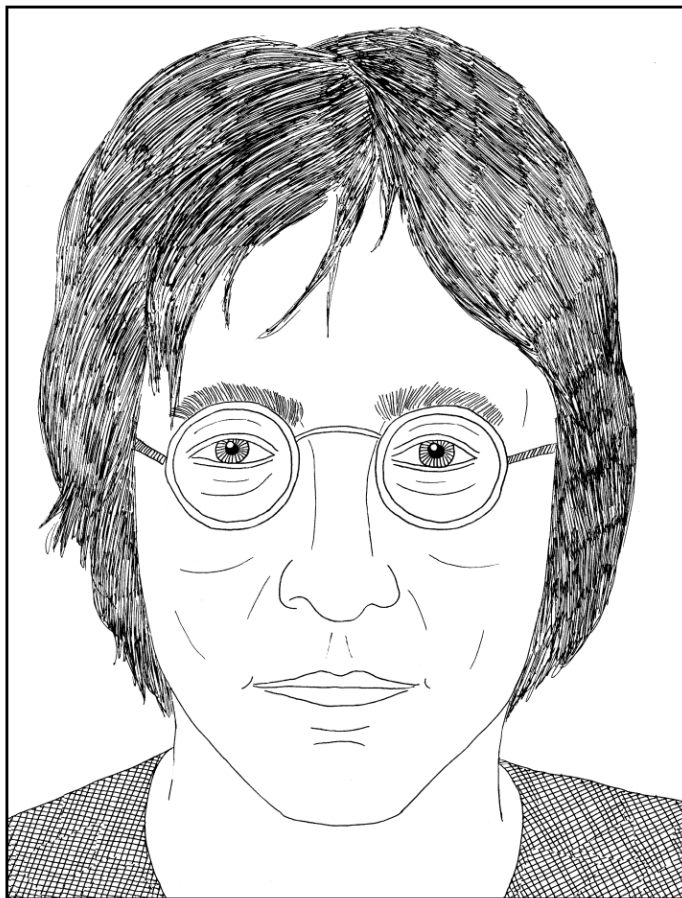


PEACE



"All we are saying, is give peace a chance..."
-- John Lennon

Peace is more than the absence of war. It is living in a state of balance and harmony, where the rules are fair and just for all. Peace is about how we handle problems and how we get along with others. Peace is about community - about encouraging and helping each other to live better, more fulfilling lives. Most of all, peace is about respect -- respect for ourselves, each other, and the planet we share.

Peace is an ongoing process that requires our constant attention, but we begin to make our lives more peaceful the moment we decide to try to be peacemakers. When we convince the world to make working for a more peaceful, just and sustainable world our priority, we will transform our global community and begin to create a culture of peace.

The **International Day of Peace**, also known as **Peace Day**, is a celebration of our shared wish for a better world. It is an opportunity to look at the things that have been done over the year to help create a more peaceful, just and sustainable world, and to note the things that still need to be done. It's an opportunity to spread hope for our wish to live in a world without war. It's a time to rededicate our commitment to working for a more peaceful planet.

The United Nations has called for Peace Day to be observed as a day of peace and Global Ceasefire. If we can live in peace for one day, we can learn to work together to create a peaceful world, one day at a time.

What can you do to help create humanity's first day of peace on Peace Day?

Do One Thing for a Better World

- Do something for "peace" every day.
- Participate in a Peace Day event, such as a community service project, peace vigil or Peace Pole planting.
- Ask your Mayor to declare a Proclamation.
- Share DO ONE THING Cards.

Peace Day Links

- UN.org/peaceday
- InternationalDayofPeace.org
- IDPVigil.com
- PeaceDayBook.com
- PeaceOneDay.org
- PinwheelsforPeace.com
- ServiceForPeace.org
- URI.org/United_Nations.html
- WorldPeace.org/peaceday

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"We have the ability to achieve, if we master the necessary goodwill, a common global society blessed with a shared culture of peace that is nourished by the ethnic, national and local diversities that enrich our lives."

-- Mahnaz Afkhami

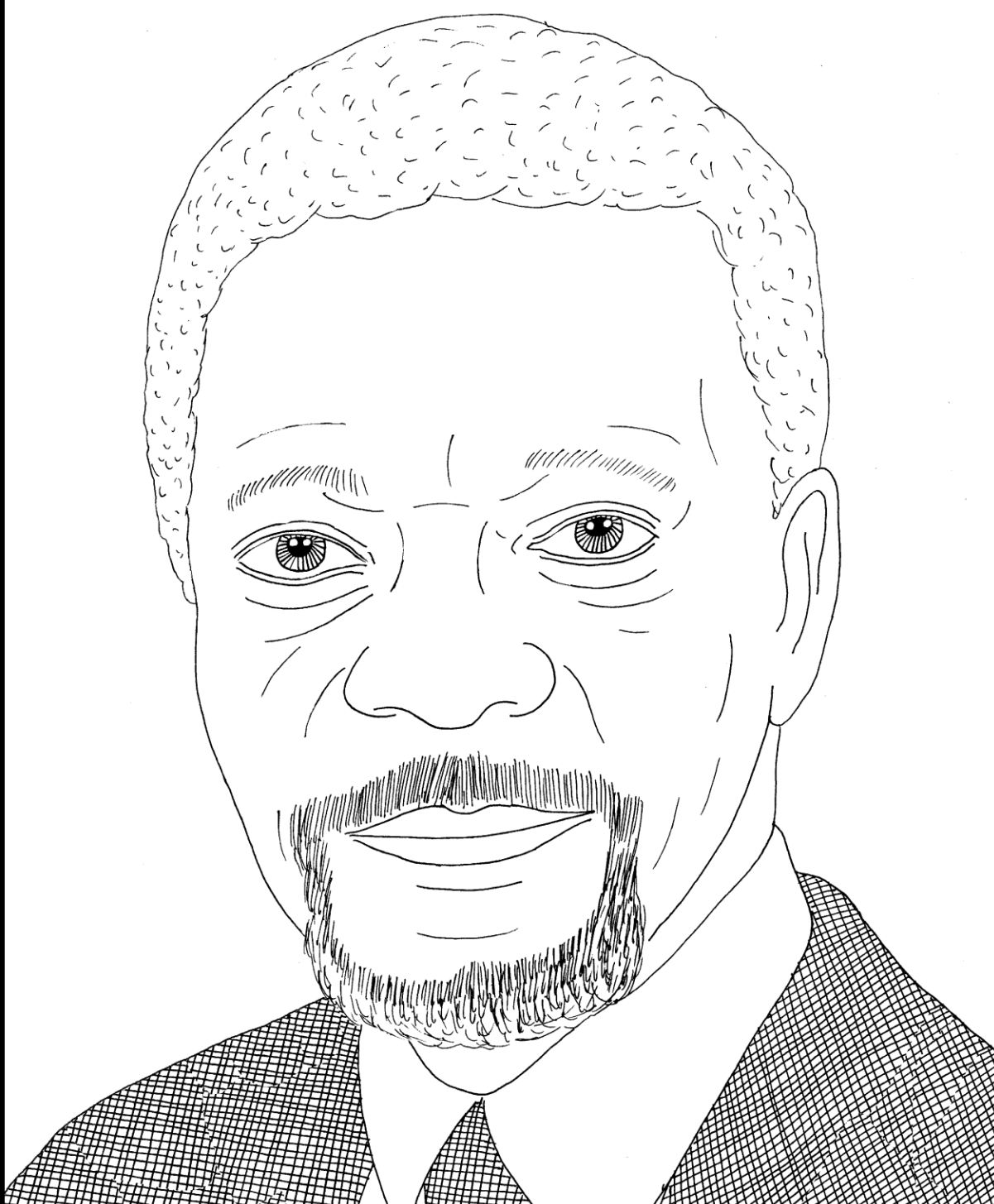
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"It may seem sometimes as if a culture of peace does not stand a chance against the culture of war, the culture of violence and the cultures of impunity and intolerance. Peace may indeed be a complex challenge, dependent on action in many fields and even a bit of luck from time to time. It may be a painfully slow process, and fragile and imperfect when it is achieved. But peace is in our hands. We can do it."

-- Kofi Annan

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**"Peace consists, very largely, in the fact of desiring it with all one's soul."
-- Oscar Arias**

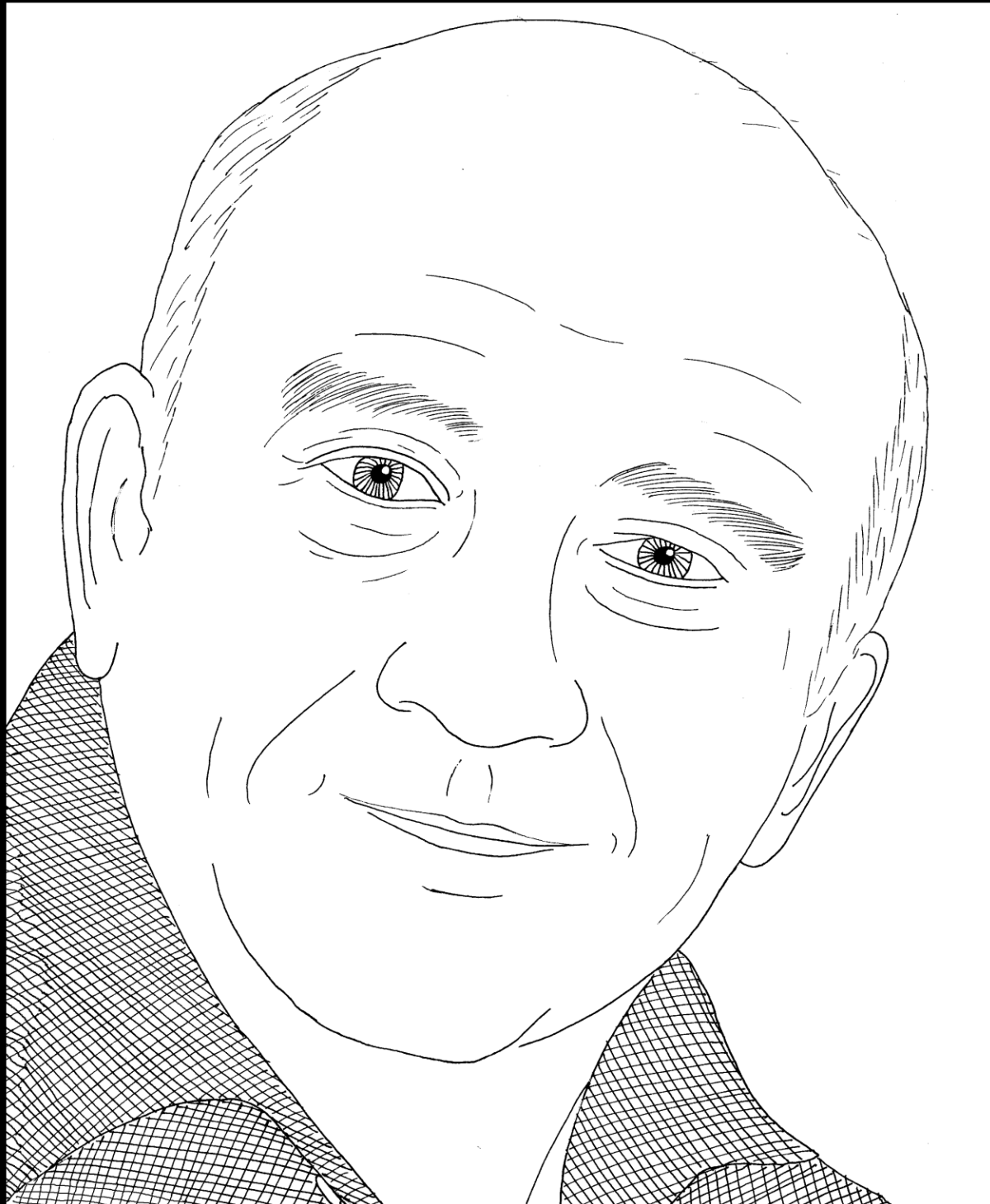
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"As they used to say 'What if they gave a war and nobody came?'
How worthwhile if they declared a day of peace and everybody came."
-- Edward Asner

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**"Pursuing peace means rising above
one's own wants, needs, and emotions."**

-- Benazir Bhutto

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"In these disturbing and distressing times, surely it's cheaper, and smarter, to make friends out of potential enemies than it is to defend yourself against them...Justice is the surest way to get peace."

-- Bono

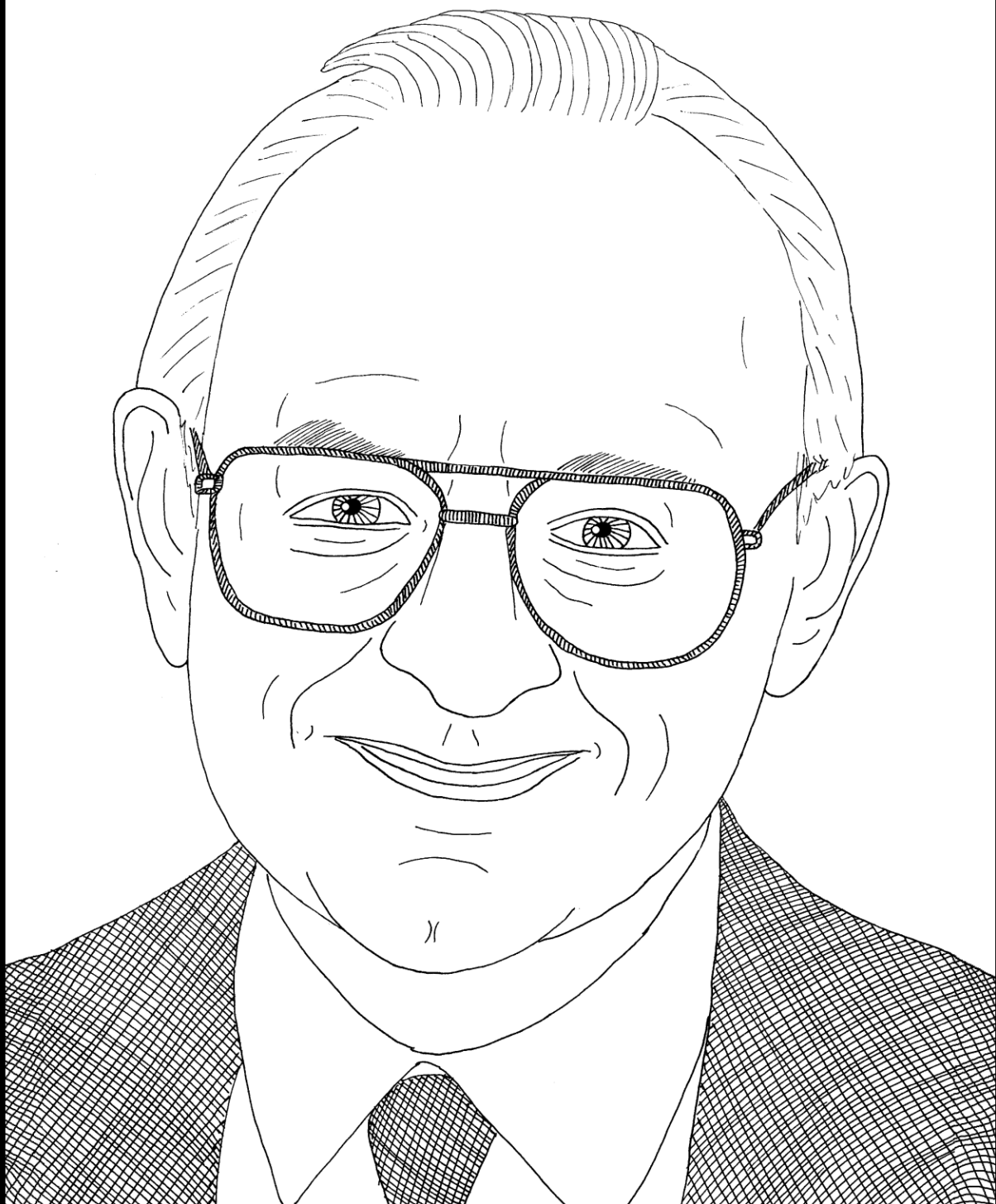
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**"Militarism is no longer a synonym for patriotism.
Our survival as a planet depends on maintaining peace and justice."
-- Blasé Bonpane**

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"We live now in a global village and we are in one single family.
It's our responsibility to bring friendship and love from all
different places around the world and to live together in peace."
-- Jackie Chan

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"If we desire peace, we must prepare for peace.
The most important thing is to build a culture of peace."
-- Ambassador Anwarul Chowdhury

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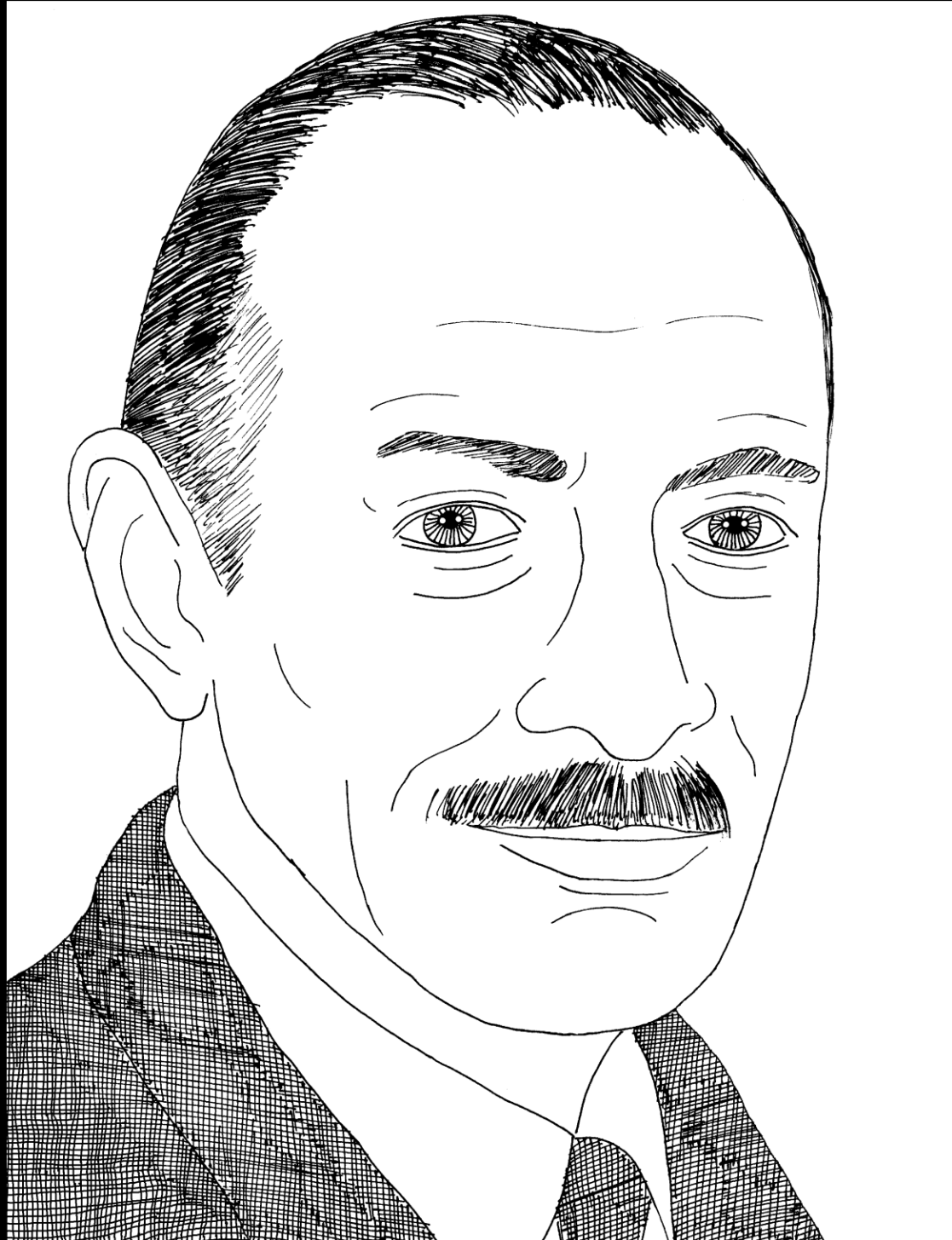
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"A day of peace and sharing can lead to greater understanding and cooperation among political parties, faith groups, and people of different races and economic class."

-- John Conyers

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**"War is an invention of the human mind.
The human mind can invent peace with justice."
-- Norman Cousins**

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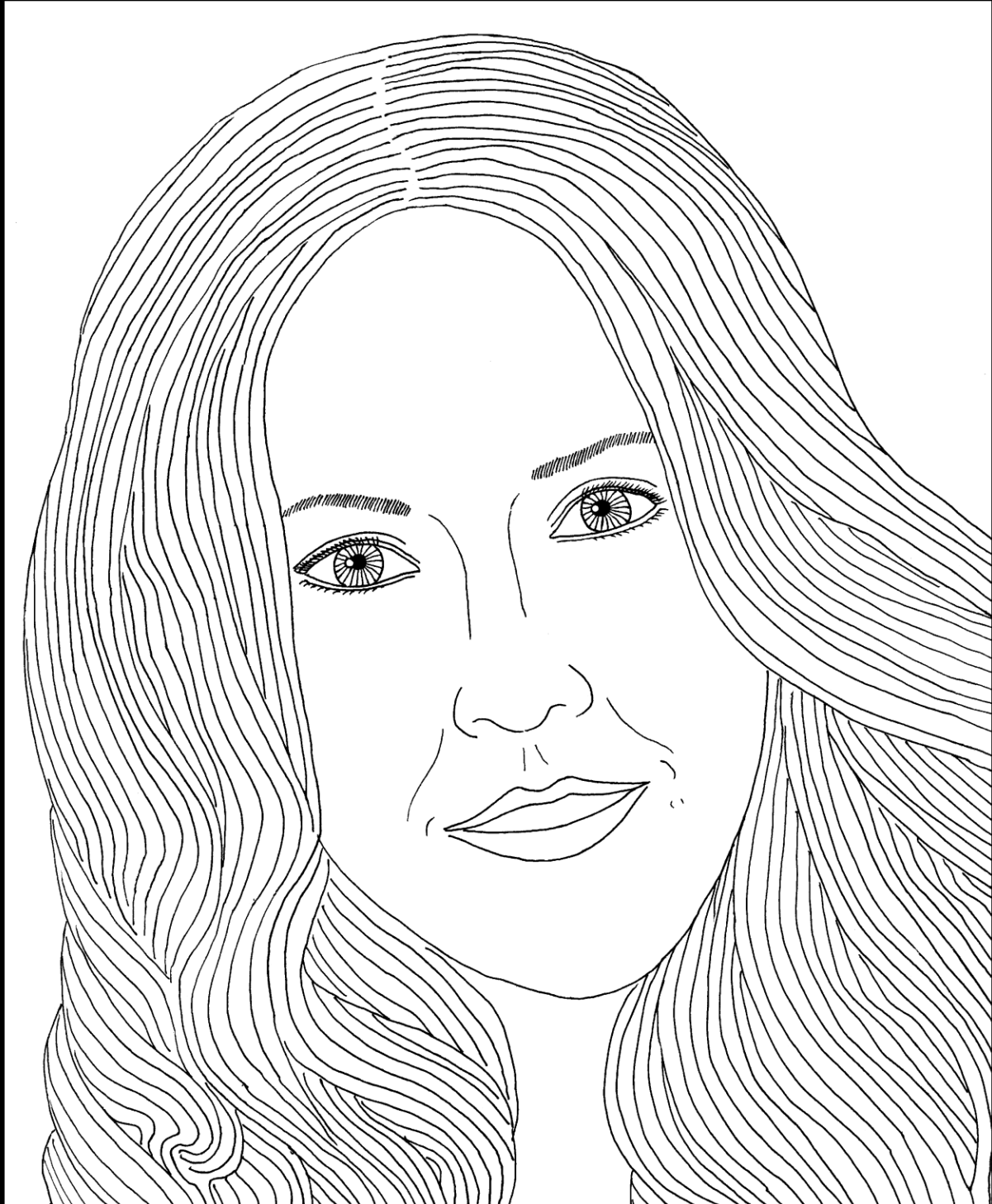
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**“I think war is never the answer to solving any problems.
The best way to solve problems is to not have enemies.”**

-- Sheryl Crow

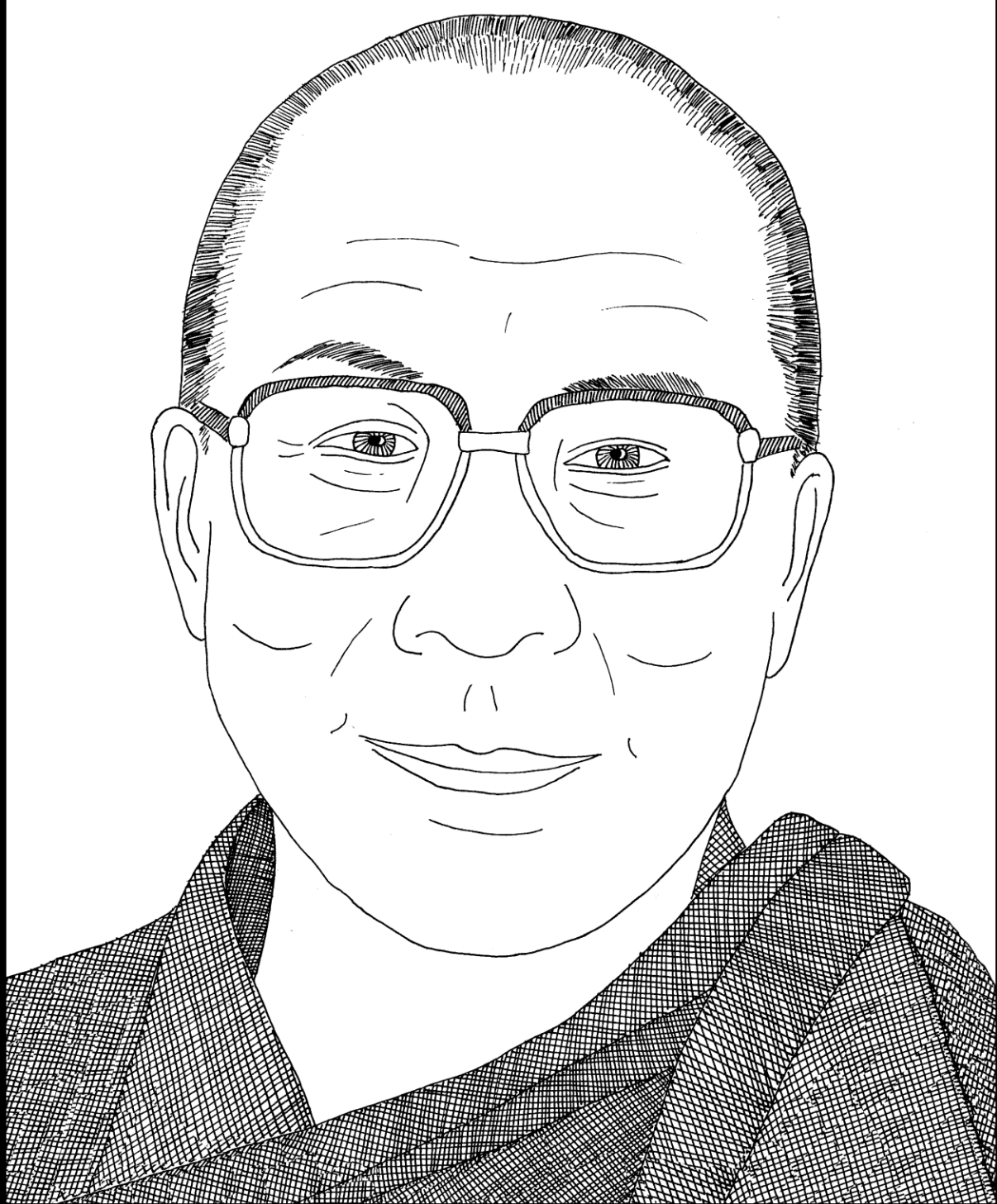
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**"Peace can only last where human rights are respected,
where the people are fed, and where individuals and nations are free."
-- The Dalai Lama**

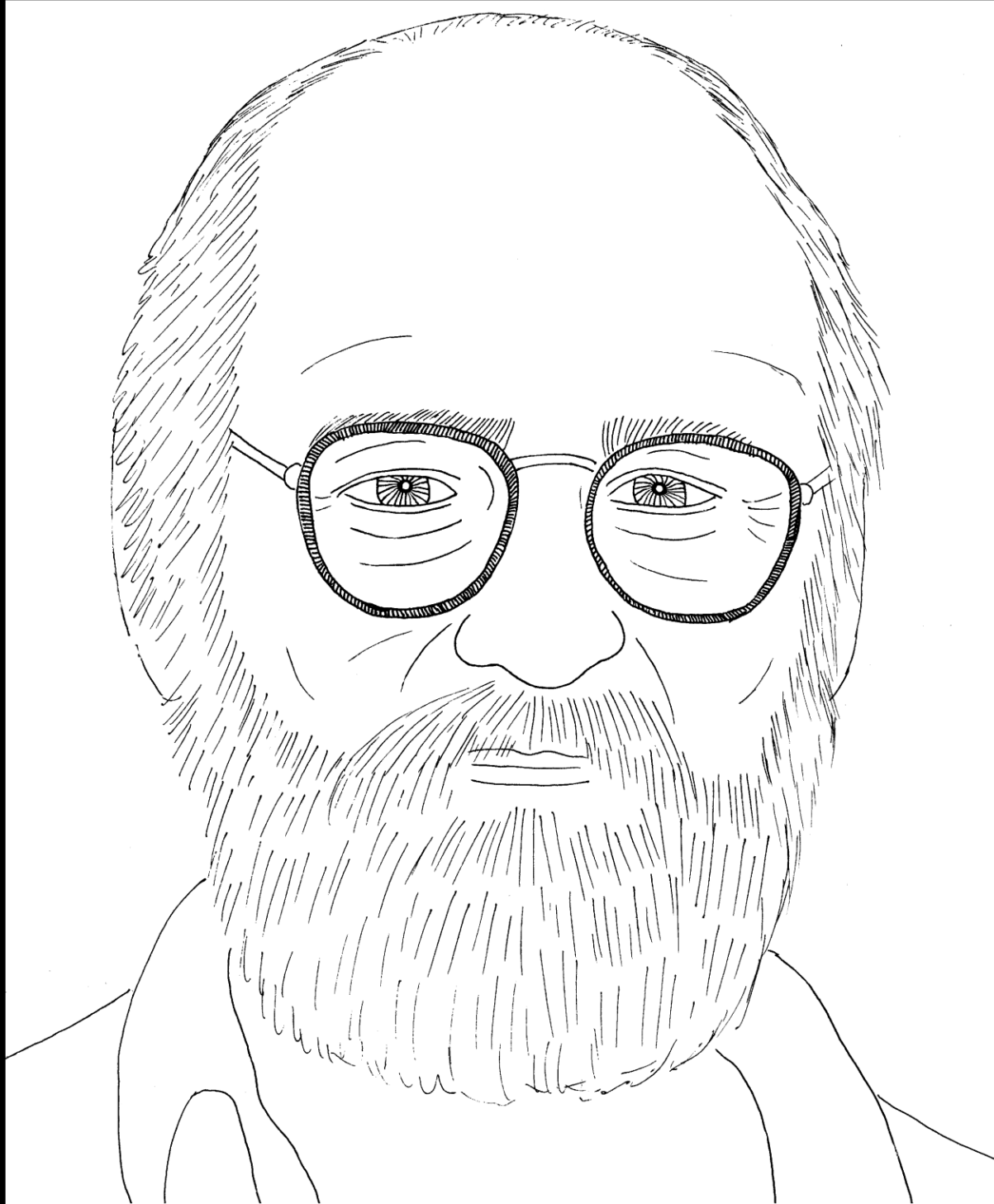
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"What if, for one day ...all the warring parties on Earth agreed not to fire a shot for twenty-four hours?

... One Day In Peace..."

-- Steve Diamond

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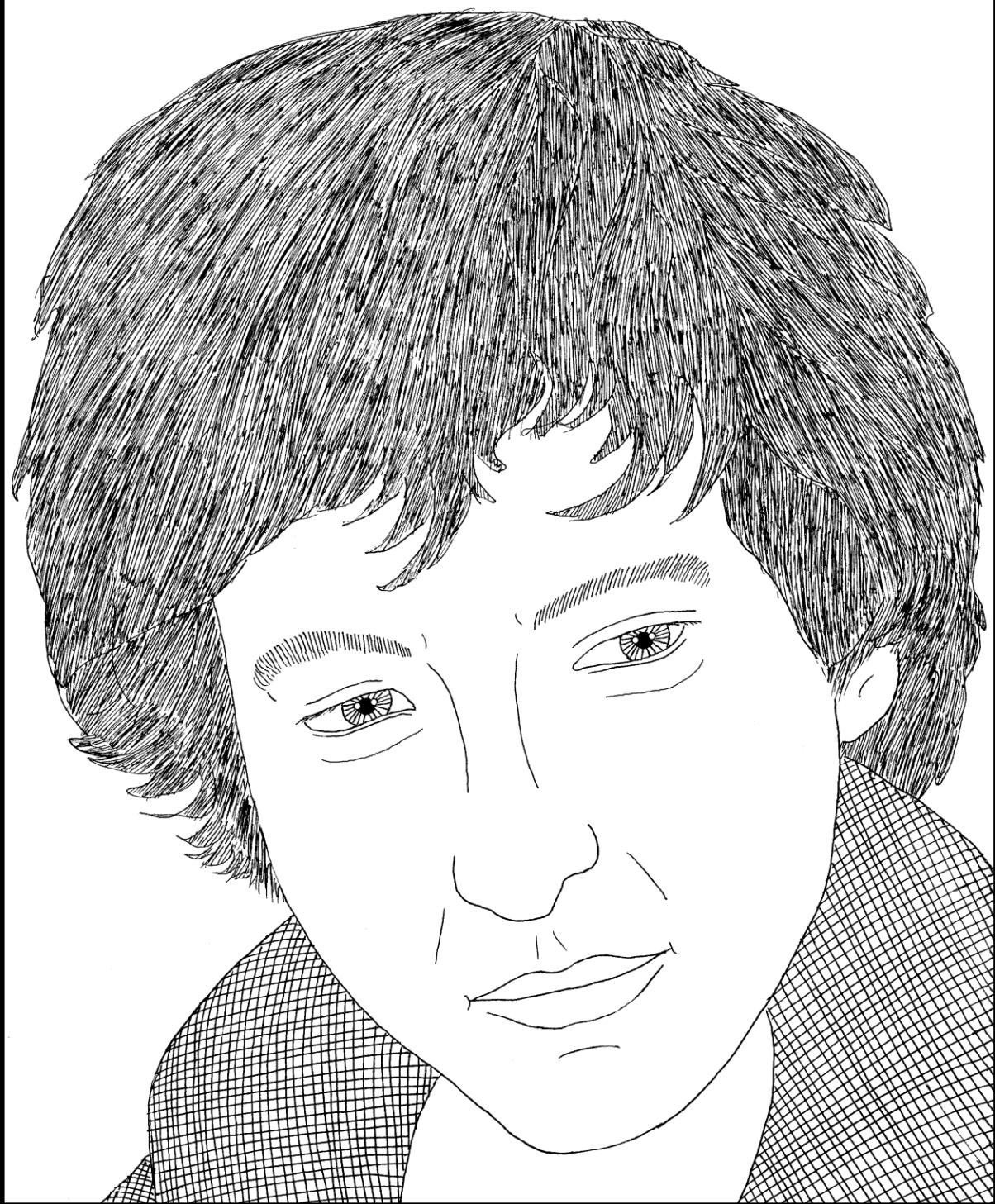
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**"...How many times must the cannon balls fly
Before they're forever banned?"
-- Bob Dylan**

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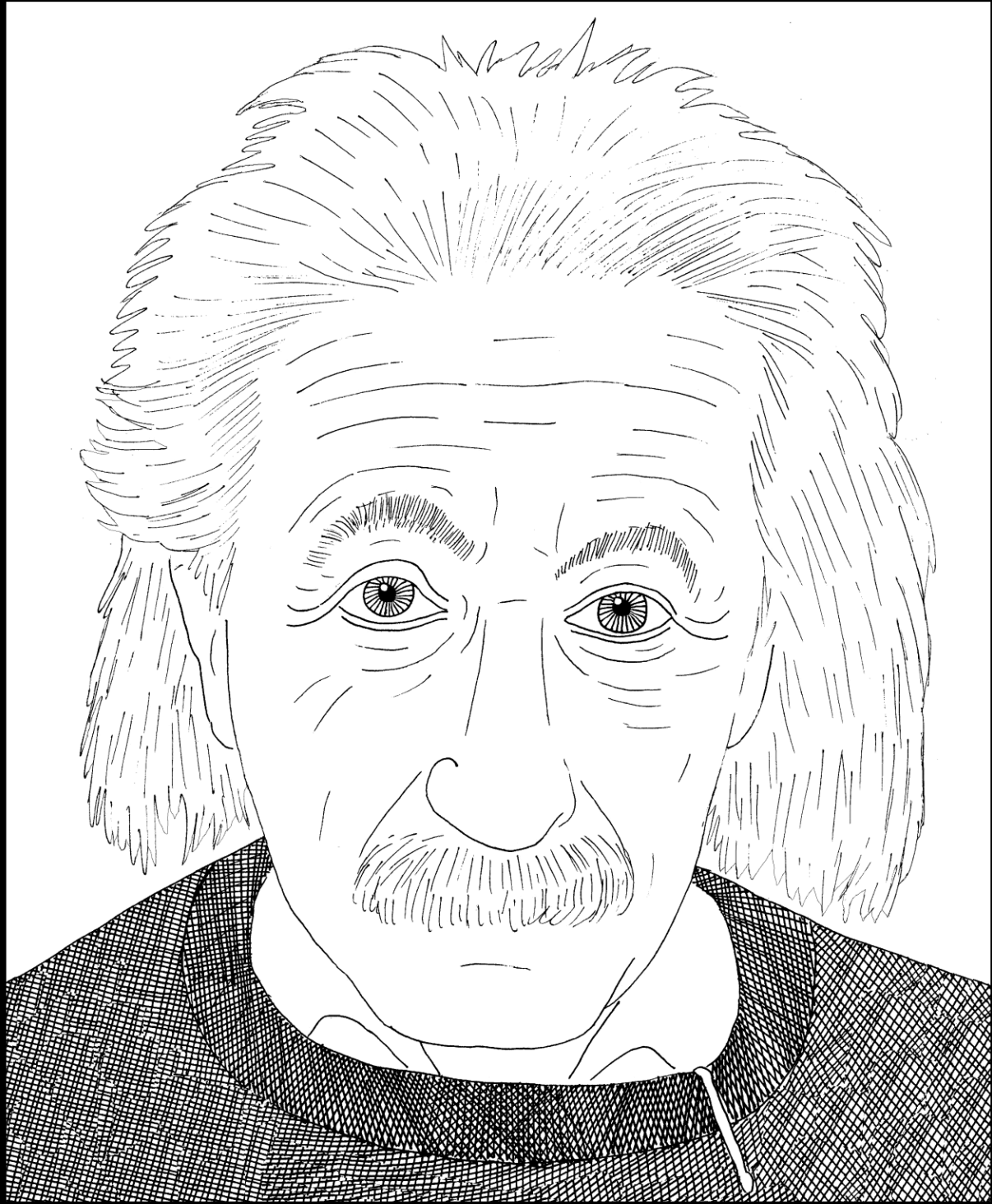
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**"Peace cannot be kept by force;
it can only be achieved through understanding."
-- Albert Einstein**

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"I like to believe that people in the long run are going to do more to promote peace than our governments. Indeed, I think that people want peace so much that one of these days governments had better get out of the way and let them have it."

-- Dwight D. Eisenhower

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"We need to learn and to show others that there are tried and tested, powerful ways of containing and resolving conflict which do not require the use of force."

-- Scilla Elworthy

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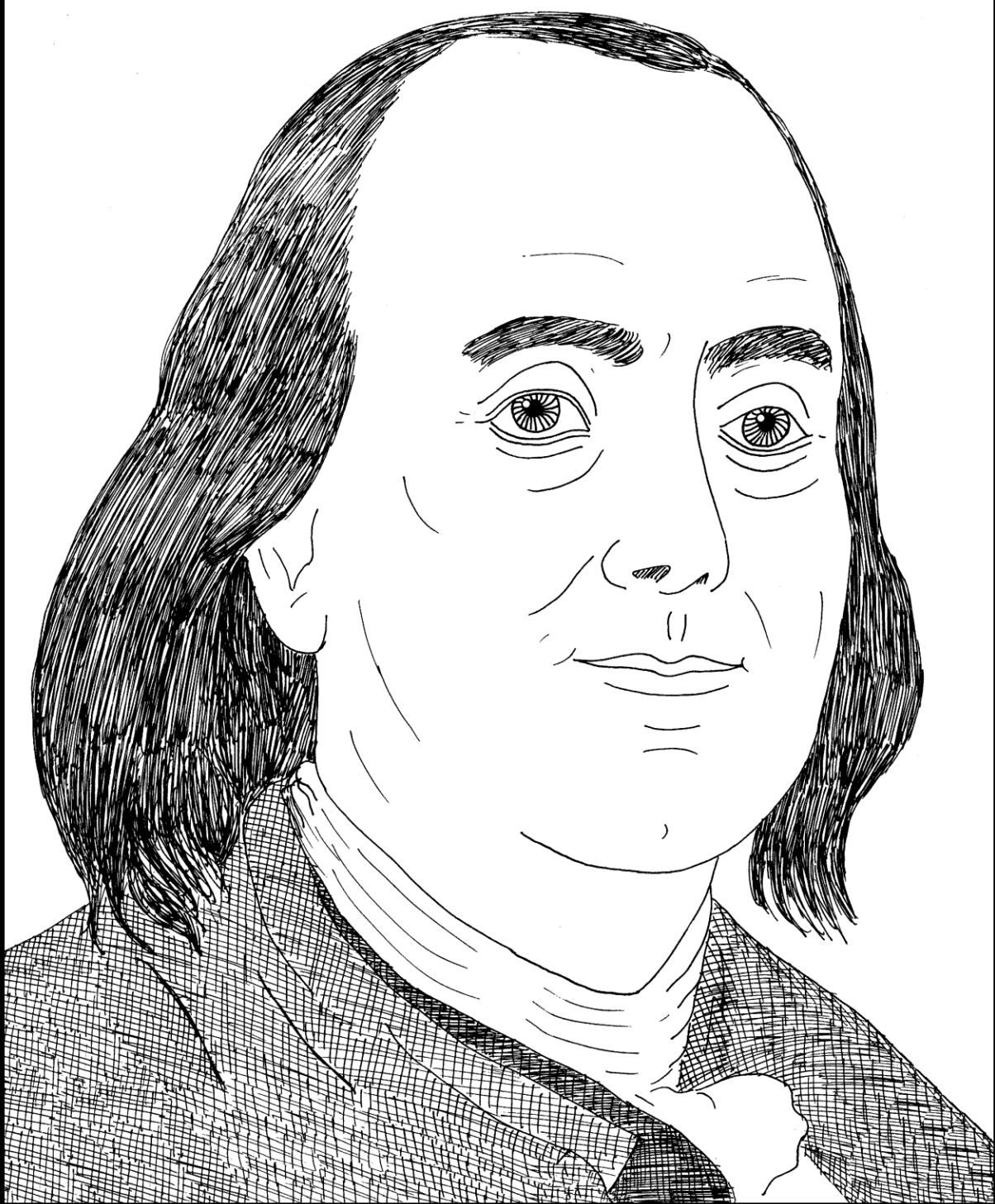
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**"There was never a good war or bad peace."
-- Ben Franklin**

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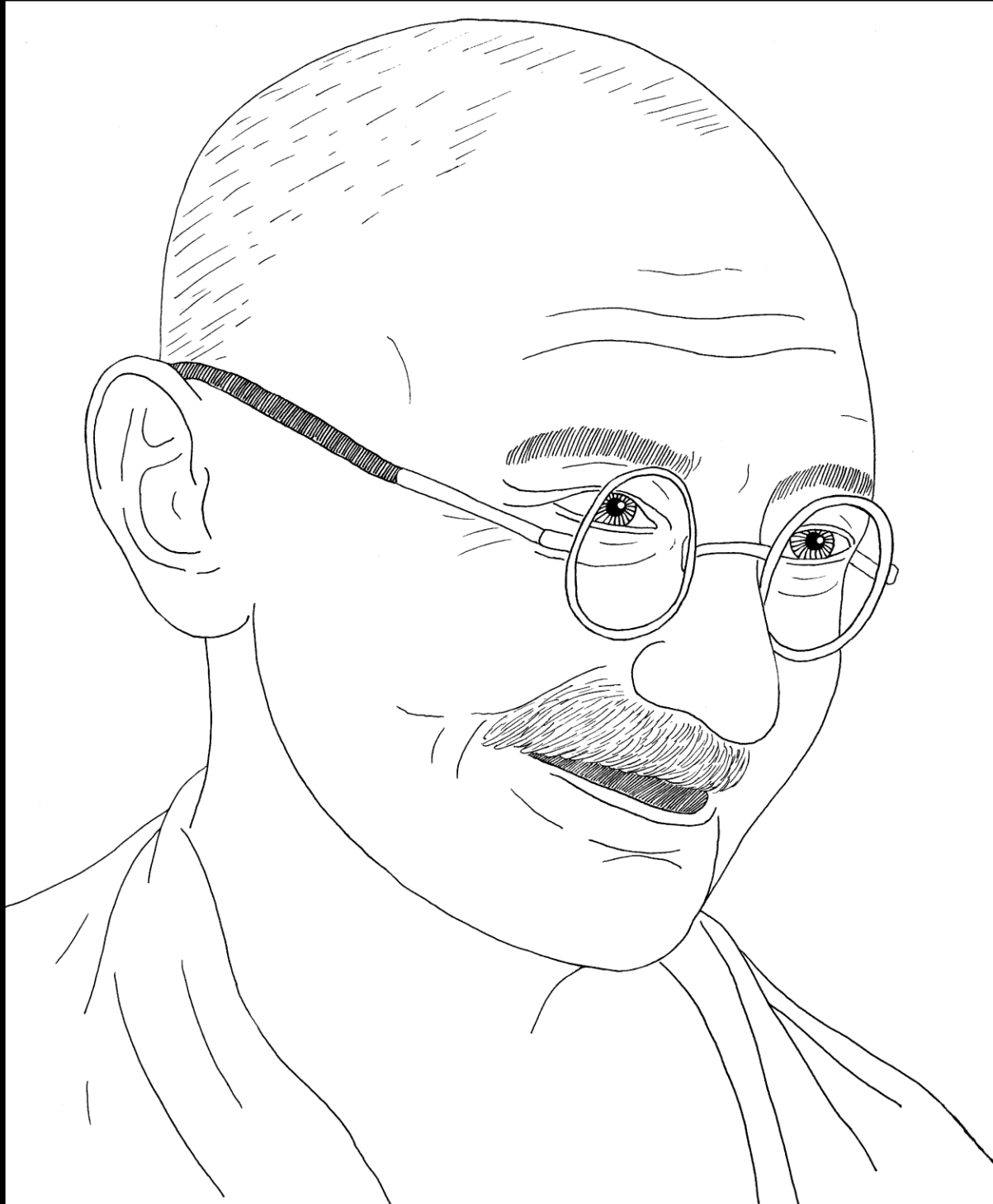
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**"It is possible to live in peace."
-- Mohandas Gandhi**

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"Everywhere we turn, we see violence and hate and prejudice and anger and all of these negative emotions that are destroying humanity. And we have to wake up and take note of this and try to change our course, so that we can create a world of peace and harmony where future generations can live happily together."

-- Arun Gandhi

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"The pursuit of peace and progress cannot end in a few years in either victory or defeat. The pursuit of peace and progress, with its trials and errors, its successes and setbacks, can never be relaxed and never abandoned."

-- Dag Hammarskjöld

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"When the power of love overcomes the love of power
the world will know peace."

-- Jimi Hendrix

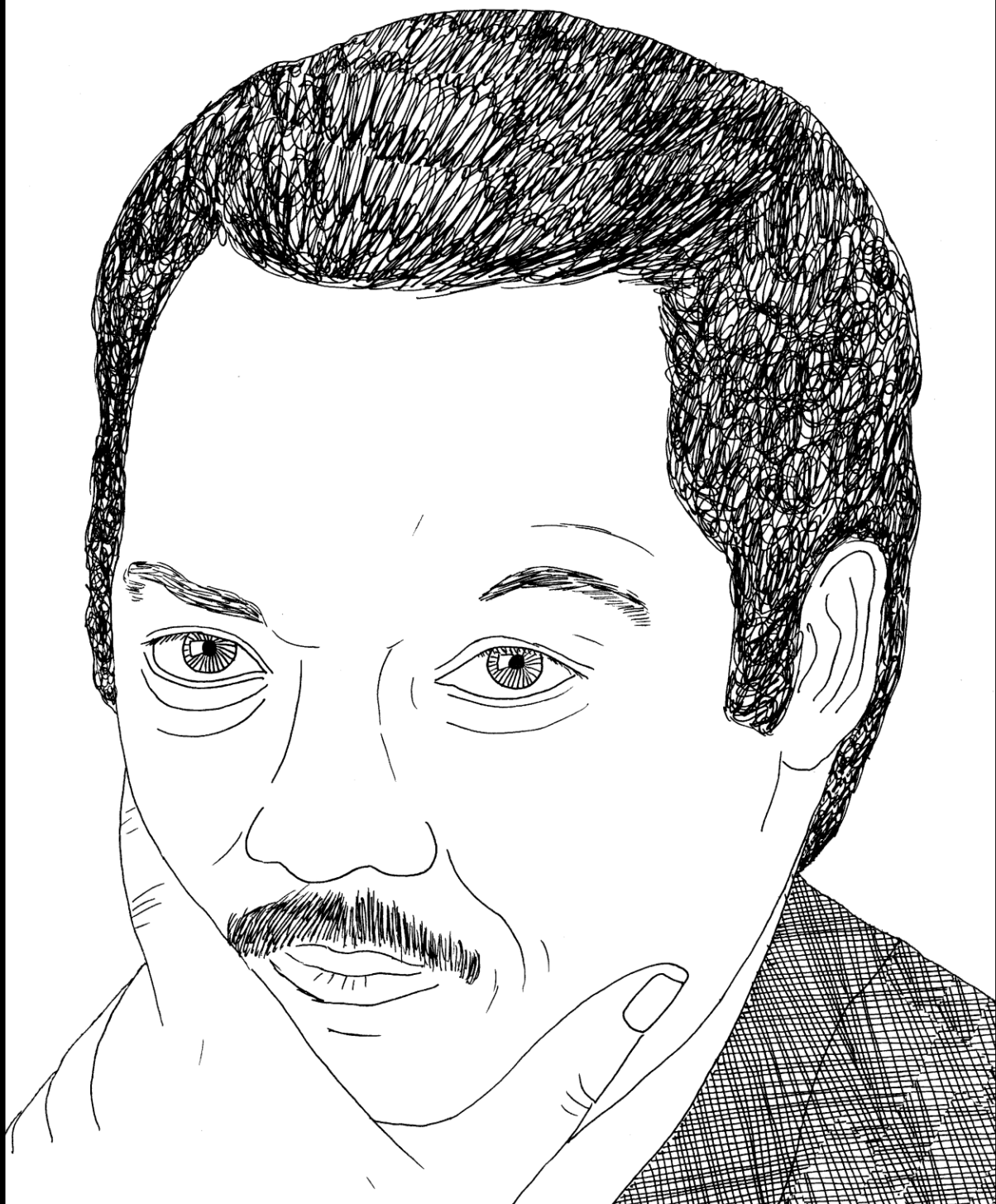
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**"Peace is the alternative to war, and nonviolence should be seen as the antidote to violence, not simply as its opposite. Nonviolence is more concerned with saving life than with saving face."
-- Jesse Jackson**

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"I do not want the peace which passeth understanding.
I want the understanding which bringeth peace."
-- Helen Keller

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"Peace is a daily, a weekly, a monthly process, gradually changing opinions, slowly eroding old barriers, quietly building new structures."

-- John F. Kennedy

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**"The world does not need a war against 'terrorism',
it needs a culture of peace based on human rights for all."
-- Irene Khan**

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"We have an historic opportunity for a great global healing and renewal. If we will accept the challenge of nonviolent activism with faith, courage, and determination, we can bring this great vision of a world united in peace and harmony from a distant ideal into glowing reality."

-- Coretta Scott King

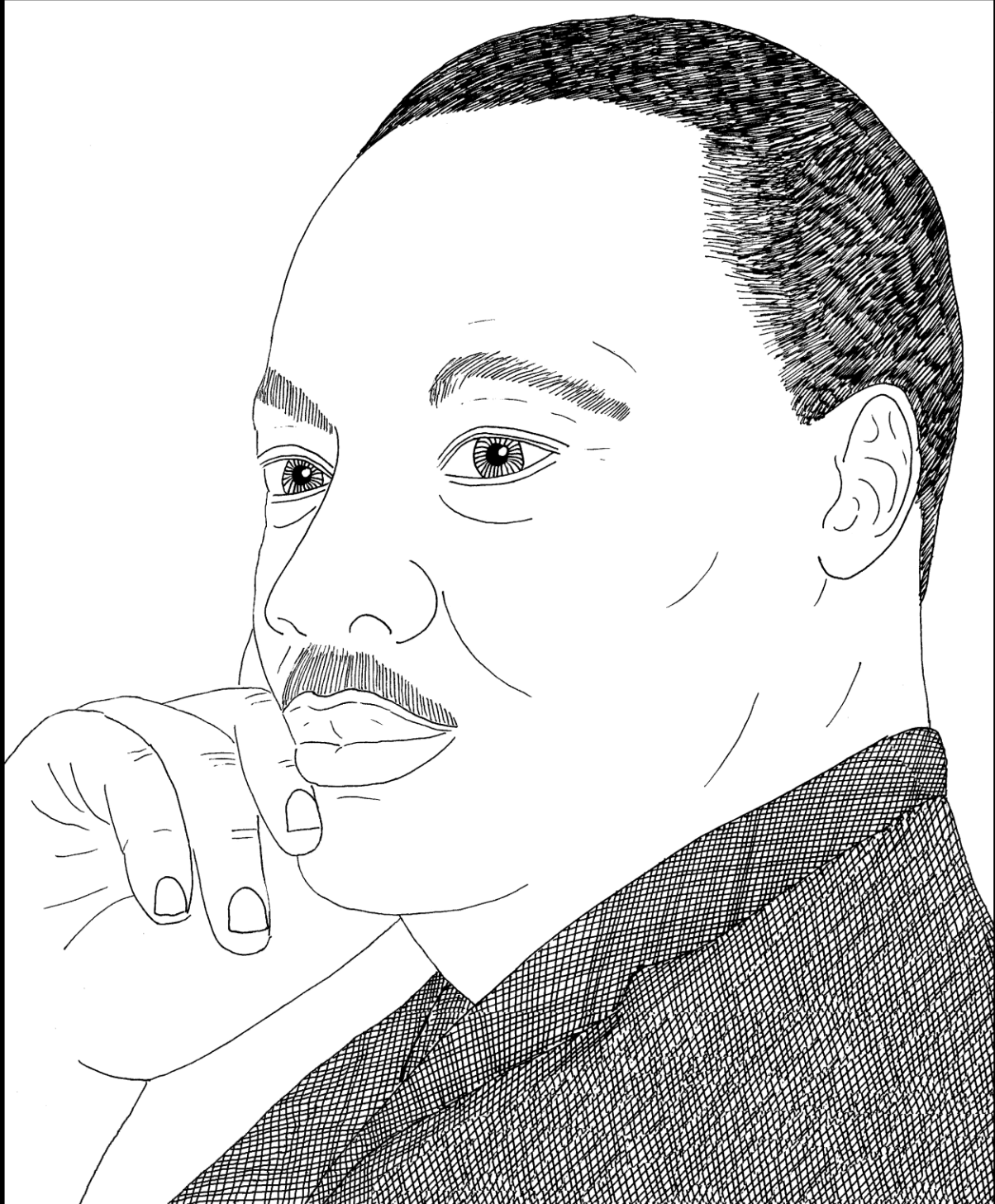
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"So we must fix our vision not merely on the negative expulsion of war,
but upon the positive affirmation of peace."

-- Martin Luther King, Jr.

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**"We want peace..."
-- Lenny Kravitz**

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"Peace is a civil right which makes other human rights possible.
Peace is a precondition for our existence.
Peace permits our continued existence."
-- Dennis Kucinich

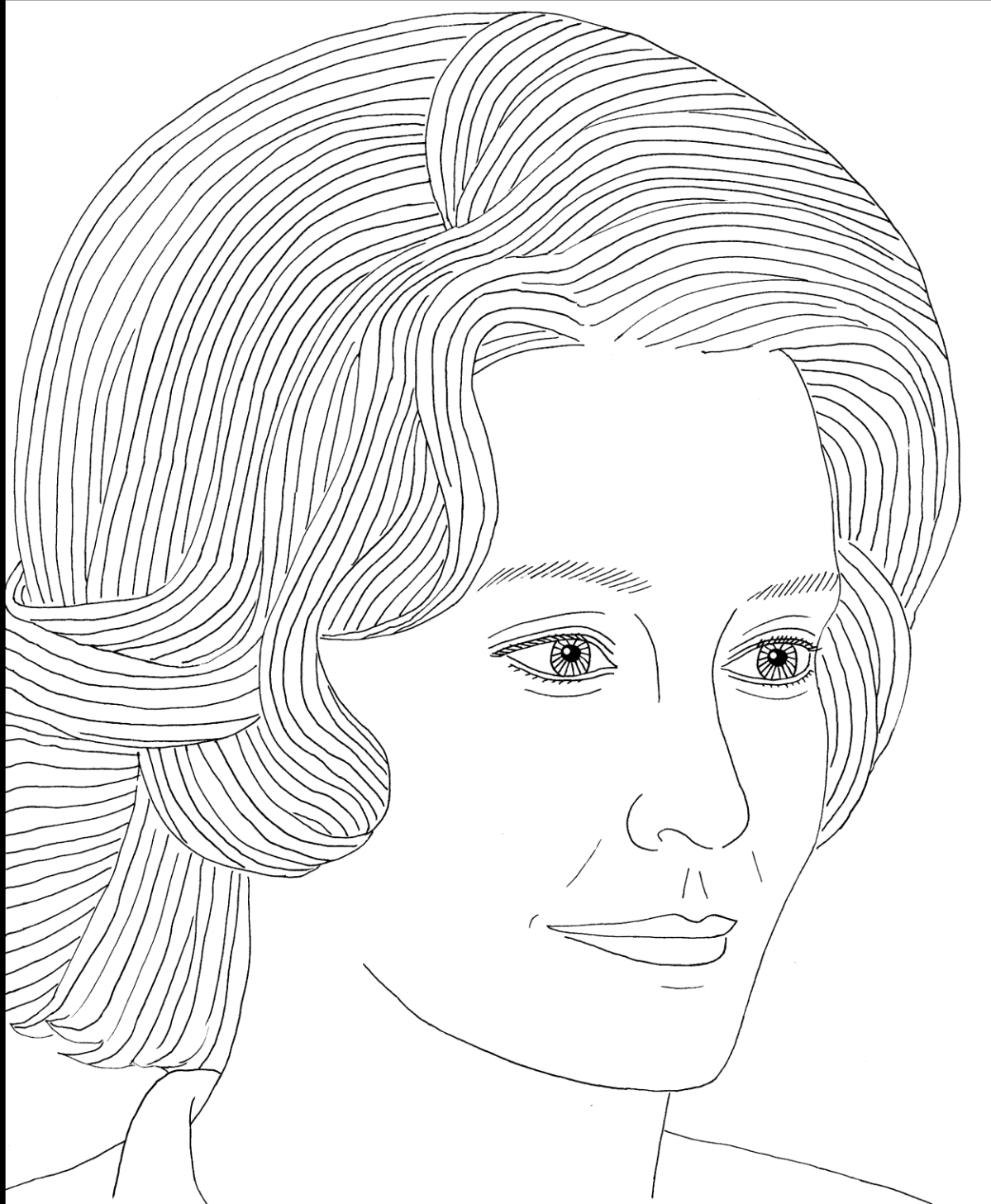
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**"...we must remain hopeful that, for our children and our children's children, that we are not a warring nation, but we will embrace and practice true compassion and honor the ideals of peace and freedom, and we will not give up."
-- Jessica Lange**

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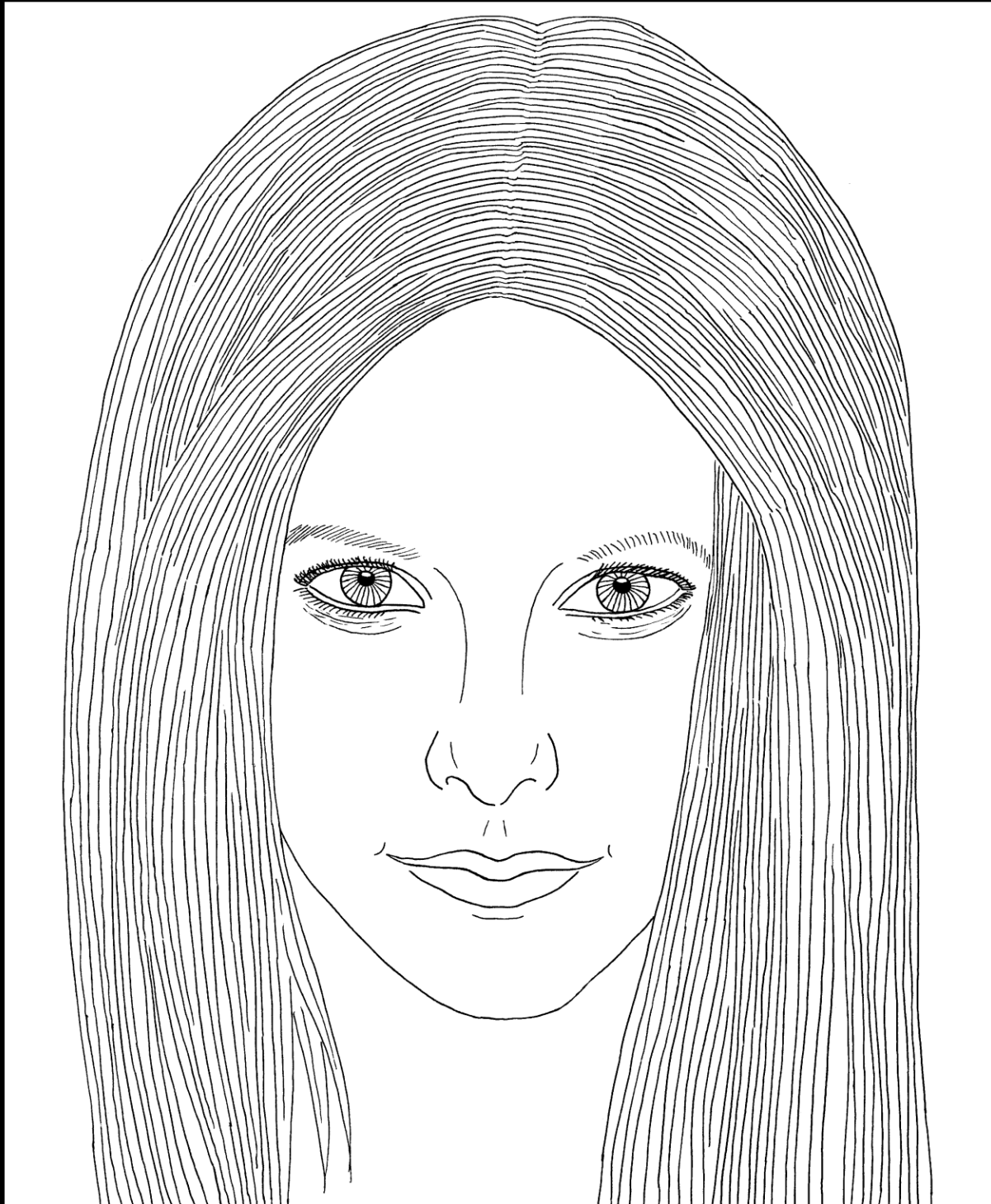
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**"I don't believe war is a way to solve problems.
I think it's wrong."
-- Avril Lavigne**

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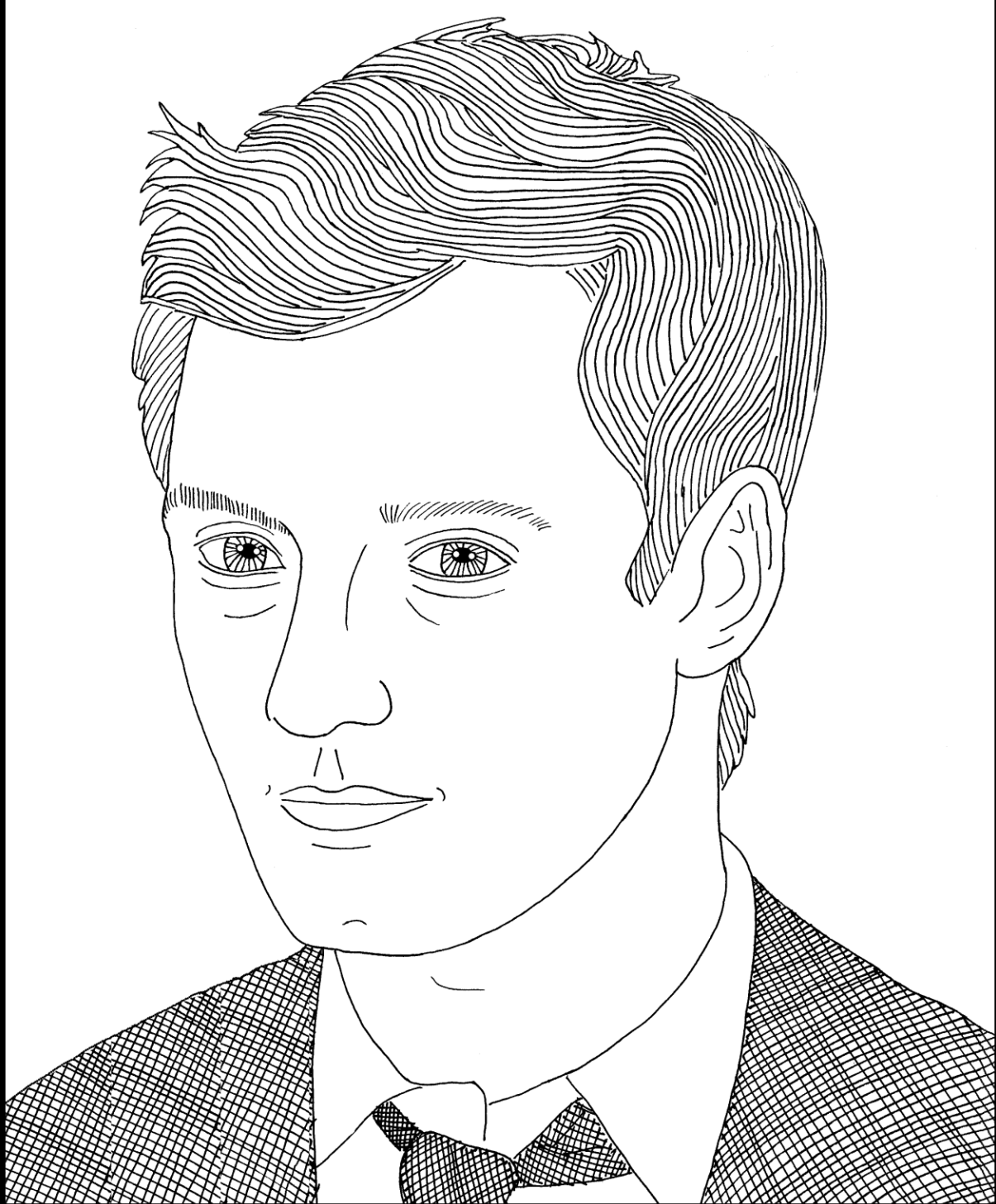
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**"I think the message of peace is for everyone."
-- Jude Law**

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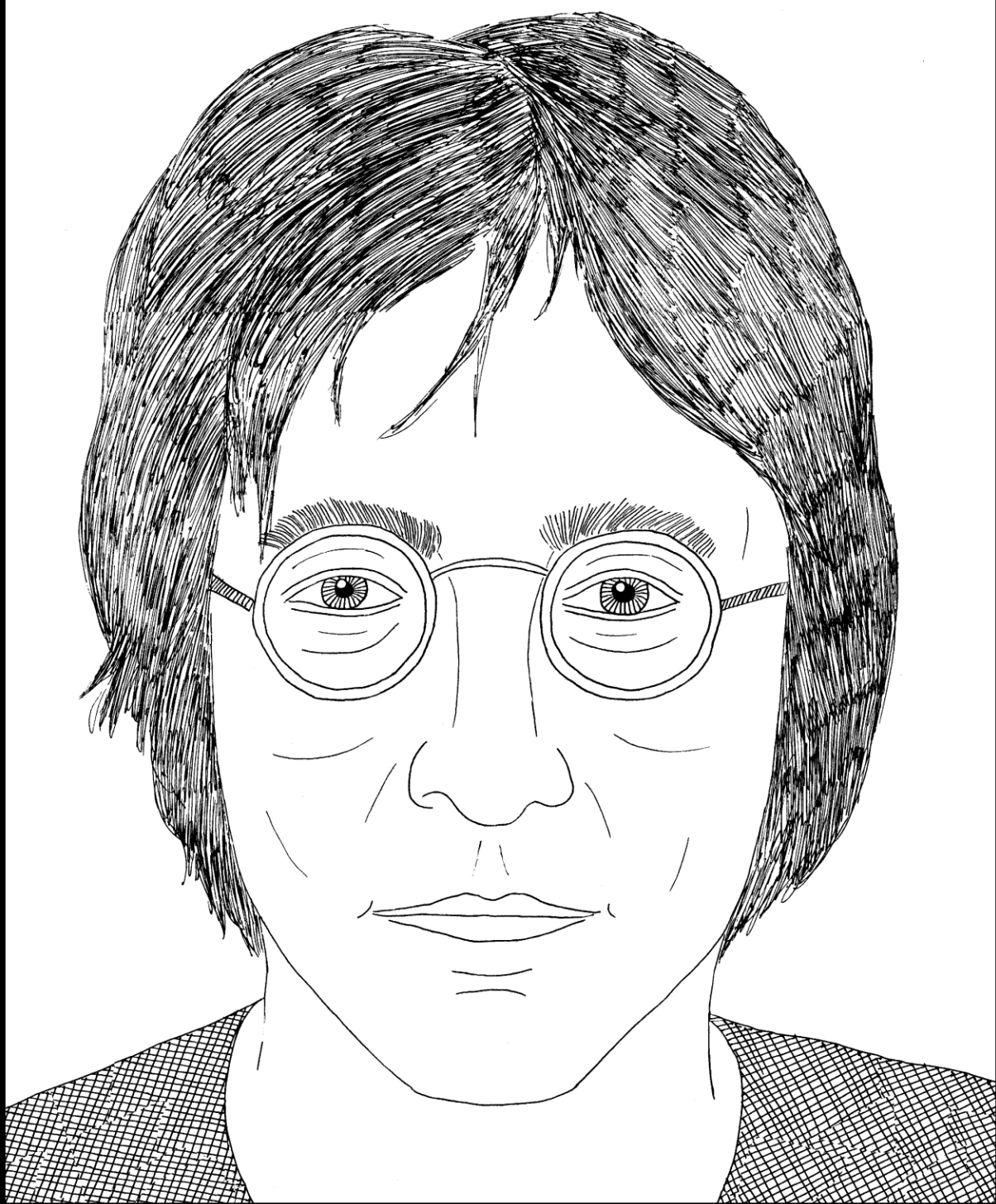
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**"All we are saying is give peace a chance..."
-- John Lennon**

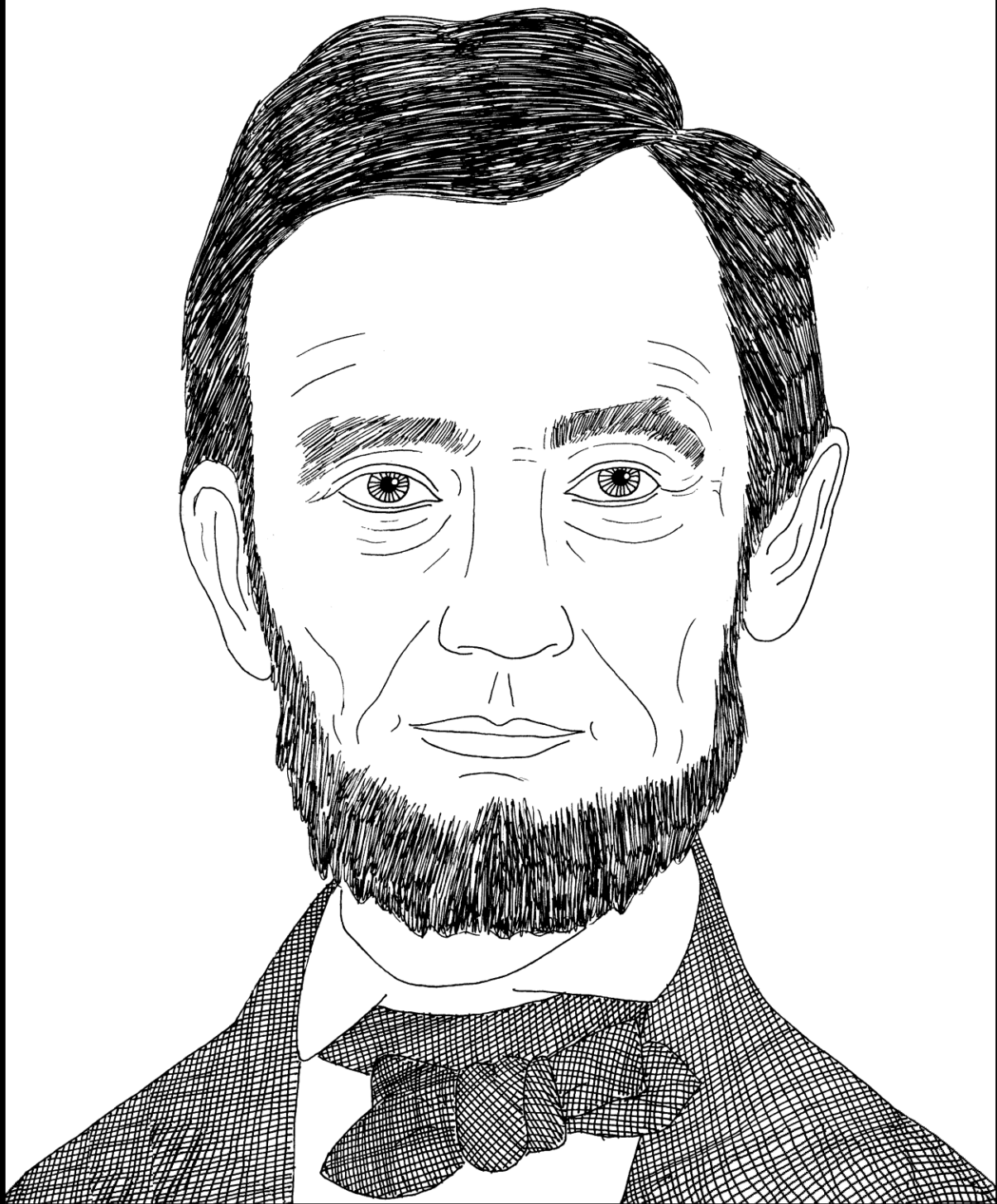
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BE A HERO FOR A BETTER WORLD

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"With malice toward none, with charity for all...
let us strive on to finish the work we are in
...to do all which may achieve and cherish
a just and lasting peace among ourselves and with all nations."
-- Abraham Lincoln

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"Indigenous Peoples have always believed that peace is central to human security and all life forms that exist in a community, a nation, Mother Earth and the universe..."

-- Hilda Lini

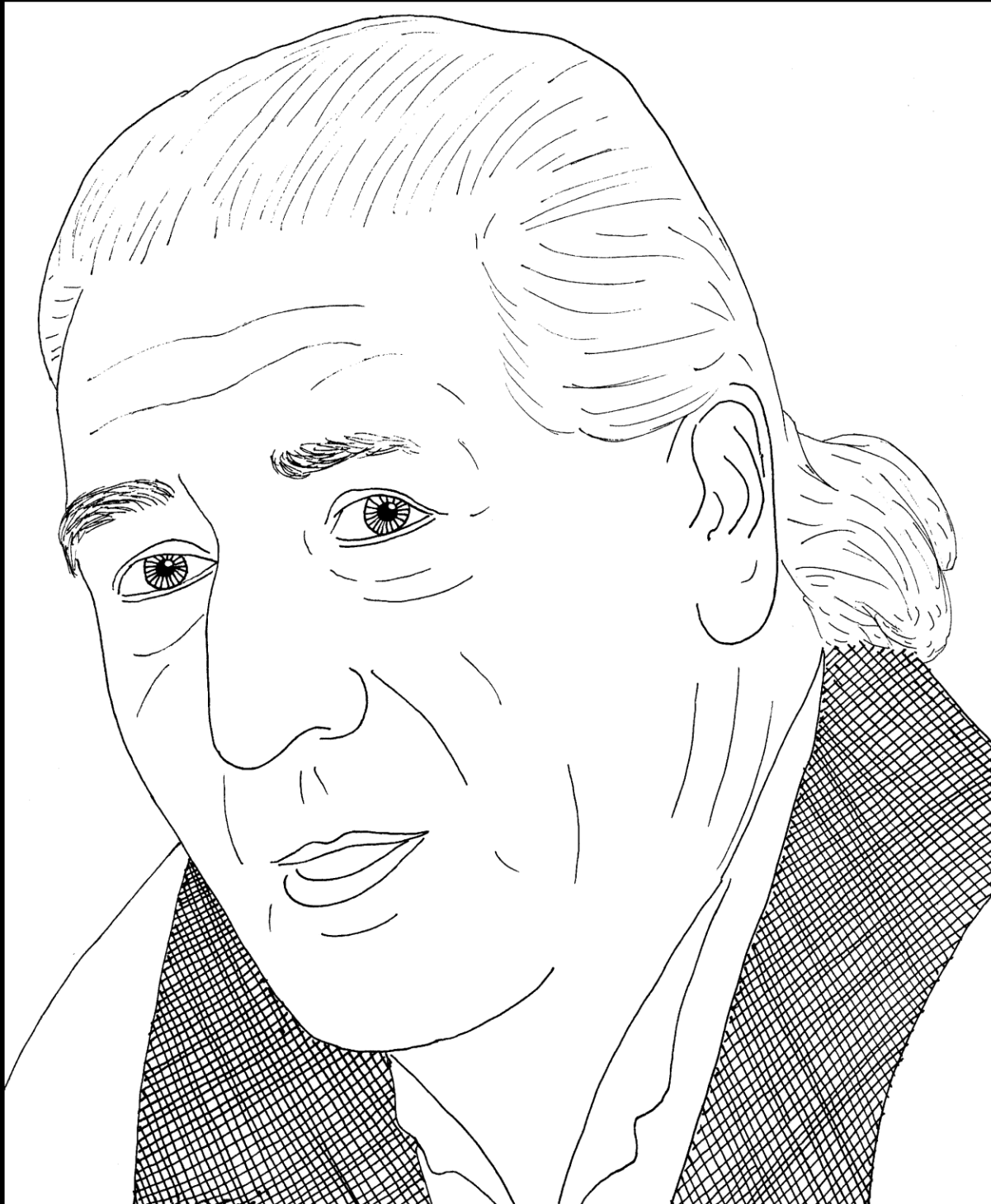
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"We can still alter our course. It is NOT too late. We still have options. We need the courage to change our values to the regeneration of our families, the life that surrounds us...We must join hands with the rest of Creation and speak of Common Sense, Responsibility, Brotherhood, and PEACE."

-- Chief Oren Lyons

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"Therefore my challenge to each of you ... is that you ask yourself what you can do to make a difference. And then take that action, no matter how large or how small. For our children have a right to peace."
-- Graça Machel-Mandela

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"Our first and most pressing problem is how to do away with warfare as a method of solving conflicts between national groups within a society who have different views about how the society is to run."

-- Margaret Mead

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**"We have learned that change cannot come through war.
War is not a feasible tool to use in fighting against the oppression we face.
War has caused more problems. We cannot embrace that path."
-- Rigoberta Menchú Tum**

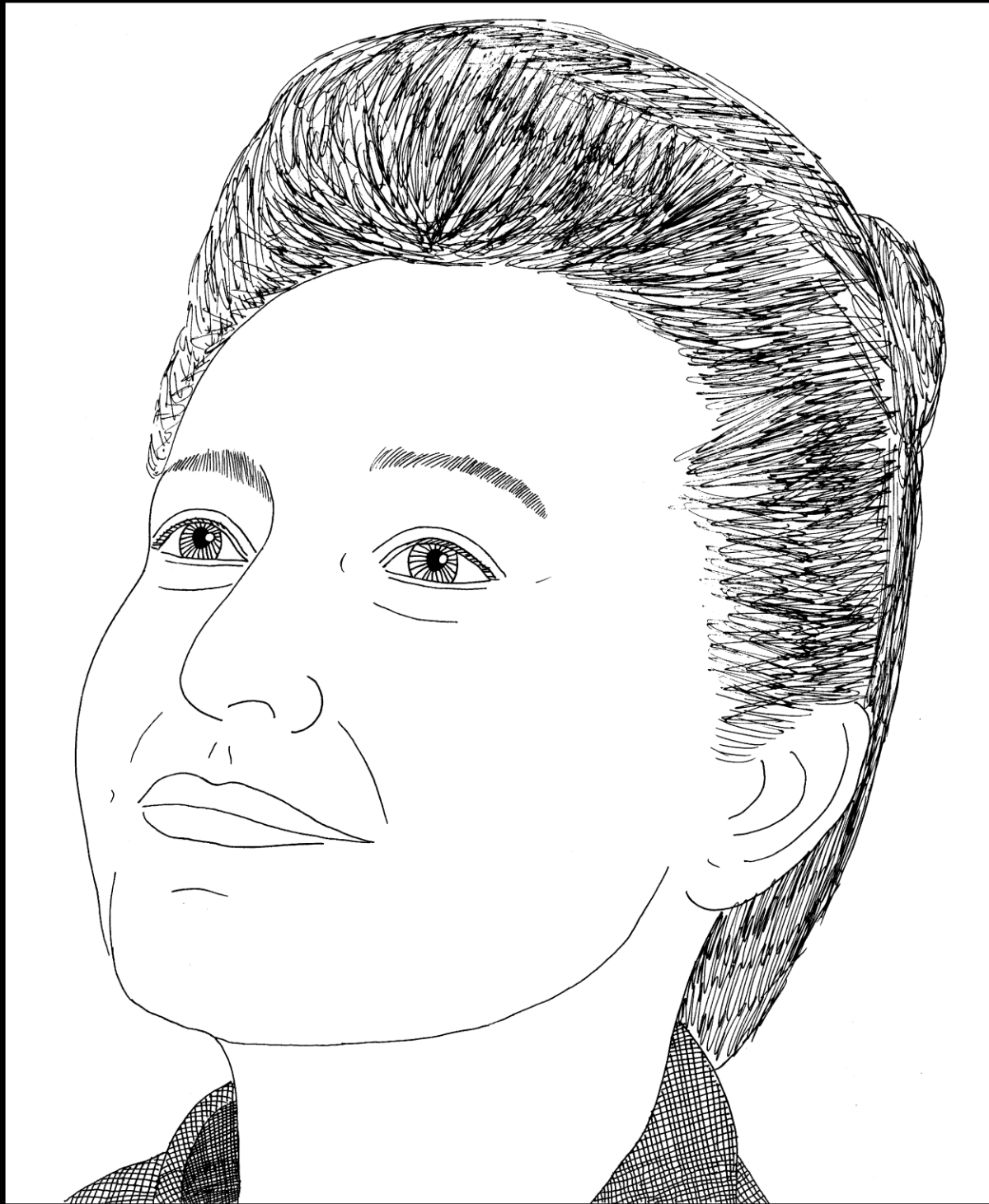
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"Let there be peace on earth, and let it begin with me."
-- Jill Jackson Miller

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**"Establishing lasting peace is the work of education;
all politics can do is keep us out of war."
-- Maria Montessori**

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**"There is no way to peace. Peace is the way."
-- A. J. Muste**

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"Our capacity to make peace with another person and with the world depends very much on our capacity to make peace with ourselves."
-- Thich Nhat Hanh

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**"One little person, giving all of her time to peace, makes news.
Many people, giving some of their time, can make history."
-- Peace Pilgrim**

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"Our generation has the ability and the responsibility to make our ever-more connected world a more hopeful, stable and peaceful place."
-- Natalie Portman

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"...if our humanity – our soul as a society – is overtaken by the materiel and cosmetic, there will be no hope of peace."
-- Robert Redford

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"It isn't enough to talk about peace; one must believe in it.
And it isn't enough to believe in it; one must work at it."
-- Eleanor Roosevelt

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**"More than an end to war, we want an end to the beginning of all wars -- yes, an end to this brutal, inhuman and thoroughly impractical method of settling the differences between governments."
-- Franklin D. Roosevelt**

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"What shall we choose? Violence or non violence? ...We have to choose knowing that when we are violent to our enemies, we do violence to ourselves. When we brutalize others, we brutalize ourselves. And eventually we run the risk of becoming our oppressors."

-- Arundhati Roy

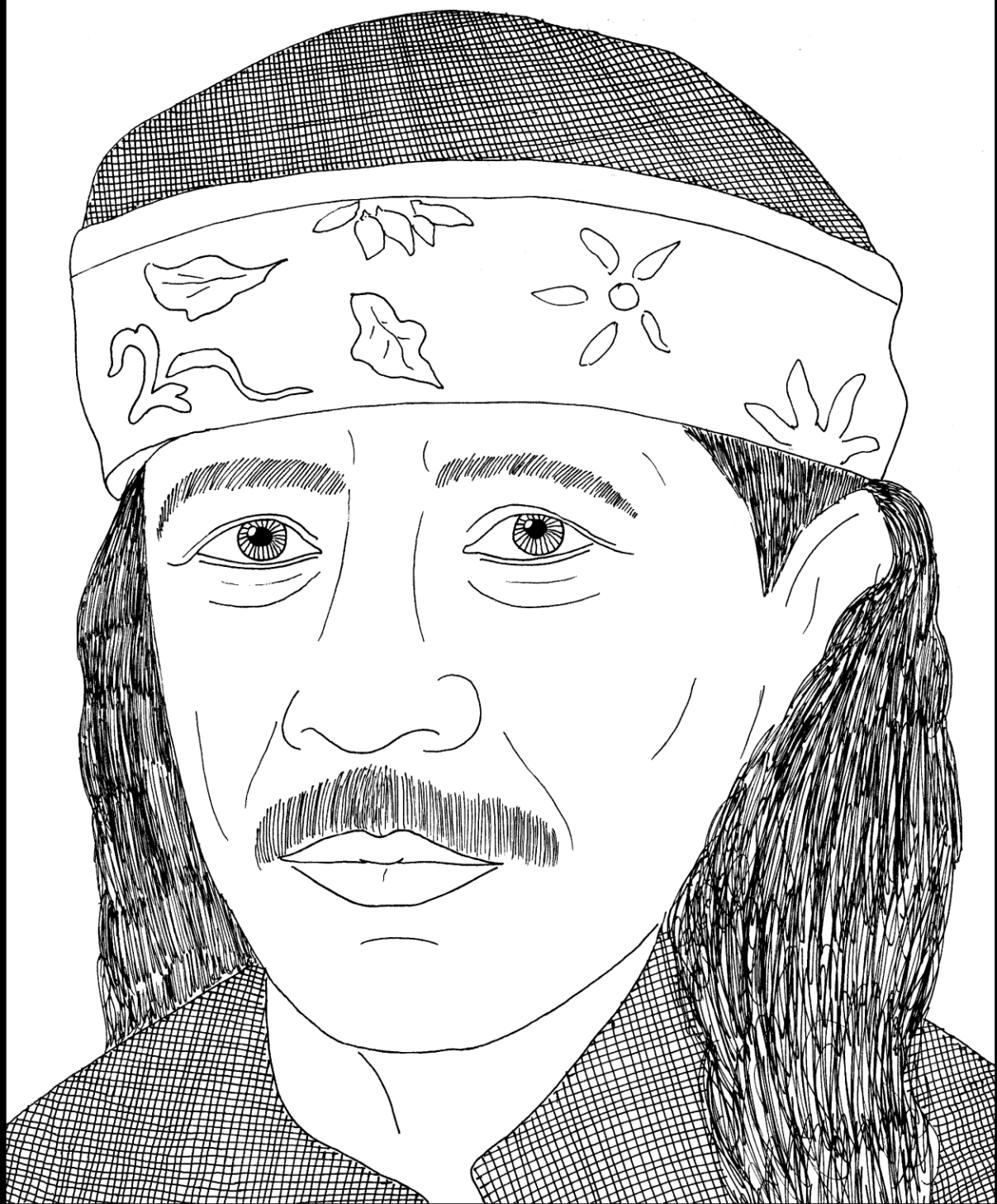
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**"The most valuable possession you can own is an open heart.
The most powerful weapon you can be is an instrument of peace."
-- Carlos Santana**

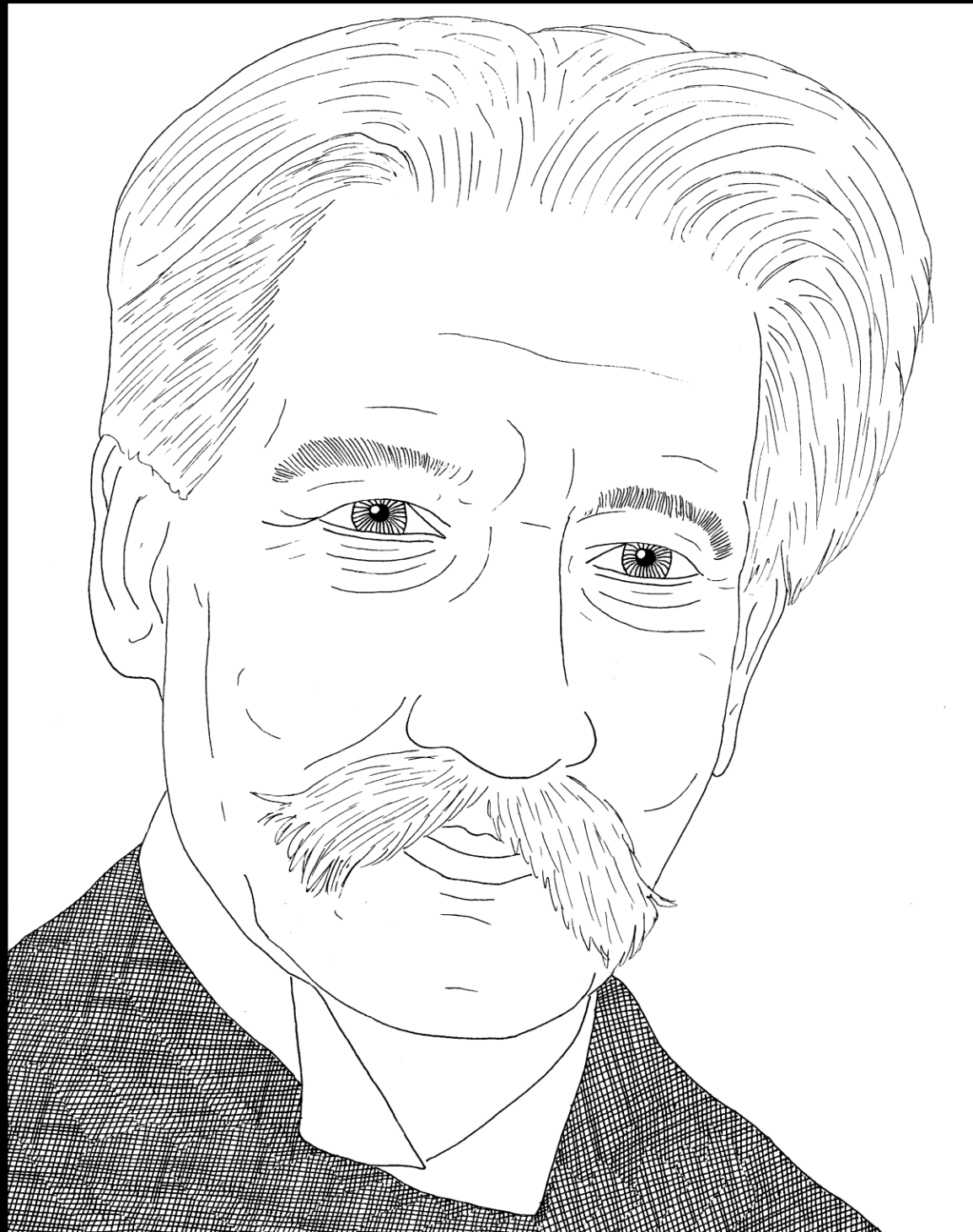
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"In the hearts of people today there is a deep longing for peace. When the true spirit of peace is thoroughly dominant, it becomes an inner experience with unlimited possibilities. Only when this really happens-- when the spirit of peace awakens and takes possession of men's hearts, can humanity be saved from perishing."

-- Albert Schweitzer

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"In our innermost Spirit - we nourish the gentleness and understanding of Peace.
Those around us feel a gentle breeze whispering as if rustling leaves -
Peace comes not from contemplation- but action!"

-- Pauline Tangiora

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**"All works of love are works of peace."
-- Mother Teresa**

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"Did you know that every two hours the nations of this world spend as much on armaments as they spend on the children of this world every year?"

-- Sir Peter Ustinov

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**"To have a peaceful population, we must teach peace."
-- Cora Weiss**

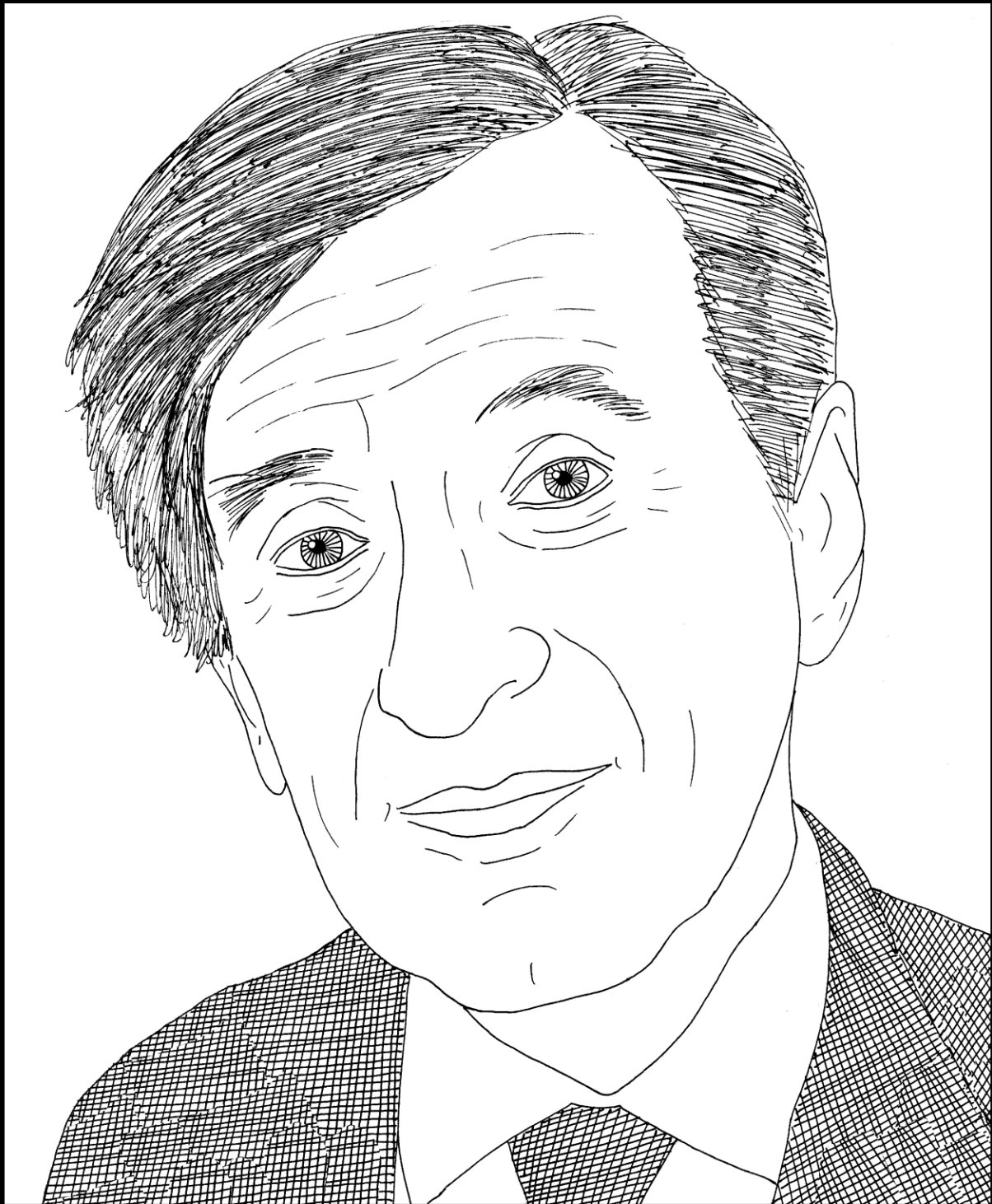
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"If only we could celebrate peace as our various ancestors celebrated war; if only we could glorify peace as those before us, thirsting for adventure, glorified war; if only our sages and scholars together could resolve to infuse peace with the same energy and inspiration that others have put into war."

-- Elie Wiesel

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**"We want to live and love and build a just and peaceful society."
-- Betty Williams & The Peace People**

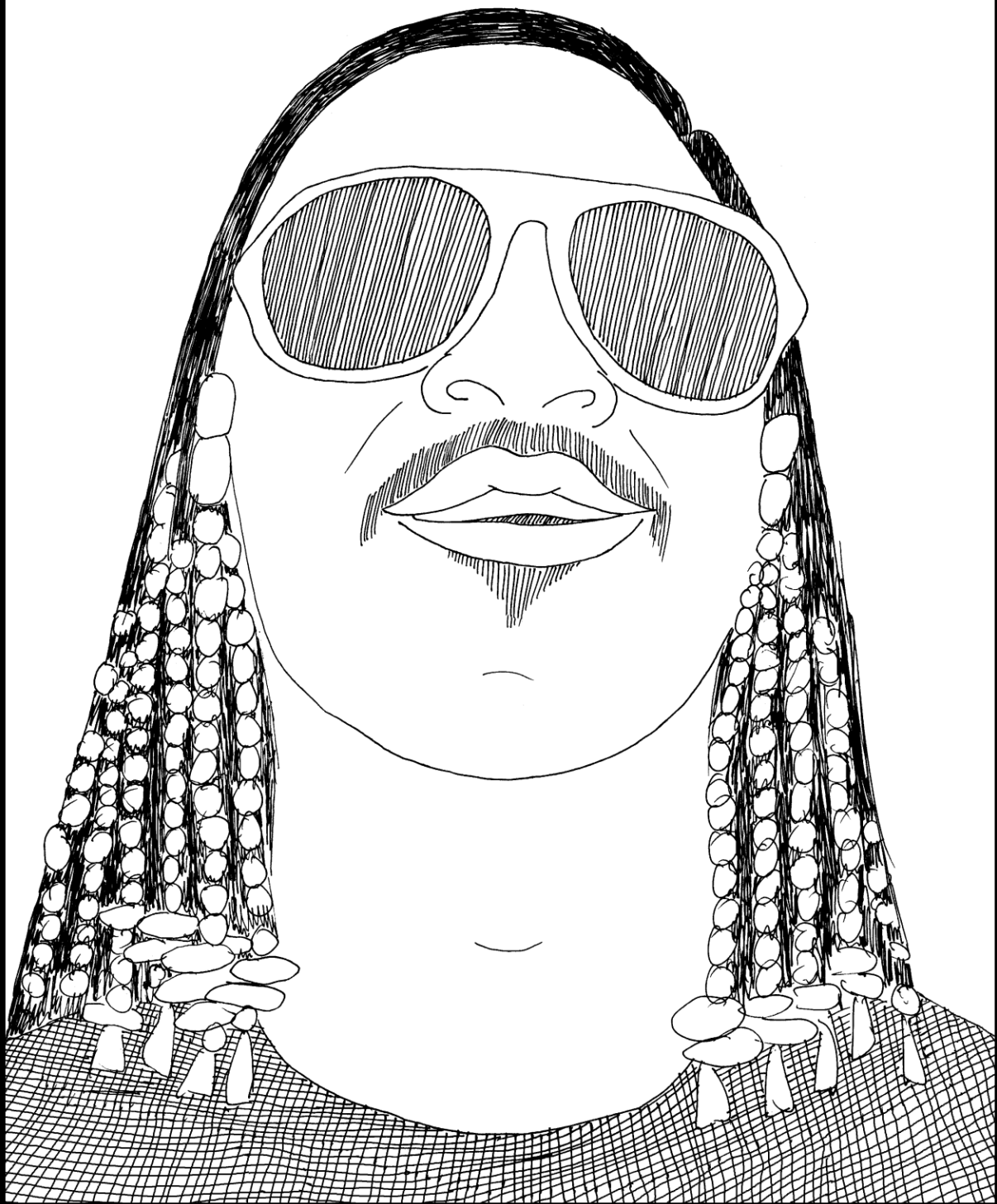
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**"Why has there never been a holiday
Where peace is celebrated all throughout the world?"
-- Stevie Wonder**

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